



COMMUNITY ORAL HEALTH OUTREACH AND EXTENSION ACTIVITIES REPORT

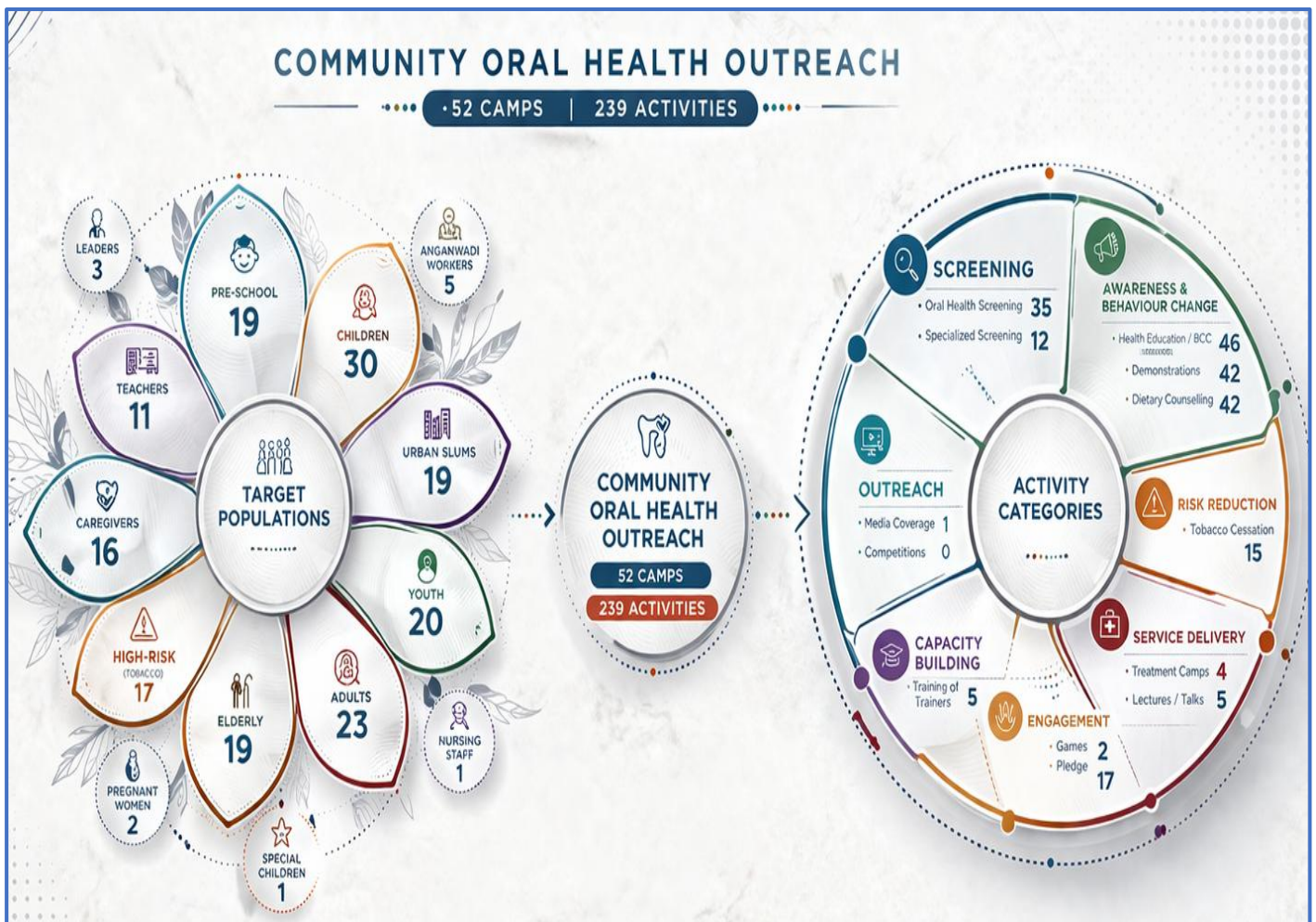
Strategic Campaign Title:

GDCH, Mumbai: Strategic Campaign: Three Months for Brighter Smiles and Healthier Lives

Campaign Scope & Reach

- **Duration: January – March 2026**
- **Total Camps Conducted: 52**
- **Total Activities Executed: 239**

The initiative ensured broad-based community penetration, with a strong emphasis on inclusivity and equity in oral healthcare delivery.





EXECUTIVE SUMMARY

In commemoration of World Oral Health Day 2026, the Department of Public Health Dentistry, Government Dental College & Hospital (GDCH), Mumbai, launched a comprehensive, high-impact community outreach initiative titled “Three Months for Brighter Smiles and Healthier Lives.” Aligned with the global theme “A Happy Mouth is... A Happy Life,” the campaign was implemented over a three-month period (January–March 2026), aiming to strengthen preventive oral healthcare, enhance early disease detection, and promote sustained behavioural change across diverse population groups.

Through a well-structured, multi-dimensional approach, the campaign successfully delivered 52 community-based camps and executed 239 targeted activities, significantly contributing to improved oral health awareness and service accessibility across Mumbai.

Target Population Coverage

The campaign effectively reached a diverse spectrum of beneficiaries, reflecting a life-course and risk-based approach.





The target groups included the following categories along with the number of events conducted for each group:

Target Population	No of Events Conducted
Children	30
Youth	20
Adults	23
Elderly	19
Pre-school Children	19
Urban Slum Population	19
High-Risk (Tobacco Users)	17
Caregivers	16
Teachers	11
Anganwadi Workers	5
Community Leaders	3
Pregnant Women	2
Special Children	1
Nursing Staff	1





This distribution highlights a strategic focus on vulnerable, underserved, and high-risk groups, ensuring equitable healthcare outreach.

Activity Framework & Implementation

A total of 239 activities were systematically categorized into key domains:





A. SCREENING & CHECK-UPS

- Oral Health Screening
- Specialized Screening



B. AWARENESS & BEHAVIOUR CHANGE

- Oral Health Education / BCC
- Demonstrations
- Caregiver Training
- Dietary Counselling



C. RISK REDUCTION

- Tobacco Cessation Counselling



D. SERVICE DELIVERY

- Treatment Camp
- Lectures / Talks
- Games
- Pledge



E. ENGAGEMENT & CAPACITY BUILDING

- Training of Trainers



F. OUTREACH & RECOGNITION

- Media Coverage
- Competitions



The following different activities were conducted for various target groups:

1. Screening & Early Diagnosis (47 Activities)

- Oral Health Screening: 35
- Specialized Screening: 12

Focused on early detection, timely referral, and prevention of disease progression.

2. Awareness & Behaviour Change Communication (130 Activities)

- Health Education / BCC: 46
- Demonstrations: 42
- Dietary Counselling: 42

These interventions played a critical role in fostering sustainable oral health practices and improving community knowledge.

3. Risk Reduction Strategies (15 Activities)

- Tobacco Cessation Counselling: 15

Targeted interventions addressing modifiable risk factors, particularly tobacco use, contributing to long-term disease prevention.

4. Community Engagement (19 Activities)

- Oral Health Pledge: 17
- Interactive Games: 2

Encouraged active participation, ownership, and reinforcement of healthy behaviours.

5. Service Delivery (9 Activities)

- Treatment Camps: 4
- Lectures / Talks: 5

Provided accessible essential oral healthcare services and professional guidance.

6. Capacity Building (5 Activities)

- Training of Trainers: 5

Strengthened community-level workforce capacity, ensuring sustainability and long-term impact.

7. Outreach & Advocacy (1 Activity)

- Media Coverage: 1

Enhanced public visibility and awareness amplification through media engagement.



ACTIVITY CATEGORIES

SCREENING

- Oral Health Screening 35
- Specialized Screening 12

AWARENESS & BEHAVIOUR CHANGE

- Health Education / BCC 46
- Demonstrations 42
- Dietary Counselling 42

RISK REDUCTION

- Tobacco Cessation 15

SERVICE DELIVERY

- Treatment Camps 4
- Lectures / Talks 5

ENGAGEMENT

- Games 2
- Pledge 17

CAPACITY BUILDING

- Training of Trainers 5

OUTREACH

- Media Coverage 1
- Competitions 1

ACTIVITY BREAKDOWN



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- **Key Programmatic Interventions**

Community Dental Screening & Treatment

Extensive screening camps facilitated early diagnosis and prompt referral, along with delivery of preventive and basic curative services.

Oral Cancer Awareness & Screening

Focused initiatives enabled early identification of precancerous lesions and raised awareness regarding the harmful effects of tobacco, promoting early health-seeking behaviour.

School Oral Health Programs

Interactive sessions and live tooth-brushing demonstrations instilled correct oral hygiene practices among children, reinforcing lifelong healthy habits.

Outreach to Vulnerable Communities

Dedicated programs in urban slums and underserved populations ensured accessibility, supported by distribution of oral hygiene kits and educational materials.

Inclusive Oral Healthcare

Tailored interventions addressed the needs of special children and individuals with disabilities, promoting inclusivity in healthcare delivery.

Tobacco Cessation & Public Awareness

Focused counselling sessions and awareness drives emphasized the importance of tobacco-free living, contributing to risk reduction and improved overall health.

Impact & Public Health Significance

The campaign demonstrated measurable success in:

- Enhancing oral health awareness and literacy
- Promoting preventive healthcare practices
- Facilitating early diagnosis and intervention
- Strengthening community engagement and participation
- Expanding access to oral healthcare services
- Building capacity for sustainable outreach initiatives

Conclusion

The “Three Months for Brighter Smiles and Healthier Lives” campaign stands as a model of integrated, inclusive, and preventive oral healthcare delivery. Through strategic planning, multidisciplinary execution, and strong institutional leadership, the Department successfully translated the vision of: “A Happy Mouth is... A Happy Life” into meaningful, scalable, and impactful community health outcomes.



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OUTREACH ACTIVITIES = *for Children* =



*Nurturing Smiles • Inspiring Futures
Reaching Every Child, Everywhere*

♥ School Children • Pre-School Children • Slum Communities ♥
Orphanages • Rehabilitation Centres





OUT REACH AND EXTENSION ACTIVITIES					
Sr No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
1	GDCH, MUMBAI: STRONG START, HEALTHY SMILES – SCHOOL ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP	05-01-2026	Gurunanak English High School, Andheri East	School children School teachers	1. Interactive Oral Health Education for Students 2. Teacher Orientation and Training of Trainers (ToT) 3. Oral Health Screening 4. Basic Dental Treatment Services
2	GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS – EARLY CHILDHOOD ORAL HEALTH PROMOTION CAMP	07-01-2026	ICDS Anganwadi No: 191/ 194, Sahyadri Nagar, LBS Marg, near Quarry Road, Bhandup West, Mumbai - 400078	Anganwadi children and their caregivers Teachers	1. Interactive Oral Health Education 2. Oral Health Screening
3	GDCH, MUMBAI: FOUNDATIONS OF HEALTH: EARLY CHILDHOOD ORAL WELLNESS AND PARENTAL GUIDANCE PROGRAM	07-01-2026	Samadhan Road, Wadala East	Anganwadi children and their caregivers Teachers	1. Pediatric Oral Health Education 2. Interactive Demonstrations 3. Oral Health Screening 4. Caregiver Guidance
4	GDCH, MUMBAI: EARLY CARE FOR LIFELONG SMILES – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP	08-01-2026	Vision Rescue community center, Shanti Nagar Police chowki, Kalwa East.	Children	1. Interactive Oral Health Education 2. Oral Health Screening
5	GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD DENTAL HEALTH MISSION	12-01-2026	ICDS Anganwadi No: 181/ 182/ 183/197, Kaji Takdi, Janta Market, Agra Road, GKW Gate, Bhandup West, Mumbai- 400078	Preschool-aged children and caregivers Teachers	1. Oral Health Screening 2. Oral Health Education 3. Tooth-Brushing Demonstration 4. Dietary Counselling 5. Caregiver Education

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Beyond Boundaries
GDCH, MUMBAI

Sr No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
6	GDCH, MUMBAI: HEALTHY SMILES START WITH GOOD HABITS – CHEMBUR EARLY CHILDHOOD OUTREACH	16-01-2026	Shiv Hanuman Mandir, Vishnu Nagar, Chembur	Preschool-aged children and caregivers Teachers	1. Oral Health Screening for Children 2. Interactive Oral Health Education 3. Parental and Caregiver Awareness
7	GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	19-01-2026	ICDS Anganwadi No: 179/ 184/ 186/ 190 Maharashtra Nagar, LBS, Near Quarry Road, Bhandup West, Mumbai - 400078	Preschool-aged children and caregivers Teachers	1. Interactive Oral health Education & Storytelling 2. Comprehensive Clinical Screening
8	GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	20-01-2026	Aanganwadi-201, Nearby Sai Baba Mandir, Vishnu Nagar, Chembur	Preschool-aged children and caregivers Teachers	1. Pediatric Oral Health Education & "Play-Based" Learning 2. Comprehensive Oral Screening 3. Caregiver Counselling
9	GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP	21-01-2026	Maharashtra Nagar, Mankkhurd	School Children from Urban Slums	1. Interactive Oral Health Education 2. Comprehensive Clinical Screening
10	GDCH, MUMBAI: HEALTHY HABITS FOR A BRIGHT FUTURE- ORAL HEALTH AWARENESS AND SCREENING CAMP	30-01-2026	Rising Star Preschool, MHADA Colony, Mankhurd	School Children	1. Interactive Oral Health Education 2. Comprehensive Clinical Screening
11	GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP	12-02-2026	L. K. Waghji Cambridge School, Matunga	School children	1. Interactive Oral Health Education 2. Comprehensive Clinical Screening

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Beyond Boundaries
GDC&H, MUMBAI

Sr No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
12	GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS- ORAL HEALTH EDUCATION AND SCREENING CAMP	13-02-2026	Mohd. Umer Rajjab Roas School, Mandanpura	School children	1. Interactive Oral Health Education 2. Clinical Screening
13	GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS: REHABILITATIVE CARE AT DAVID SASSOON SCHOOL	17-02-2026	David Sassoon School, Matunga Road	Children and youth in Rehabilitation centre	1. Interactive Oral Health Education 2. Clinical Screening
14	GDCH, MUMBAI: SCREEN, EDUCATE, DEMONSTRATE – SHAPING LIFELONG ORAL HEALTH HABITS	26-02-2026-27-02-2026	Gundawali Public school, Andheri east	School children	1. Interactive Oral Health Education 2. Comprehensive Clinical Screening
15	GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL	20-03-2026 -20-04-2026	Cama and Albles Hospital	Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department Children and caregivers attending Paediatric OPD General patients and attendants visiting the hospital	1. Oral Health Education in OBGY Department 2. Paediatric OPD Oral Health Promotion 3. Patient Education for General OPD Attendees 4. Chairside Counselling and Demonstrations 5. Oral Health Pledge – Self-Care Commitment
16	GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL	23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	Anganwadi children and their caregivers along with urban slums residents	1. Oral Health Screening 2. Tobacco Risk Assessment and Counselling 3. Oral Health Education and Awareness 4. Pledge for self oral health care(for patients)

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Beyond Boundaries
G.D.C.H., MUMBAI

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17	GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE	27-03-2026	Anganwadi's at Mankhurd-Govandi, Mumbai	Anganwadi children Teachers Anganwadi workers Parents and caregivers	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Self Oral Health Care Pledge
18	GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI VILLAGE-REACHING EVERY SMILE	27-03-2026	Rashtriya Gramin Vikas Kendra, Kalbhairavnath Laxmibai Bangar vidyalay, Khadki, Pimpalgaon	School children and teachers	1. Oral Health Education Session for School Children 2. Oral Health Pledge
19		27-03-2026	Anganwadi, Khadki, Pimpalgaon, Pune	Anganwadi children (early childhood group)	Oral Health education, awareness and Pledge for self oral health care (for patients)
20	GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP	30-03-2026	Sai Baba Mandir, Kokri Agar, Sion, Mumbai	School children and community members	1. Oral Health Awareness Program 2. Comprehensive Oral health Screening 3. Oral Health Pledge for Self-Care
21	GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP	30-03-2026	Sathe Nagar, near Baban Tea, Mankhurd west	School children and community members	1. Oral health screening and awareness 2. Pledge for self oral health care (for patients)



OUTREACH ACTIVITIES

for Underserved Groups



Bringing Oral Health Closer. Reaching Every Community.



Urban Slums

Reaching the Unreached.
Creating Healthier Smiles.



Rural Population

Empowering Villages.
Promoting Preventive Care.



Tribal Population

Respecting Culture.
Delivering Inclusive Oral Health.

*Healthy Smiles for Every Community,
No One Left Behind!*



Inclusive Care



Awareness



Prevention



Stronger Communities



A Happy Mouth is a Happy Life – For Every Individual, Every Family, Every Community



OUT REACH AND EXTENSION ACTIVITIES					
Sr No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
1	GDCH MUMBAI: NURTURING COMMUNITY WELLNESS: COMPREHENSIVE ORAL HEALTH OUTREACH & AWARENESS INITIATIVE	06-01-2026	A wing 102, Suryodaya CHS, MHADA Building, Tagore Nagar, Vikhroli East	Residents- young adults to geriatric participant	1. Community Oral Health Education 2. Oral Health Screening
2	GDCH, MUMBAI: HEALTHY SMILES FOR ALL – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP	08-01-2026	Budh Nagar, Bhandup	Urban Slums- children and residents	1. Community Oral Health Awareness Session 2. Preventive Oral Health Screening
3	GDCH, MUMBAI: HEALTHY TEETH, HAPPY CHILDREN, THRIVING COMMUNITY – MANKHURD SLUM ORAL HEALTH OUTREACH	13-01-2026	Ekta Nagar, Mankhurd	Urban Slums- Children, Adolescents, adults and Elderly	1. Oral Health Screening 2. Oral Health Education 3. Tooth- Brushing Demonstration 4. Dietary Counselling 5. Caregiver Education
4	GDCH, MUMBAI: EARLY DETECTION, AWARENESS, AND PREVENTION- ORAL HEALTH SCREENING AND COMMUNITY AWARENESS	09-03-2026	Mhada Colony Vashinaka, Chembur	Children, adults and high risk population residing in slums	Oral health screening and awareness
5	GDCH, MUMBAI: BUILDING RESILIENCE IN EVERY SMILE – MANKHURD COMMUNITY- ORAL HEALTH AWARENESS AND SCREENING CAMP	11-03-2026	Ekta Nagar, RPI Office Mandal, Mankhurd	Children, adults and high risk population residing in slums	1. High-Risk Screening and Counselling 2. Paediatric Oral Health Education 3. Comprehensive Clinical Screening

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Beyond Boundaries
GDC&H, MUMBAI

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6	GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES- A COMPREHENSIVE COMMUNITY ORALHEALTH MISSION	13-03-2026	Zakir Husain Nagar, Near Saibaba Mandir, Makhurd West	Children, adults and high risk population residing in urban slums	1. High-Risk Screening & Mucosal Health 2. Paediatric Education 3. Clinical Diagnostics
7	GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES – ORAL HEALTH SCREENING AND EDUCATION CAMP	16-03-2026	Shivshankar Mandir, Wadala	Children, adults and high risk population residing in urban slums	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Behaviour Change Communication
8	GDCH, MUMBAI-HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL	17-03-2026	Vision Rescue Community Centre, Mandala, Mankhurd, Mumbai, India	Children and adolescents General adult population Individuals with tobacco use habits Residents of urban slum communities	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Behaviour Change Communication
9	GDCH, MUMBAI: SCREEN, TREAT, PREVENT – ORAL HEALTH SCREENING & TREATMENT CAMP	18-03-2026	Padma nagar road,near altababela,Adarsh nagar,baingan wadi,Govandi east, Mumbai	Urban Slums-children and residents	1. Oral Health Screening 2. On-Site Dental Treatment 3. Preventive Oral Health Education
10	GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES – ORAL HEALTH SCREENING AND EDUCATION CAMP	20-03-2026	Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai	Urban Slums-children and residents	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Behaviour Change Communication 4. Oral Health Pledge – Self-Care Commitment

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Beyond Boundaries
GDC&H, MUMBAI

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11	GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH MISSION	23-03-2026	Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai	Urban Slums- Children and adolescents, General adult population, High-risk individuals, particularly those with tobacco habits	<ol style="list-style-type: none"> 1. Oral Health Screening 2. Tobacco Risk Assessment and Counselling 3. Oral Health Education and Awareness 4. Pledge for self oral health care(for patients)
12	GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL	23-03-2026	Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill	Anganwadi children and their caregivers along with urban slums residents	<ol style="list-style-type: none"> 1. Oral Health Screening 2. Tobacco Risk Assessment and Counselling 3. Oral Health Education and Awareness 4. Pledge for self oral health care(for patients)
13	GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY- ORAL HEALTH SCREENING AND EDUCATION CAMP	24-03-2026	Vision Rescue Community Center, Maharashtra Nagar – 400088	Urban Slums- children and residents	<ol style="list-style-type: none"> 1. Oral Health Screening 2. Tobacco Risk Assessment and Counselling 3. Oral Health Education and Awareness 4. Pledge for self oral health care
14	GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT – ORAL PRECANCER & CANCER AWARENESS INITIATIVE	24-03-2026	Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	Urban Slums- children and residents and Tobacco and betel nut users	<ol style="list-style-type: none"> 1. Screening of oral potentially malignant disorders and oral cancer along with other Oral Health Conditions 2. Oral Precancer & Cancer Awareness Initiative 3. Awareness Program 4. Oral Health Pledge – Self-Care Commitment

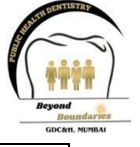


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15	GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT- ORAL PRECANCER & CANCER AWARENESS INITIATIVE	24-03-2026	Vision Rescue	Awareness program Pledge for self oral health care (for patients)	Awareness program Pledge for self oral health care (for patients)
16	GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	25-03-2026	Vision Rescue	1. Oral Health Awareness Program 2. Oral Health Pledge for Self-Care	
17	GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS- ORAL HEALTH AWARENESS PROGRAM	25-03-2026	Vision Rescue Community center -Kalwa	Urban Slums and high risk tobacco chewers	1. Oral Health Awareness Program 2. Oral Health Pledge for Self-Care



OUTREACH ACTIVITIES

for Trainers & Leaders



*Empowering Leaders. Strengthening Communities.
Advancing Oral Health.*



Teachers

Inspiring Healthy Habits, Shaping Bright Futures



ASHA / Anganwadi Workers

Community Connectors for Better Health



Sarpanch

Leading with Vision for Healthier Villages



Upasarpanch

Supporting Progress, Strengthening Participation



Community Leaders

Mobilizing Communities, Building Awareness



Nurses

Care, Counsel, and Champion Oral Health



Doctors

Guiding, Treating, and Leading by Example

Trained Leaders Create Healthier Communities!



Build Capacity



Spread Awareness



Drive Prevention



Lead with Impact



Strong Trainers. Confident Leaders. Healthier Smiles for All.

**OUT REACH AND EXTENSION ACTIVITIES**

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1	GDCH, MUMBAI: STRONG START, HEALTHY SMILES – SCHOOL ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP	05-01-2026	Gururanak English High School, Andheri East	School children School teachers	1. Interactive Oral Health Education for Students 2. Teacher Orientation and Training of Trainers (ToT) 3. Oral Health Screening 4. Basic Dental Treatment Services
2	GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS – EARLY CHILDHOOD ORAL HEALTH PROMOTION CAMP	07-01-2026	ICDS Anganwadi No: 191/ 194, Sahyadri Nagar, LBS Marg, near Quarry Road, Bhandup West, Mumbai - 400078	Anganwadi children and their caregivers Teachers	1. Interactive Oral Health Education 2. Oral Health Screening
3	GDCH, MUMBAI: FOUNDATIONS OF HEALTH: EARLY CHILDHOOD ORAL WELLNESS AND PARENTAL GUIDANCE PROGRAM	07-01-2026	Samadhan Road, Wadala East	Anganwadi children and their caregivers Teachers	1. Pediatric Oral Health Education 2. Interactive Demonstrations 3. Oral Health Screening 4. Caregiver Guidance
4	GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD DENTAL HEALTH MISSION	12-01-2026	ICDS Anganwadi No: 181/ 182/ 183/197, Kaji Takdi, Janta Market, Agra Road, GKW Gate, Bhandup West, Mumbai-400078	Preschool-aged children and caregivers Teachers	1. Oral Health Screening 2. Oral Health Education 3. Tooth-Brushing Demonstration 4. Dietary Counselling 5. Caregiver Education
5	GDCH, MUMBAI: HEALTHY SMILES START WITH GOOD HABITS – CHEMBUR EARLY CHILDHOOD OUTREACH	16-01-2026	Shiv Hanuman Mandir, Vishnu Nagar, Chembur	Preschool-aged children and caregivers Teachers	1. Oral Health Screening for Children 2. Interactive Oral Health Education 3. Parental and Caregiver Awareness

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6	GDCH, MUMBAI: EMPOWERING TEACHERS AS ORAL HEALTH CHAMPIONS – A TRAINING PROGRAM ON SCHOOL ORAL HEALTH PROMOTION.	17-01-2026	Century Mill Chawl, Worli	School Teachers and Educational influencers	1. Teacher Orientation & Hands-on Training 2. Dietary & Hygiene Maintenance Guidance
7	GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	19-01-2026	ICDS Anganwadi No: 179/ 184/ 186/ 190 Maharashtra Nagar, LBS, Near Quarry Road, Bhandup West, Mumbai - 400078	Preschool-aged children and caregivers Teachers	1. Interactive Oral health Education & Storytelling 2. Comprehensive Clinical Screening
8	GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	20-01-2026	Aanganwadi-201, Nearby Sai Baba Mandir, Vishnu Nagar, Chembur	Preschool-aged children and caregivers Teachers	1. Pediatric Oral Health Education & "Play-Based" Learning 2. Comprehensive Oral Screening 3. Caregiver Counselling
9	GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE— FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE	20-03-2026 - 20-04-2026	St. George Hospital, Mumbai	General patients visiting different hospital departments Caregivers and attendants Nursing staff and healthcare providers	1. Patient Awareness and Oral Health Education 2. Oral Health Screening and Referral 3. Training of Nursing Staff 4. Chairside Demonstrations and Individual Counselling 5. Oral Health Pledge – Self-Care Commitment
10	GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE	27-03-2026	Anganwadi's at Mankhurd- Govandi, Mumbai	Anganwadi children Teachers Anganwadi workers Parents and caregivers	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Self Oral Health Care Pledge

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Beyond Boundaries
GDCH, MUMBAI

Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
11	GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI VILLAGE-REACHING EVERY SMILE	27-03-2026	Rashtriya Gramin Vikas Kendra, Kalbhairavnath Laxmibai Bangar vidyalay, Khadki, Pimplagaon	School children and teachers	1. Oral Health Education Session for School Children 2. Oral Health Pledge
12		27-03-2026	Grampanchayat Karyalay Khadki Ambegaon, Pune	Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)	Capacity Building of Village Leadership Oral Health education, awareness and Pledge for self-oral health care (for TOT)
13		27-03-2026	Anganwadi kendra, Kolatwadi, D.P road, Ambegaon	Anganwadi workers (frontline health workforce) General rural community	Training of Trainers (ToT) – Anganwadi Workers Oral Health education, awareness and Pledge for self-oral health care (for TOT)
14		30-03-2026	GDCH Mumbai	Dental Students	1. Reel Making Competition 2. Puppet Making 3. Rangoli Competition 4. Face Painting



OUTREACH ACTIVITIES *for Priority Groups*

—♡—
| Compassion • Care • Inclusion |



Special Care Individuals



Pregnant Women



Elderly Population



High-Risk Groups



OUT REACH AND EXTENSION ACTIVITIES

Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
1	GDCH, MUMBAI: EARLY DETECTION SAVES LIVES: ORAL CANCER SCREENING & TOBACCO CESSATION INITIATIVE	03-02-2026	Vision Rescue community center, Maharashtra Nagar, Mankhurd	Tobacco and betel nut users	<ol style="list-style-type: none"> 1. Specialized Clinical Screening 2. Tobacco Cessation Counselling (TCC) 3. Awareness & Self-Examination Training
2	GDCH, MUMBAI: EARLY DETECTION AND TOBACCO CESSATION FOR BETTER ORAL HEALTH	05-02-2026	Vision Rescue community center, Shanti Nagar Police chowki, Kalwa East.	Tobacco and betel nut users	<ol style="list-style-type: none"> 1. Specialized Clinical Screening 2. Tobacco Cessation Counselling (TCC) 3. Awareness & Self-Examination Training
3	GDCH, MUMBAI: CARING TOGETHER FOR HEALTHIER SMILES FOR UNIQUE NEEDS	05-02-2026	Autism centre, Sun N Breeze Society, Vishnu Prasad Society, Navpada, Ville Parle	Children with Autism Spectrum Disorder (ASD)	<ol style="list-style-type: none"> 1. Musical Skit on Oral Health Awareness 2. Interactive Oral Health Game 3. Comprehensive Paediatric Oral Health Screening 4. Parental Counselling and Guidance
4	GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL	20-03-2026 - 20-04-2026	Cama and Albless Hospital	<p>Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department</p> <p>Children and caregivers attending Paediatric OPD</p> <p>General patients and attendants visiting the hospital</p>	<ol style="list-style-type: none"> 1. Oral Health Education in OBGY Department 2. Paediatric OPD Oral Health Promotion 3. Patient Education for General OPD Attendees 4. Chairside Counselling and Demonstrations 5. Oral Health Pledge – Self-Care Commitment



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
5	GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT – ORAL PRECANCER & CANCER AWARENESS INITIATIVE	24-03-2026	Padma nagar road, Adarsh nagar, besides Shivaji nagar Govandi east	Urban Slums- children and residents and Tobacco and betel nut users	1. Screening of oral potentially malignant disorders and oral cancer along with other Oral Health Conditions 2. Oral Precancer & Cancer Awareness Initiative 3. Community Awareness Program 4. Oral Health Pledge – Self-Care Commitment
6	GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS- ORAL HEALTH AWARENESS PROGRAM	25-03-2026	Vision Rescue Community center -Kalwa	Urban Slums and high-risk tobacco chewers	1. Oral Health Awareness Program 2. Oral Health Pledge for Self-Care



OUTREACH ACTIVITIES

for General Population



Compassion • Awareness • Prevention • Community



Adolescents

Building Healthy Smiles, Bright Futures



Youth

Empowered Youth, Healthier Communities



Adults

Healthy Choices. Healthier Lives.



Caregivers

Guiding Care, Growing Smiles



Parents

Strong Parents Create Healthy Habits.

*Healthy Habits Today
for Healthier Smiles Tomorrow*



Strong Families



Awareness



Prevention



Community



A Happy Mouth is a Happy Life – For Every Individual, Every Family, Every Community

**OUT REACH AND EXTENSION ACTIVITIES**

Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
1	GDCH MUMBAI: BETTER TEETH, BRIGHTER MINDS – ORAL HEALTH AWARENESS AND SCREENING INITIATIVE	05-01-2026- 06-01-2026	Janata College, Dhasai	College students and Young adults	1. Oral Health Awareness Session 2. Oral Health Screening
2	GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS! - COMPREHENSIVE ORAL HEALTH & TREATMENT INITIATIVE	09-01-2026	Vasant Oasis, Makwana Road, Near Marol Police Station, Marol, Andheri East	Employees of the organisation	1. Oral Health Screening 2. Dental Treatments 3. Tooth-Brushing Demonstration 4. Oral Health Education 5. Dietary Counselling 6. Tobacco Cessation Counselling
3	GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD DENTAL HEALTH MISSION	12-01-2026	ICDS Anganwadi No: 181/ 182/ 183/197, Kaji Takdi, Janta Market, Agra Road, GKW Gate, Bhandup West, Mumbai- 400078	Preschool- aged children and caregivers Teachers	1. Oral Health Screening 2. Oral Health Education 3. Tooth-Brushing Demonstration 4. Dietary Counselling 5. Caregiver Education
4	GDCH, MUMBAI: HEALTHY SMILES START WITH GOOD HABITS – CHEMBUR EARLY CHILDHOOD OUTREACH	16-01-2026	Shiv Hanuman Mandir, Vishnu Nagar, Chembur	Preschool- aged children and caregivers Teachers	1. Oral Health Screening for Children 2. Interactive Oral Health Education 3. Parental and Caregiver Awareness
5	GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	19-01-2026	ICDS Anganwadi No: 179/ 184/ 186/ 190 Maharashtra Nagar, LBS, Near Quarry Road, Bhandup West, Mumbai - 400078	Preschool- aged children and caregivers Teachers	1. Interactive Oral health Education & Storytelling 2. Comprehensive Clinical Screening

**GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI****DEPARTMENT OF PUBLIC HEALTH DENTISTRY**

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Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
6	GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP	20-01-2026	Aanganwadi-201, Nearby Sai Baba Mandir, Vishnu Nagar, Chembur	Preschool-aged children and caregivers Teachers	1. Pediatric Oral Health Education & "Play-Based" Learning 2. Comprehensive Oral Screening 3. Caregiver Counselling
7	GDCH, MUMBAI: EMPOWERING YOUTH FOR ORAL CANCER PREVENTION AND TOBACCO-FREE LIVES	04-02-2026	Guru Nanak Secondary School, Wadala East, Sion	Youth- College Students	1. "Recognize the Signs" Workshop 2. Tobacco Cessation Counseling (TCC) for Youth 3. Preventive Oral Health Maintenance
8	GDCH, MUMBAI: MOBILE DENTAL EXCELLENCE AT "HINDI CHADAR"- REACHING EVERY SMILE	28-02-2026 – 01-03-2026	Owe Maidan, Kharghar, Mumbai	Diverse cross-section of over 1500,000 devotees and visitors from across India	1. Comprehensive oral health screening and diagnosis 2. Screening for oral precancerous and cancerous lesions 3. Oral health education through chairside counselling and visual aids 4. Tobacco cessation counselling for individuals with addiction 5. Basic dental treatments, including restorations, scaling, and extractions
9	GDCH, MUMBAI: MEDIA COVERAGE- REACHING EVERY HOME, TRANSFORMING EVERY SMILE - A HAPPY MOUTH IS A HAPPY LIFE	20-03-2026	MEDIA COVERAGE	Reaching households across the region through national television	1. Expert-led educational session on oral health and hygiene 2. Interactive interview segment addressing key dental health concerns 3. Live telephonic interaction, enabling real-time query resolution for viewers



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
10	GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL	20-03-2026 - 20-04-2026	Cama and Albless Hospital	Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department Children and caregivers attending Paediatric OPD General patients and attendants visiting the hospital	1. Oral Health Education in OBGY Department 2. Paediatric OPD Oral Health Promotion 3. Patient Education for General OPD Attendees 4. Chairside Counselling and Demonstrations 5. Oral Health Pledge – Self-Care Commitment
11	GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE— FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE	20-03-2026 - 20-04-2026	St. George Hospital, Mumbai	General patients visiting different hospital departments Caregivers and attendants Nursing staff and healthcare providers	1. General Patient Awareness and Oral Health Education 2. Opportunistic Oral Health Screening and Referral 3. Training of Nursing Staff (Capacity Building Initiative) 4. Chairside Demonstrations and Individual Counselling 5. Oral Health Pledge – Self-Care Commitment
12	GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE	27-03-2026	Anganwadi's at Mankhurd-Govandi, Mumbai	Anganwadi children Teachers Anganwadi workers Parents and caregivers	1. Oral Health Screening 2. Oral Health Education and Awareness 3. Self Oral Health Care Pledge



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Sr. No	Campaign tagline	Date	Camp/ Event Venue	Category of Individuals	Activities Conducted
13	GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP	30-03-2026	Sai Baba Mandir, Kokri Agar, Sion, Mumbai	School children and community members	1. Oral Health Awareness Program 2. Comprehensive Oral health Screening 3. Oral Health Pledge for Self-Care
14	GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP	30-03-2026	Sathe Nagar, near Baban Tea, Mankhurd west	School children and community members	1. Oral health screening and awareness 2. Pledge for self-oral health care (for patients)



EVENT

GDCH, MUMBAI- STRONG START, HEALTHY SMILES – SCHOOL ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP

Date: 05/01/2026

Venue: Gurunanak English High School, Andheri East, Mumbai



ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI- STRONG START, HEALTHY SMILES – SCHOOL ORAL
HEALTH SCREENING, EDUCATION AND TREATMENT CAMP**

Date: 05/01/2026

Venue: Gurunanak English High School, Andheri East, Mumbai

Beneficiaries: 135

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized a School Oral Health Screening, Education and Treatment Camp on 05 January 2026 at Gurunanak English High School, Andheri East, Mumbai, as part of the global World Oral Health Day 2026 campaign themed “A Happy Mouth is... A Happy Life.”

Target Population:

School children and school teachers

Number of Beneficiaries:

135 students and teachers screened, educated, and provided basic dental treatment where required.

Activities Conducted:

1. Interactive Oral Health Education for Students
2. Teacher Orientation and Training of Trainers (ToT)
3. Oral Health Screening
4. Basic Dental Treatment Services

Rationale

Oral diseases such as dental caries and gingival problems are common among school-aged children due to poor oral hygiene practices and unhealthy dietary habits. As a part of the World Oral Health Day campaign, this initiative aimed to educate school children about preventive oral healthcare while empowering teachers to reinforce healthy oral hygiene practices among students. Additionally, the camp incorporated basic dental treatment services, ensuring that children identified with dental problems received immediate care or appropriate referral, thereby promoting early intervention and prevention of disease progression.



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Objectives

The objectives of the program were to:

- Promote awareness about preventive oral healthcare among school children
- Encourage adoption of correct tooth-brushing techniques and healthy dietary practices
- Identify early signs of oral diseases through oral health screening
- Provide basic dental treatment services and facilitate timely referral for advanced dental care
- Train teachers as oral health promoters (Training of Trainers – ToT) to reinforce oral hygiene practices among students

Activities Conducted

The following activities were conducted during the camp:

1. Interactive Oral Health Education for Students

An engaging oral health awareness session was conducted using interactive discussions and demonstrations focusing on:

- Importance of oral hygiene and healthy habits
- Correct tooth-brushing techniques
- Harmful effects of frequent sugar consumption
- Prevention of dental caries and gum diseases
- Golden Rules of maintaining proper oral health

Students actively participated in the session, making the learning experience both interactive and impactful.

2. Teacher Orientation and Training of Trainers (ToT)

Teachers were oriented on the importance of oral health promotion within the school environment. The session focused on:

- Recognizing common oral health problems among children
- Reinforcing correct brushing practices during school health activities
- Encouraging healthy dietary habits among students
- Promoting routine dental check-ups and early referral when required

This Training of Trainers approach enabled teachers to act as oral health advocates, helping sustain oral hygiene awareness within the school.



3. Oral Health Screening

A comprehensive oral examination of 135 students was carried out by the dental team to identify:

- Dental caries
- Gingival inflammation
- Malocclusion
- Missing and fractures teeth
- Other oral health concerns

Students requiring further care were referred to Government Dental College & Hospital for comprehensive treatment and follow-up.

4. Basic Dental Treatment Services

As part of the treatment component of the camp, selected students received basic dental care services such as:

- Oral prophylaxis and scaling using ultrasonic scalers and hand scalers
- Caries excavation and restorations
- Application of topical fluoride varnish
- Chairside counselling regarding oral hygiene practices
- Referral of students requiring advanced treatment to Government Dental College & Hospital

Impact

The camp effectively combined oral health education, teacher capacity building, screening, and basic treatment services, ensuring that preventive knowledge was reinforced both at school and at home.

Key outcomes included:

- Improved awareness among students regarding proper brushing techniques and healthy dietary habits
- Empowerment of teachers as oral health promoters through Training of Trainers (ToT)
- Early identification and management of dental problems requiring treatment
- Increased motivation among children to adopt positive oral hygiene practices



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By integrating student education, teacher training, screening, and treatment services, the initiative strengthened the sustainability of oral health promotion within the school environment.

Conclusion

The “A Happy Mouth is... A Happy Life” initiative successfully integrated oral health education, teacher training, dental screening, and basic treatment services, benefiting both students and educators while promoting preventive oral healthcare practices.



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GDCH, MUMBAI- STRONG START, HEALTHY SMILES – SCHOOL ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP

Date: 05/01/2026

Venue: Gurunanak English High School, Andheri East, Mumbai

Beneficiaries: 135



ORAL HEALTH SCREENING AND COUNCELLING



BASIC DENTAL TREATMENT SERVICES



THE ORAL HEALTH TEAM



EVENT

GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – ORAL HEALTH AWARENESS AND SCREENING INITIATIVE

Date: 05/01/2026 – 06/01/2026

Venue: Janata College, Dhasai, Murbad, Thane



ORAL HEALTH SCREENING AND EDUCATION CAMP



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**GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – ORAL HEALTH
AWARENESS AND SCREENING INITIATIVE**

Date: 05/01/2026 – 06/01/2026

Venue: Janata College, Dhasai, Murbad, Thane

Total patients screened: 391

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized a **two-day Oral Health Awareness and Screening Camp** on **05 and 06 January 2026** at **Janata College, Dhasai, Murbad** as part of the global World Oral Health Day 2026 campaign themed “**A Happy Mouth is... A Happy Life.**”

Target Population:

College students and young adults

Number of Beneficiaries:

391 individuals through preventive oral health education and clinical screening

Activities Conducted:

- 1. Oral Health Awareness Session**
- 2. Oral Health Screening**

Rationale

Adolescents and young adults are increasingly exposed to lifestyle habits that may negatively influence oral health, including high sugar consumption, irregular oral hygiene practices, and tobacco use. These factors contribute to the rising occurrence of dental caries, periodontal diseases, and other preventable oral conditions. Recognizing the importance of early awareness and behaviour change, the Department of Public Health Dentistry conducted this initiative to empower young individuals with knowledge and encourage responsible oral health practices that support lifelong well-being.



Objectives

The program aimed to enhance awareness about preventive oral healthcare among college students, encourage adoption of effective oral hygiene practices and balanced dietary habits, identify early signs of oral diseases through screening, and facilitate appropriate referral for individuals requiring dental treatment.

Activities Conducted

The outreach program incorporated both **educational and clinical components** to ensure comprehensive community engagement.

1. Oral Health Awareness Session

An interactive educational session was conducted to highlight:

- Importance of maintaining good oral hygiene
- Demonstration of proper tooth-brushing techniques
- Relationship between dietary habits and oral health
- Prevention of dental caries and gum diseases
- Importance of periodic dental examinations
- Ill-effects of tobacco and substance abuse

The session encouraged active participation and helped students understand the connection between **oral health and overall health**.

2. Oral Health Screening

A **systematic oral examination of 391 individuals** was carried out by the dental team to identify common oral health conditions including:

- Dental caries
- Gingival and periodontal diseases
- Malocclusion
- Missing and fractured teeth
- Other oral health abnormalities

Individuals requiring further evaluation or treatment were referred to Government Dental College & Hospital, Mumbai for comprehensive care and follow-up.



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Impact

The initiative created a meaningful impact by reaching **391 young individuals**, significantly improving awareness regarding preventive oral healthcare and healthy lifestyle practices.

Key outcomes included:

- Increased understanding of oral hygiene practices and disease prevention
- Early detection of dental conditions requiring professional intervention
- Greater motivation among students to adopt healthier oral health behaviours

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative successfully integrated oral health education with clinical screening, benefiting **391 students and young adults** and reinforcing the importance of preventive oral healthcare. By targeting young adults at a critical stage of habit formation, the program contributed to **strengthening oral health literacy and promoting sustainable preventive practices within the community.**



GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – ORAL HEALTH

AWARENESS AND SCREENING INITIATIVE

Date: 05/01/2026 – 06/01/2026

Venue: Janata College, Dhasai, Murbad, Thane

Total patients screened: 391



ORAL HEALTH SCREENING, EDUCATION AND TOOTHBRUSHING DEMONSTRATION



ORAL HEALTH PROMOTION TEAM



EVENT

**GDCH, MUMBAI: BUILDING WELLNESS THROUGH BETTER ORAL HEALTH –
COMMUNITY ORAL HEALTH OUTREACH CAMP**

Date: 06/01/2026

Venue: A Wing 102, Suryodaya CHS, MHADA Building, Tagore Nagar, Vikhroli East



Mumbai, Maharashtra, India
Mhada Building, Sona Intp Colony, Tagore Nagar, Vikhroli East, Mumbai, Maharashtra 400083, India
Lat 19.117752° Long 72.931789°
Tuesday, 06/01/2026 12:43 PM GMT +05:30



Mumbai, Maharashtra, India
Mhada Building, Sona Intp Colony, Tagore Nagar, Vikhroli East, Mumbai, Maharashtra 400083, India
Lat 19.117761° Long 72.931778°
Tuesday, 06/01/2026 12:52 PM GMT +05:30



Mumbai, Maharashtra, India
3351, Group 2, Sona Intp Colony, Tagore Nagar, Vikhroli East, Mumbai, Maharashtra 400083, India
Lat 19.117826° Long 72.931644°
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ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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**GDCH, MUMBAI: BUILDING WELLNESS THROUGH BETTER ORAL HEALTH –
COMMUNITY ORAL HEALTH OUTREACH CAMP**

Date: 06/01/2026

Venue: A Wing 102, Suryodaya CHS, MHADA Building, Tagore Nagar, Vikhroli East

Total patients screened: 89

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai conducted a **Community Oral Health Education and Screening Camp** on **06 January 2026** for residents of **Suryodaya Co-operative Housing Society, Vikhroli East**, as part of the global World Oral Health Day 2026 campaign themed **“A Happy Mouth is... A Happy Life.”**

Target Population

A diverse demographic of residents from Suryodaya Co-operative Housing Society, ranging from young adults to geriatric participants.

Number of Beneficiaries

89 residents successfully underwent clinical screening and received personalized oral health counselling.

Activities Conducted:

- 1. Community Oral Health Education**
- 2. Oral Health Screening**

Rationale

Maintaining good oral health is an essential component of general health and quality of life. However, many community members often delay dental consultations until symptoms arise, resulting in untreated oral conditions that could otherwise be prevented or managed at an early stage. To address this gap, the Department of Public Health Dentistry initiated this community-based outreach activity aimed to bring oral healthcare awareness and screening services directly to the community.

Objectives

The objectives of the program were to strengthen community awareness regarding preventive oral healthcare, encourage residents to adopt effective oral hygiene practices, identify oral



health problems at an early stage through screening, and facilitate appropriate referral for individuals requiring dental treatment.

Activities Conducted

The outreach camp consisted of educational and clinical components designed to improve oral health awareness among community members.

1. Community Oral Health Education

An interactive awareness session was conducted highlighting:

- Importance of maintaining daily oral hygiene
- Demonstration of proper tooth-brushing techniques
- Impact of dietary habits on oral health
- Prevention of common dental problems such as caries and gum diseases
- Importance of seeking timely dental care

Residents actively engaged in the session and gained practical guidance on maintaining good oral health.

2. Oral Health Screening

A **comprehensive dental examination of 89 residents** was conducted by the dental team to identify common oral health conditions including:

- Dental caries
- Periodontal diseases
- Missing teeth and prosthetic requirements
- Precancerous lesions and early signs of oral cancer
- Other oral health concerns

Residents requiring further evaluation or treatment were referred to Government Dental College & Hospital, Mumbai for appropriate care.

Impact

The outreach program successfully reached **89 community members**, enhancing awareness regarding preventive oral healthcare and encouraging timely dental consultations.

Key outcomes included:



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- Improved understanding of oral hygiene practices
- Early identification of untreated dental conditions
- Increased motivation among residents to prioritize oral health

By bringing oral health services directly to the residential community, the initiative helped improve **accessibility, awareness, and early intervention.**

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative effectively strengthened oral health awareness within the residential community by combining education with screening services. Through community engagement, early diagnosis, and professional referral support, the program contributed to promoting healthier lifestyles and advancing the goals of the World Oral Health Day campaign to improve oral health for all.



**GDCH, MUMBAI: BUILDING WELLNESS THROUGH BETTER ORAL HEALTH –
COMMUNITY ORAL HEALTH OUTREACH CAMP**

Date: 06/01/2026

Venue: A Wing 102, Suryodaya CHS, MHADA Building, Tagore Nagar, Vikhroli East

Total patients screened: 89



ORAL HEALTH SCREENING AND EDUCATION



EVENT

GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS – EARLY CHILDHOOD ORAL HEALTH PROMOTION CAMP

Date: 07/01/2026

Venue: ICDS Anganwadi No. 191/194, Sahyadri Nagar, LBS Marg, Near Quarry Road, Bhandup West, Mumbai – 400078



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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**GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS – EARLY
CHILDHOOD ORAL HEALTH PROMOTION CAMP**

Date: 07/01/2026

Venue: ICDS Anganwadi No. 191/194, Sahyadri Nagar, LBS Marg, Near Quarry Road,
Bhandup West, Mumbai – 400078

Total patients screened: 120

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai conducted an **Early Childhood Oral Health Education and Screening Camp** on **07 January 2026** at **ICDS Anganwadi No. 191/194, Bhandup West**, as part of the World Oral Health Day 2026 campaign themed **“A Happy Mouth is... A Happy Life.”**

Target Population:

Anganwadi children and their caregivers

Number of Beneficiaries:

120 Anganwadi children and their caregivers

Activities Conducted:

1. **Interactive Oral Health Education**
2. Oral Health Screening

Rationale

Early childhood is a crucial stage for developing lifelong health behaviours. Poor oral hygiene practices, frequent consumption of sugary foods, and lack of early dental awareness may lead to dental caries at a young age, affecting children’s nutrition, growth, and overall well-being. Recognizing the importance of early preventive education, the Department of Public Health Dentistry organized this outreach initiative to instill healthy oral hygiene habits among children while educating caregivers and Anganwadi workers about preventive oral health practices.

Objectives

The program aimed to introduce young children to basic oral hygiene habits, raise awareness among caregivers about the importance of early oral health care, identify dental problems at an



early stage through screening, and encourage timely dental consultation for children requiring treatment.

Activities Conducted

The camp was designed to make oral health learning **interactive, engaging, and age-appropriate** for young children.

1. Interactive Oral Health Education

A lively educational session was conducted using simple demonstrations and child-friendly communication methods to explain:

- Importance of brushing teeth every day
- Demonstration of correct tooth-brushing technique
- Choosing healthy foods that help keep teeth strong
- Avoiding excessive sugary snacks and drinks

Children participated enthusiastically in the demonstration, making the session both enjoyable and educational.

2. Oral Health Screening

A **systematic oral examination of 120 children** was carried out by the dental team to assess:

- Dental caries
- Oral hygiene status
- Early signs of gum problems
- Other dental concerns requiring attention

Children requiring further care were referred to Government Dental College & Hospital, Mumbai for appropriate treatment and follow-up.

Impact

The outreach initiative successfully reached **120 Anganwadi children**, creating awareness about the importance of oral hygiene from an early age. The engaging educational activities helped children understand basic oral care practices, while caregivers gained valuable knowledge regarding preventive dental care and healthy dietary habits. Early screening facilitated the identification of dental problems at an initial stage, enabling timely referral and guidance for treatment.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “A Happy Mouth is... A Happy Life” initiative highlighted the significance of **promoting oral health awareness and preventive practices during early childhood**. By integrating engaging educational activities with oral health screening, the program motivated both children and caregivers to develop positive oral hygiene behaviors that contribute to long-term oral and overall health.



GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS – EARLY CHILDHOOD ORAL HEALTH PROMOTION CAMP

Date: 07/01/2026

Venue: ICDS Anganwadi No. 191/194, Sahyadri Nagar, LBS Marg, Near Quarry Road, Bhandup West, Mumbai – 400078

Total patients screened: 120

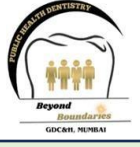


ORAL HEALTH SCREENING AND EDUCATION



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: BUILDING WELLNESS THROUGH ORAL CARE – COMMUNITY ORAL HEALTH AWARENESS PROGRAM

Date: 07/01/2026

Venue: Samadhan Road, Wadala East, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BUILDING WELLNESS THROUGH ORAL CARE –
COMMUNITY ORAL HEALTH AWARENESS PROGRAM**

Date: 07/01/2026

Venue: Samadhan Road, Wadala East, Mumbai

Total Beneficiaries Educated: 40

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized an **Oral Health Awareness and Education Camp** on **07 January 2026** at **Samadhan Road, Wadala East** as part of the World Oral Health Day 2026 campaign themed **“A Happy Mouth is... A Happy Life.”** The initiative focused on **Anganwadi children and their parents**, aiming to build awareness about basic oral hygiene practices and the importance of preventive dental care from an early age.

Target Population

Anganwadi students (preschool age) and their primary caregivers/parents.

Number of Beneficiaries

40 participants, including children and parents, received intensive oral health education and preventive counselling.

Activities Conducted:

1. Pediatric Oral Health Education
2. Interactive Demonstrations
3. Oral Health Screening
4. Caregiver Guidance

Rationale

Early childhood is a crucial stage for developing lifelong oral hygiene habits. Limited awareness about preventive oral care among caregivers often leads to poor oral health among children. This initiative was conducted in support of the World Oral Health Day campaign led by the FDI World Dental Federation to promote early oral health awareness among children and parents.



Objectives

The program aimed to create awareness about the importance of maintaining oral hygiene among young children and caregivers, encourage the development of correct tooth-brushing practices, promote healthy dietary habits that support oral health, and motivate families to adopt preventive oral healthcare practices.

Activities Conducted

1. Pediatric Oral Health Education

A child-friendly oral health awareness session was conducted focusing on simple and practical messages related to oral care. The session highlighted:

- Importance of brushing teeth twice daily
- Demonstration of correct tooth-brushing technique
- Healthy food choices that support strong teeth
- Limiting sugary snacks and beverages
- Importance of maintaining good oral hygiene habits from childhood
- The "How-To" of assisted brushing for young children.
- The dangers of prolonged bottle-feeding and nocturnal sugar exposure.
- Recognition of early white-spot lesions (the first sign of decay).

2. Interactive Demonstrations

- Tell-Show-Do: Children were introduced to dental mirrors and brushes in a playful manner to reduce "dental anxiety."
- Nutritional Counselling: A "Healthy vs. Unhealthy" food sorting activity for parents to identify hidden sugars in common snacks.
- Practical demonstrations were conducted to help children and parents understand the correct brushing technique.

3. Oral Health Screening

A **systematic oral examination of 40 children** was carried out by the dental team to assess:

- Dental caries
- Oral hygiene status
- Early signs of gum problems
- Other dental concerns requiring attention



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Children requiring further care were referred to Government Dental College & Hospital, Mumbai for appropriate treatment and follow-up.

4. Caregiver Guidance

Parents and caregivers were also guided on supervising children's brushing habits and maintaining healthy dietary practices at home. The session encouraged active participation and helped create a supportive learning environment for both children and caregivers.

Impact

The program benefited **40 children and caregivers**, enhancing their understanding of basic oral hygiene practices and the importance of preventive dental care.

The initiative helped:

- Improve awareness regarding daily oral hygiene habits
- Encourage healthier dietary choices for children
- Strengthen parental involvement in maintaining children's oral health
- Promote early adoption of preventive oral healthcare practices

Conclusion

The "A Happy Mouth is... A Happy Life" initiative reinforced the importance of early oral health education and family participation in preventive care. Through interactive learning and practical demonstrations, the program encouraged children and caregivers to incorporate healthy oral hygiene practices into their daily routine.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: BUILDING WELLNESS THROUGH ORAL CARE – COMMUNITY ORAL HEALTH AWARENESS PROGRAM

Date: 07/01/2026

Venue: Samadhan Road, Wadala East, Mumbai

Total Beneficiaries Educated: 40



ORAL HEALTH SCREENING, EDUCATION AND TRAINING PROGRAM



EVENT

GDCH, MUMBAI: EARLY CARE FOR LIFELONG SMILES – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 08/01/2026

Venue: Vision Rescue Community Center, Shanti Nagar Police Chowki, Kalwa East



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EARLY CARE FOR LIFELONG SMILES – COMMUNITY ORAL
HEALTH SCREENING AND EDUCATION CAMP**

Date: 08/01/2026

Venue: Vision Rescue Community Center, Shanti Nagar Police Chowki, Kalwa East

Total Patients Screened: 126

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized an **Oral Health Education and Screening Camp** on **08 January 2026** at **Vision Rescue Community Center, Kalwa East**, as part of the **World Oral Health Day 2026** campaign themed **“A Happy Mouth is... A Happy Life.”** The program primarily focused on **children from the local community**, aiming to improve awareness regarding preventive oral healthcare and encourage healthy oral hygiene practices from an early age.

A total of **126 children** were screened and educated during the camp.

Target Population:

Children from the local community

Number of Beneficiaries:

126 children were screened and educated

Activities Conducted:

1. Interactive Oral Health Education
2. Oral Health Screening

Rationale

Oral diseases such as dental caries and gum problems are common among children due to poor oral hygiene practices and frequent consumption of sugary foods. To promote preventive oral healthcare and encourage healthy habits from an early age, the Department of Public Health Dentistry organized this outreach activity.



Objectives

The objectives of the program were to promote awareness regarding preventive oral healthcare among children, encourage proper tooth-brushing practices and healthy dietary habits, identify early signs of oral diseases through screening, and guide children requiring treatment towards appropriate dental care services.

Activities Conducted

1. Interactive Oral Health Education

An engaging oral health awareness session was conducted for children using simple explanations and demonstrations. The session covered:

- Importance of maintaining good oral hygiene
- Demonstration of correct tooth-brushing technique
- Role of healthy diet in maintaining strong teeth
- Prevention of dental caries and gum diseases

Children actively participated in the session and showed keen interest in learning about proper oral hygiene practices.

2. Oral Health Screening

A comprehensive oral examination of **126 children** was carried out by the dental team to identify:

- Dental caries
- Gingival inflammation
- Malocclusion
- Other oral health concerns

Children requiring further evaluation or treatment were referred to **Government Dental College & Hospital, Mumbai** for appropriate dental care.

Impact

The initiative benefited **126 children**, improving their understanding of oral hygiene practices and the importance of preventive dental care. The program also enabled early identification of dental problems and encouraged children to adopt healthier oral hygiene habits. By targeting children at a young age, the activity contributed to building long-term awareness and positive oral health behaviours within the community.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “A Happy Mouth is... A Happy Life” initiative successfully combined oral health education with screening services to promote preventive oral healthcare among children. Through community outreach, early detection, and referral support, the program contributed to strengthening oral health awareness in alignment with the vision of the **World Oral Health Day** campaign.



GDCH, MUMBAI: EARLY CARE FOR LIFELONG SMILES – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 08/01/2026

Venue: Vision Rescue Community Center, Shanti Nagar Police Chowki, Kalwa East

Total Patients Screened: 126



ORAL HEALTH SCREENING, EDUCATION AND TOOTHBRUSHING TRAINING PROGRAM



EVENT

GDCH, MUMBAI: HEALTHY SMILES FOR ALL – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 08/01/2026

Venue: Budh Nagar, Bhandup, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY SMILES FOR ALL – COMMUNITY ORAL HEALTH
SCREENING AND EDUCATION CAMP**

Date: 08/01/2026

Venue: Budh Nagar, Bhandup, Mumbai

Total Patients Screened: 133

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized an **Oral Health Education and Screening Camp** on **08 January 2026** at **Budh Nagar, Bhandup**, as part of the global **World Oral Health Day 2026** campaign themed **“A Happy Mouth is... A Happy Life.”** The program targeted **children and residents of the Budh Nagar community**, providing preventive oral health education and free dental screening services. A total of **133 individuals were screened and educated** during the camp.

Target Population:

Residents of Budh Nagar Slums including children, adults and elderly individuals

Number of Beneficiaries:

133 individuals were screened and educated

Activities Conducted:

- 1. Community Oral Health Awareness Session**
- 2. Preventive Oral Health Screening**

Rationale

Oral diseases such as dental caries and gum problems remain common in underserved communities due to limited access to dental care and lack of awareness about preventive practices. Community-based education and screening programs play a crucial role in improving oral health awareness and facilitating early detection of dental problems. The camp aimed to encourage better oral hygiene habits and improve access to preventive dental care among community members.



Objectives

The program aimed to increase awareness about preventive oral healthcare, promote correct tooth-brushing practices and healthy dietary habits, identify early signs of oral diseases through screening, and guide individuals requiring treatment toward appropriate dental care services.

Activities Conducted

1. Community Oral Health Awareness Session

An interactive educational session was conducted for residents and children to improve awareness about maintaining good oral health. The discussion focused on:

- Importance of daily oral hygiene practices
- Demonstration of correct tooth-brushing technique using practical models
- Impact of diet and sugar consumption on dental health
- Importance of routine dental check-ups for early detection of problems

Participants actively engaged in the session and were encouraged to adopt simple preventive practices to maintain healthy teeth and gums.

2. Preventive Oral Health Screening

A systematic oral examination of 133 individuals was performed by the dental team to assess their oral health status and detect early signs of dental problems, including:

- Dental caries
- Gingival inflammation and periodontal conditions
- Malocclusion and irregular tooth alignment
- Other oral abnormalities requiring attention

Individuals identified with dental concerns were guided and referred to Government Dental College & Hospital, Mumbai for further evaluation and treatment.

Impact

The outreach initiative benefited **133 community members**, improving awareness regarding preventive oral healthcare and encouraging positive oral hygiene behaviours. The program also enabled early identification of dental problems and guided individuals toward timely dental treatment.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “*A Happy Mouth is... A Happy Life*” initiative successfully combined oral health education with screening services to support preventive oral healthcare in the community.

Through awareness, early detection, and referral support, the activity contributed to strengthening oral health literacy in alignment with the vision of the **World Oral Health Day campaign**



GDCH, MUMBAI: HEALTHY SMILES FOR ALL – COMMUNITY ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 08/01/2026

Venue: Budh Nagar, Bhandup, Mumbai

Total Patients Screened: 133



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS! - COMPREHENSIVE PEDIATRIC ORAL HEALTH & TREATMENT INITIATIVE

Date: 09 January 2026

Venue: Vasant Oasis, Makwana Road, Near Marol Police Station, Marol, Andheri East, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS! - COMPREHENSIVE
ORAL HEALTH & TREATMENT INITIATIVE**

Date: 09 January 2026

Venue: Vasant Oasis, Makwana Road, Near Marol Police Station, Marol, Andheri East,
Mumbai

Total Patients Screened and Treated: 134

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized and conducted an **Oral Health Awareness, Screening and Treatment Camp** on **09 January 2026** for employees at **Vasant Oasis, Andheri East**.

Rationale

Oral health is a fundamental component of overall health and well-being. In line with the **World Oral Health Day theme, “A Happy Mouth is... A Happy Life”**, this camp emphasized the importance of maintaining good oral health as a key to a healthy and confident life. Adults are particularly vulnerable to dental diseases due to **inadequate oral hygiene practices, infrequent working hours, tobacco consumption habits and lack of awareness of effects of systemic diseases on oral health and vice-versa** . Early intervention through school-based programs plays a vital role in **preventing oral diseases and promoting lifelong healthy habits**.

Objectives

- To assess the oral health status of the employees of the organisation through screening
- To provide comprehensive basic dental treatment services
- To promote preventive oral healthcare practices
- To educate children on proper tooth-brushing techniques and oral hygiene
- To create awareness about the importance of regular dental check-ups and healthy dietary habits
- To sensitize employees about the harmful effects of tobacco and promote tobacco-free lifestyles

Target population:

- 134 Employees of the organisation were screened and treated



Activities Conducted

The following activities were carried out:

- **Oral Health Screening:** Assessment of dental caries, periodontal status, and other oral conditions
- **Dental Treatments Provided:**
 - Restorations
 - Oral prophylaxis (scaling and cleaning)
 - Preventive procedures
- **Tooth-Brushing Demonstration:** Live demonstration of correct brushing techniques
- **Oral Health Education:** Interactive sessions on maintaining good oral hygiene
- **Dietary Counselling:** Guidance on balanced nutrition and limiting sugar intake
- **Tobacco Cessation Counselling:** Awareness about the harmful effects of tobacco and motivation for tobacco-free living

Outcome & Impact

The camp significantly improved **oral health awareness among employees**, reinforcing the message that **good oral health contributes to overall well-being**. Early detection and treatment helped in **preventing progression of dental diseases**, while preventive education encouraged the adoption of **healthy oral hygiene practices**.

The program successfully instilled the concept that “**a happy mouth leads to a happy life**”, promoting both **oral and general health among the participants**.

Conclusion

The camp highlighted the importance of **integrating preventive, promotive, and curative oral healthcare services** institutional settings. Such initiatives play a crucial role in **building a generation of health-conscious individuals**, ensuring **healthier smiles and improved quality of life**.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS! - COMPREHENSIVE ORAL HEALTH & TREATMENT INITIATIVE

Date: 09 January 2026

Venue: Vasant Oasis, Makwana Road, Near Marol Police Station, Marol, Andheri East, Mumbai

Total Patients Screened and Treated: 134



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD DENTAL HEALTH MISSION

Date: 12 January 2026

Venue: ICDS Anganwadi Nos. 181, 182, 183 & 197, Kaji Takdi, Janta Market, GKW Gate, Bhandup West, Mumbai – 400078



Mumbai, Maharashtra, India



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Mumbai, Maharashtra 400078, India
Lat 19.141279° Long 72.92928°
Monday, 12/01/2026 11:52 AM GMT +05:30



Mumbai, Maharashtra, India



Mumbai, Maharashtra, India
4wrh+fmq, Bhandup, Ganesh Nagar, Bhandup West,
Mumbai, Maharashtra 400078, India
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ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD
DENTAL HEALTH MISSION**

Date: 12 January 2026

Venue: ICDS Anganwadi Nos. 181, 182, 183 & 197, Kaji Takdi, Janta Market, GKW Gate,
Bhandup West, Mumbai – 400078

Total Patients Screened: 92

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized a **comprehensive Oral Health Education and Screening Camp** on **12 January 2026** at the **ICDS Anganwadi cluster in Bhandup West**.

Target Population

Preschool-aged children and caregivers

Number of Beneficiaries

92 Preschool-aged children and their caregivers were screened and, educated

Rationale

Early childhood is a critical period for establishing healthy oral hygiene practices that influence long-term health outcomes. Children attending Anganwadi centres often belong to communities with **limited access to oral healthcare services and awareness**, making them more vulnerable to dental diseases. In alignment with the **World Oral Health Day 2026 theme, “A Happy Mouth is... A Happy Life”**, this initiative aimed to emphasize the importance of **good oral health in ensuring overall well-being and quality of life from an early age**.

Objectives

- To **assess the oral health status** of preschool children
- To provide **age-appropriate oral health education**
- To promote **early preventive oral healthcare practices**
- To educate caregivers on **maintaining children’s oral hygiene and healthy dietary habits**
- To create awareness about the **importance of early dental visits and prevention**



Target Population

Preschool-aged children and caregivers from the **ICDS Anganwadi centres at Kaji Takdi, Janta Market, Bhandup West.**

Activities Conducted

The following activities were carried out:

- **Oral Health Screening:** Examination of children for dental caries and other oral conditions
- **Oral Health Education:** Simple, interactive sessions tailored to the understanding level of young children
- **Tooth-Brushing Demonstration:** Demonstration of correct brushing techniques using models
- **Dietary Counselling:** Guidance to caregivers on reducing sugar intake and promoting nutritious food habits
- **Caregiver Education:** Emphasis on the role of parents and caregivers in maintaining children's oral hygiene

Outcome & Impact

The program effectively improved **awareness among children and caregivers regarding the importance of oral hygiene and preventive care.** Early screening facilitated **identification of dental issues at an initial stage**, enabling timely intervention. The initiative reinforced the message that **a healthy mouth contributes to a healthy and happy life**, encouraging families to adopt **better oral health practices.**

Conclusion

The camp highlighted the importance of **integrating oral health promotion into early childhood care settings such as Anganwadis.** Such community-based initiatives play a vital role in **building a strong foundation for lifelong oral health and overall well-being.**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS – EARLY CHILDHOOD
DENTAL HEALTH MISSION**

Date: 12 January 2026

Venue: ICDS Anganwadi Nos. 181, 182, 183 & 197, Kaji Takdi, Janta Market, GKW Gate,
Bhandup West, Mumbai – 400078

Total Patients Screened: 92



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: HEALTHY TEETH, HAPPY CHILDREN, THRIVING COMMUNITY – MANKHURD SLUM ORAL HEALTH OUTREACH

Date: 13/01/2026

Venue: Ekta Nagar, Mankhurd



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY TEETH, HAPPY CHILDREN, THRIVING
COMMUNITY – MANKHURD SLUM ORAL HEALTH OUTREACH**

Date: 13/01/2026

Venue: Ekta Nagar, Mankhurd

Total patients screened: 116

On **13 January 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a high-priority **Oral Health Education and Screening Camp** for the children and residents of Ekta Nagar urban slums, Mankhurd. This initiative was part of the global **World Oral Health Day 2026** campaign, centered on the theme: **“A Happy Mouth is... A Happy Life.”**

Rationale:

Children and adult residents living in underserved urban communities often face significant challenges in accessing oral healthcare services, resulting in a higher prevalence of untreated dental conditions. Early intervention through community-based outreach programmes is essential to promote preventive care and establish healthy habits. The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an Oral Health Education and Screening Camp at Ekta Nagar, Mankhurd, aimed to address oral health needs among children while promoting awareness and preventive practices within the community.

Objectives

- To promote oral health awareness among children, adolescents, adults and elderly
- To provide basic oral health screening services
- To facilitate early detection of dental problems
- To encourage preventive oral hygiene practices
- To strengthen community engagement in child oral health

Target Population

The programme focused on:

- Children, adolescents, adults and elderly residing in the Ekta Nagar slum community



Number of Beneficiaries

A total of 116 children were screened and educated on preventive oral healthcare practices.

Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to assess:

- Dental caries
- Oral hygiene status
- Gingival health
- Early signs of dental issues

Children identified with dental concerns were provided with appropriate guidance and referrals to Government Dental College & Hospital, Mumbai.

2. Oral Health Education and Awareness

Interactive educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in oral health
- Prevention of common dental diseases

Child-friendly methods, including demonstrations and visual aids, were used to ensure better understanding and engagement.

3. Behavioural Reinforcement

- Encouragement of daily oral hygiene practices
- Promotion of regular tooth brushing habits
- Motivation to adopt preventive behaviours from an early age

This component emphasized habit formation and long-term behavioural change.

Key Outcomes

- Early identification of dental problems among children
- Increased awareness regarding oral hygiene practices
- Improved understanding of preventive care among participants
- Encouraged adoption of healthy oral habits at a young age



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “Healthy Teeth, Happy Children, Thriving Community” outreach at Ekta Nagar, Mankhurd, successfully demonstrated the impact of community-based preventive oral health initiatives. By combining screening, education, and behavioural reinforcement, the programme contributed to improving oral health awareness and promoting sustainable habits among children.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: HEALTHY TEETH, HAPPY CHILDREN, THRIVING COMMUNITY – MANKHURD SLUM ORAL HEALTH OUTREACH

Date: 13/01/2026

Venue: Ekta Nagar, Mankhurd

Total patients screened: 116



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

**GDCH, MUMBAI: HEALTHY SMILES START WITH GOOD HABITS – CHEMBUR
EARLY CHILDHOOD OUTREACH**

Date: 16 January 2026

Venue: Shiv Hanuman Mandir, Vishnu Nagar, Chembur, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY SMILES START WITH GOOD HABITS – CHEMBUR
EARLY CHILDHOOD OUTREACH**

Date: 16 January 2026

Venue: Shiv Hanuman Mandir, Vishnu Nagar, Chembur, Mumbai

Total patients screened: 86

On **16 January 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a specialized **Oral Health Awareness and Screening Camp** at the Shiv Hanuman Mandir, Vishnu Nagar, Chembur. This initiative was conducted under the global **World Oral Health Day 2026** banner, reinforcing the theme: “**A Happy Mouth is... A Happy Life.**”

Rationale:

Early childhood is a critical period for establishing lifelong oral hygiene habits. Preventive interventions at this stage play a vital role in reducing the risk of dental diseases and promoting overall health and well-being. In alignment with the global initiative theme “**A Happy Mouth is a Happy Life**”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a specialized **Oral Health Awareness and Screening Camp** at Shiv Hanuman Mandir, Vishnu Nagar, Chembur. The initiative focused on **early childhood oral health promotion**, emphasizing habit formation, parental awareness, and preventive care.

Objectives

- To introduce **basic oral hygiene practices** among preschool children
- To promote **early childhood oral health awareness** among caregivers
- To facilitate **screening for common dental conditions in children**
- To encourage **healthy dietary and hygiene habits from an early age**

Target Population

The programme specifically catered to:

- Anganwadi students (preschool children)
- Parents and caregivers within the Vishnu Nagar community

Number of Beneficiaries

A total of **86 children** participated in the screening and oral health orientation programme.



Activities Conducted

1. Oral Health Screening for Children

Basic oral examinations were conducted to assess:

- Early childhood caries
- Oral hygiene status
- Presence of plaque and initial dental issues

Children requiring further care were guided and referred to Government Dental College & Hospital, Mumbai.

2. Interactive Oral Health Education

Age-appropriate and engaging educational sessions were conducted for children using:

- Demonstrations of correct tooth brushing techniques
- Visual aids and models
- Simple, child-friendly instructions on oral hygiene

The sessions emphasized **learning through interaction and demonstration.**

3. Parental and Caregiver Awareness

Parents and caregivers were educated on:

- Importance of primary teeth
- Role of diet in preventing dental caries
- Supervised brushing for children
- Need for early and regular dental visits

This component highlighted the **critical role of caregivers in shaping children's oral health behaviours.**

Conclusion

The “**Healthy Smiles Start with Good Habits**” outreach at Chembur successfully emphasized the significance of early childhood oral health and preventive care.

By combining screening, interactive education, and caregiver involvement, the programme contributed to building a strong foundation for lifelong oral health. Aligned with the vision of the FDI World Dental Federation, the initiative reinforces: “**A Happy Mouth is a Happy Life—Instilling Healthy Habits from the Start.**”



EVENT

**GDCH, MUMBAI: EMPOWERING TEACHERS AS ORAL HEALTH CHAMPIONS
– A TRAINING PROGRAM ON SCHOOL ORAL HEALTH PROMOTION**

Date: 17/01/2026

Venue: Century Mill Chawl, Worli



ORAL HEALTH EDUCATION TRAINING PROGRAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EMPOWERING TEACHERS AS ORAL HEALTH CHAMPIONS
– A TRAINING PROGRAM ON SCHOOL ORAL HEALTH PROMOTION**

Date: 17/01/2026

Venue: Century Mill Chawl, Worli

Total patients screened: 85

On **17 January 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a high-impact **Oral Health Awareness and Education Camp** at Century Mill Chawl, Worli. This session was specifically designed for the educators of the community, furthering the **World Oral Health Day 2026** mission: **“A Happy Mouth is... A Happy Life.”**

Target Population

School teachers and educational influencers residing and working in the Century Mill Chawl community.

Number of Beneficiaries

86 educators were screened and trained to become oral health advocates.

Activities Conducted:

- 1. Teacher Orientation & Hands-on Training**
- 2. Dietary & Hygiene Maintenance Guidance**

Rationale

Teachers are the backbone of community health education. By equipping them with the right knowledge and diagnostic awareness, we create a sustainable ripple effect that reaches every student they mentor. In the historic Chawls of Worli, where community ties are strong, empowering teachers is the most effective way to ensure that oral hygiene becomes a shared cultural value rather than just a medical recommendation.

Objectives

- Capacity Building:** Transform school teachers into "Oral Health Promoters" who can identify early dental issues in their classrooms.



- **Skill Development:** Training the teachers in demonstrating and supervising the correct tooth-brushing techniques for their students.
- **Nutritional Advocacy:** To provide teachers with the tools to guide students toward tooth-friendly dietary choices.
- **Clinical Wellness:** Provide the teachers themselves with a comprehensive screening to ensure they lead by example with healthy smiles.

Activities Conducted

The camp was an interactive workshop designed to bridge the gap between clinical knowledge and classroom application:

1. Teacher Orientation & Hands-on Training

- **Mastering the Brush:** A "live-action" demonstration of the **Modified Bass Technique and Fones Technique depending upon the age of the child**, ensuring every teacher could replicate the movements on dental models.
- **Classroom Screening:** The teachers were trained in identification of "white-spot lesions" and common signs of gingival inflammation in children, enabling early referral.

2. Dietary & Hygiene Maintenance Guidance

- **The Sugar-Caries Connection:** An interactive discussion on the impact of frequent snacking and the importance of rinsing after meals to maintain a neutral oral pH.
- **Oral Hygiene maintenance at school:** Strategies for implementing "supervised brushing" or "water-only rinsing" programs within the school environment were discussed.

3. Clinical Oral Health Screening

A total of 86 teachers underwent comprehensive dental examinations to evaluate:

- **Periodontal Health:** Checking for early signs of gum recession or calculus.
- **Caries Detection:** Identifying restorative needs to ensure the educators maintain their own dental wellness.

Impact

This outreach has successfully turned Century Mill Chawl into a hub of dental advocacy.

Key Outcomes:



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- By training 86 teachers, we have indirectly reached an estimated **2,500+ students** through future classroom reinforcement.
- Teachers reported feeling more confident in discussing dental health with both students and parents.

Conclusion

The “**A Happy Mouth is... A Happy Life**” campaign in Worli demonstrates that true public health starts with education. By empowering our teachers, the Department of Public Health Dentistry is ensuring that the foundation for healthy smiles is built not just in the clinic, but in the classroom.



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EMPOWERING TEACHERS AS ORAL HEALTH CHAMPIONS
– A TRAINING PROGRAM ON SCHOOL ORAL HEALTH PROMOTION**

Date: 17/01/2026

Venue: Century Mill Chawl, Worli

Total patients screened: 85



ORAL HEALTH EDUCATION TRAINING PROGRAM



EVENT

GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 19 January 2026

Venue: ICDS Anganwadi Nos. 179, 184, 186 & 190, Maharashtra Nagar, LBS Road, Bhandup West, Mumbai – 400078



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH
SCREENING AND EDUCATION CAMP**

Date: 19 January 2026

Venue: ICDS Anganwadi Nos. 179, 184, 186 & 190, Maharashtra Nagar, LBS Road,
Bhandup West, Mumbai – 400078

Total Children Screened: 98

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Health Screening and Education Camp** on **19 January 2026** for the children of **ICDS Anganwadi Centres in Bhandup West, Mumbai**.

The program aimed to promote **early oral health awareness and preventive dental care among young children**.

Target Population

Preschool-aged children and their caregivers from Anganwadi centers 179, 184, 186, and 190.

Number of Beneficiaries

98 young learners- preschool children and were screened and guided alongwith caregivers toward better oral health habits.

Rationale

Great health begins with "Little Steps." Unfortunately, early childhood decay is often overlooked until it causes severe pain. By bringing the team to the Maharashtra Nagar Anganwadi cluster, the goal was to shift the community's focus toward **preventive care**, ensuring that these children enter primary school with healthy, pain-free smiles and the knowledge to keep them that way.

Objectives

- **Perform** early-stage clinical screening to identify and intercept decay before it progresses.
- **Normalize** dental visits for children through a friendly, "fear-free" approach.
- **Educate** through play, teaching the basic mechanics of brushing and oral rinsing.



- **Support** Anganwadi workers in maintaining a "dental-friendly" environment for their students.

Activities Conducted

The camp was designed to be gentle, interactive, and highly visual for the children:

1. Interactive Education & Storytelling

- Using colorful dental models and puppets, our team demonstrated the "circular" brushing motion, making the habit feel like a game rather than a chore.
- **"Good Food, Strong Teeth"**: An interactive session identifying tooth-friendly foods (like fruits and vegetables) versus those that cause "sugar bugs" (like sticky candies).

2. Comprehensive Clinical Screening

A total of 98 children underwent systematic examinations to evaluate:

- **Caries Detection**: Identifying early "white-spot" lesions that can be managed with fluoride.
- **Gingival Health**: Checking for early signs of inflammation.
- **Oral Hygiene Status**: Assessing the effectiveness of current home-care practices.

3. Caregiver Counselling & Referral

Parents and Anganwadi staff were briefed on the importance of supervised brushing. Children requiring restorative care were referred to the **Government Dental College & Hospital, Mumbai**, with clear instructions for their guardians.

Conclusion

The **"A Happy Mouth is... A Happy Life"** initiative in Maharashtra Nagar proves that small interventions today lead to big smiles tomorrow. By focusing on these "Little Steps," the Department of Public Health Dentistry is ensuring a brighter, healthier future for Mumbai's children.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: LITTLE STEPS TO HEALTHY SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 19 January 2026

Venue: ICDS Anganwadi Nos. 179, 184, 186 & 190, Maharashtra Nagar, LBS Road, Bhandup West, Mumbai – 400078

Total Children Screened: 98



ORAL HEALTH EDUCATION TRAINING PROGRAM



EVENT

GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 20 January 2026

Venue: Anganwadi No. 201, Near Sai Baba Mandir, Vishnu Nagar, Chembur, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH
SCREENING AND EDUCATION CAMP**

Date: 20 January 2026

Venue: Anganwadi No. 201, Near Sai Baba Mandir, Vishnu Nagar, Chembur, Mumbai

Total Children Screened: 128

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Health Screening and Education Camp** on **20 January 2026** at **Anganwadi No. 201, Chembur** for young children. The camp aimed to promote **early oral health awareness and preventive dental care among Anganwadi children**. A total of **128 children** were screened for various oral health conditions.

Target Population

Preschool-aged children and their primary caregivers within the Vishnu Nagar community.

Number of Beneficiaries

128 young children received comprehensive dental screenings and preventive education alongwith their caregivers.

Rationale

The "Growing Smiles" of the children require the most "Gentle Care." In the early years, primary teeth are highly susceptible to decay, yet they are vital for proper chewing, clear speech, and the correct alignment of permanent teeth. By focusing on Anganwadi-201, the team addressed a critical need for accessible dental diagnostics in the Chembur area.

Objectives

- **Identify** early-stage pathologies such as Early Childhood Caries (ECC) before they result in pain or infection.
- **Demonstrate** proper, age-appropriate oral hygiene techniques to both children (Fones method) and their guardians (Modified bass technique).
- **Educate** on the relationship between diet and tooth decay, specifically targeting sugary snacking habits.
- **Streamline** referrals for children requiring specialized care at a tertiary facility.



Activities Conducted

The camp was designed to be interactive, engaging, and highly informative:

1. Pediatric Oral Health Education

- Using oversized dental models, children were invited to practice the correct circular brushing motion under the guidance of our dental surgeons.
- A visual session showing children how "crunchy" foods like carrots help clean teeth, while "sticky" foods like candies can cause decay.

2. Comprehensive Oral Screening

A systematic intra-oral examination was conducted for all 128 children to assess:

- **Caries Detection:** Identifying active decay and "white spot" lesions (reversible decay).
- **Gingival Status:** Checking for inflammation caused by plaque accumulation.
- **Developmental Progress:** Monitoring the eruption and spacing of the primary dentition.

3. Caregiver Counselling

A brief session was held for parents to explain that **Milk teeth are not temporary—they are the foundation as well they were explained about proper oral hygiene maintenance methods.** Caregivers were taught how to supervise brushing until the child develops the manual dexterity to do it effectively alone.

Impact

This outreach has significantly boosted the dental health safety net in Chembur.

Key Outcomes:

- By screening 128 children in one day, they were sensitised to take good care of their oral health.
- Several children with asymptomatic decay were fast-tracked to the **Government Dental College & Hospital** for preventive fillings.



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Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative in Vishnu Nagar successfully proved that with "Gentle Care," we can set children on a path to a lifetime of health. The Department of Public Health Dentistry remains committed to nurturing these "Growing Smiles" through consistent community engagement.



GDCH, MUMBAI: GENTLE CARE FOR GROWING SMILES- ORAL HEALTH SCREENING AND EDUCATION CAMP

Date: 20 January 2026

Venue: Anganwadi No. 201, Near Sai Baba Mandir, Vishnu Nagar, Chembur, Mumbai

Total Children Screened: 128



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 21 January 2026

Venue: Maharashtra Nagar, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH
AWARENESS AND SCREENING CAMP**

Date: 21 January 2026

Venue: Maharashtra Nagar, Mankhurd, Mumbai

Total Students Screened: 154

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Health Awareness and Screening Camp** on **21 January 2026** for the students of **Maharashtra Nagar, Mankhurd**. The program aimed to promote **oral health awareness and preventive dental care among school students**. This large-scale initiative is a cornerstone of our **World Oral Health Day 2026** campaign, championing the theme: **“A Happy Mouth is... A Happy Life.”**

Target Population

School students residing in the Maharashtra Nagar urban cluster.

Number of Beneficiaries

154 students successfully completed clinical screenings and interactive oral health training.

Rationale

Schools are the perfect environment to plant the seeds of lifelong wellness. In areas like Mankhurd, where access to private dental care may be limited, the school serves as a vital hub for public health intervention. By reaching 154 students in their own learning environment, we are not just treating teeth; we are integrating dental hygiene into their daily education.

Objectives

- Establish a comprehensive baseline of oral health for the student population in Maharashtra Nagar
- Standardize hygiene practices by teaching the "Two-Minute, Twice-a-Day" brushing rule.
- Turning a clinical examination into a positive, educational experience.
- Identify and refer students with advanced dental needs



Activities Conducted

The camp was structured to handle a high volume of students while maintaining a personalized, high-quality educational experience:

1. Interactive Oral Health Education

- The team used oversized models to demonstrate the proper circular brushing technique, ensuring students understood how to reach every tooth surface.
- A discussion on "decay-causing" vs. "tooth-protecting" foods, focusing on locally available healthy alternatives to sugary snacks.

2. Clinical Oral Health Screening

A systematic intra-oral examination was conducted for all 154 students to evaluate:

- **Caries Prevalence:** Recording indices to determine the community's need for restorative care.
- **Gingival Status:** Checking for early signs of gum inflammation and plaque buildup.
- **Eruption Monitoring:** Ensuring that the transition from primary to permanent teeth is progressing correctly.

3. Personalized Counselling

Each student received a brief one-on-one session to discuss their specific screening results and the importance of visiting a dentist every six months, even if they aren't in pain.

Impact

This outreach has significantly moved the needle for student health in Mankhurd.

Key Outcomes:

- By reaching 154 students, the camp has created a "peer-effect" where healthy habits are now a shared topic among classmates.
- Several cases of early decay were identified, allowing for simple preventive treatments that save the natural tooth.
- Provided a high-standard professional dental check-up to a population that often lacks consistent healthcare access.

Conclusion

The "A Happy Mouth is... A Happy Life" initiative in Maharashtra Nagar underscores our belief that schools are the front lines of public health. Through the "Healthy Teeth Start at School" program, the Department of Public Health Dentistry is helping to ensure that the future of Mankhurd is filled with healthy, confident smiles.



GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 21 January 2026

Venue: Maharashtra Nagar, Mankhurd, Mumbai

Total Students Screened: 154



ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: HEALTHY HABITS FOR A BRIGHT FUTURE- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 30 January 2026

Venue: Rising Star Preschool, MHADA Colony, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY HABITS FOR A BRIGHT FUTURE- ORAL HEALTH
AWARENESS AND SCREENING CAMP**

Date: 30 January 2026

Venue: Rising Star Preschool, MHADA Colony, Mankhurd, Mumbai

Total Children Screened: 180

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Health Screening and Education Camp** on **30 January 2026** at **Rising Star Preschool, MHADA Colony, Mankhurd**. The camp was conducted with the objective of promoting **preventive oral healthcare and oral hygiene awareness among preschool children**.

Target Population

Preschool students and early learners residing in the MHADA Colony urban cluster.

Number of Beneficiaries

180 young students received professional dental screenings and interactive oral health training.

Rationale

The "Bright Future" of a child starts with the "Healthy Habits" formed today. In high-density residential colonies like MHADA, children are often exposed to a wide variety of sugary snacks and processed foods. Without early intervention, these dietary patterns can lead to aggressive tooth decay in primary teeth. By bringing a large-scale camp to Rising Star Preschool, the aim was to instill a sense of "dental pride" in these 180 students.

Objectives

- Conduct a comprehensive oral health audit of a large preschool population to identify urgent clinical needs
- Teach toddlers the "Circular Brushing Technique" to build their manual dexterity.
- Educate children on the difference between "tooth-friendly" snacks and those that cause "sugar bugs."
- To create awareness among the caregivers and bridge the gap between school health and home-care.



Activities Conducted

Given the large number of young children, the camp was organized into high-engagement activity stations:

1. Interactive Oral Health Education

- The oversized models and puppets were used to demonstrate the correct circular motion. Each child was encouraged to "Tell, Show, and Do" to ensure they mastered the technique.
- A fun, visual game where children identified tooth-healthy foods like apples and milk versus sticky candies and sodas.

2. Clinical Oral Health Screening

A systematic intra-oral examination was conducted for all 180 students to assess:

- Identifying Early Childhood Caries (ECC) and recording the need for preventive measures.
- Monitoring the spacing and growth of the primary dentition.
- Evaluating the effectiveness of home-care and identifying areas for improvement.

Impact

This outreach has set a new benchmark for preschool dental health in Mankhurd.

Key Outcomes:

- By educating 180 children, the program has reached 180 families in the MHADA colony, creating a community-wide conversation on dental health.
- Identified several cases of asymptomatic decay that can now be managed with simple fillings rather than extractions.
- 100% of the students had a "fear-free" encounter with the dental surgeons, reducing future dental anxiety.

Conclusion

The "A Happy Mouth is... A Happy Life" initiative at Rising Star Preschool successfully demonstrated that with the right habits, every child can have a bright future. As we move closer to the global celebrations in March, the Department of Public Health Dentistry continues to lead the charge for paediatric oral health equity in Mumbai.



GDCH, MUMBAI: HEALTHY HABITS FOR A BRIGHT FUTURE- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 30 January 2026

Venue: Rising Star Preschool, MHADA Colony, Mankhurd, Mumbai

Total Children Screened: 180



Mumbai, Maharashtra, India
Shop No. 43, Building No. 91/b, Mankhurd West, Pmg Colony, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.053968° Long 72.933377°
Friday, 30/01/2026 11:35 AM GMT +05:30

Mumbai, Maharashtra, India
Shop No. 43, Building No. 91/b, Mankhurd West, Pmg Colony, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.053977° Long 72.933374°
Friday, 30/01/2026 11:35 AM GMT +05:30



Mumbai, Maharashtra, India
Shop No. 43, Building No. 91/b, Mankhurd West, Pmg Colony, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.053939° Long 72.933378°
Friday, 30/01/2026 12:07 PM GMT +05:30



Mumbai, Maharashtra, India
Shop No. 43, Building No. 91/b, Mankhurd West, Pmg Colony, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.053942° Long 72.933379°
Friday, 30/01/2026 12:07 PM GMT +05:30

ORAL HEALTH SCREENING AND EDUCATION PROGRAM



EVENT

GDCH, MUMBAI: EARLY DETECTION SAVES LIVES: ORAL CANCER SCREENING & TOBACCO CESSATION INITIATIVE

Date: 03 February 2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EARLY DETECTION SAVES LIVES: ORAL CANCER
SCREENING & TOBACCO CESSATION INITIATIVE**

Date: 03 February 2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai

Total Patients Screened: 15

On the occasion of **World Cancer Day** and as part of the ongoing initiative of **World Oral Health Day 2026** campaign: "A Happy Mouth is... A Happy Life", the **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Cancer Screening Camp along with Tobacco Cessation Counselling** on **03 February 2026** at the **Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd**. The camp aimed to promote **early detection of oral precancerous and cancerous lesions** and to raise awareness about the **harmful effects of tobacco use** among residents of the urban slum community.

Target Population

High-risk residents of the Maharashtra Nagar urban slums, specifically targeting chronic tobacco and betel nut users.

Number of Beneficiaries

15 individuals received intensive clinical screenings and one-on-one behavioural counselling.

Rationale

In underserved urban pockets, tobacco use is often a deeply ingrained habit, leading to a high incidence of oral cancer -a disease that is often diagnosed too late. Early detection is the most powerful tool we have to change the survival rate. The goal was to identify early warning signs (precancerous lesions) and provide residents with a clear, supported pathway to quit tobacco, proving that a "Happy Mouth" is one that is free from the threat of malignancy.

Objectives

- **Perform** expert visual and tactile examinations of the oral mucosa to detect early signs of cancer or precancer.



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- **Educate** the community on the "Five Warning Signs" of oral cancer that require immediate medical attention.
- **Provide** evidence-based tobacco cessation counselling tailored to the socio-economic context of the residents.
- **Establish** an immediate referral link for suspicious cases to the specialized departments at GDC&H.

Activities Conducted

This camp utilized a high-standard diagnostic protocol tailored for early detection:

1. Specialized Clinical Screening

The team conducted thorough examinations of the tongue, floor of the mouth, and buccal mucosa to look for:

- Identifying white or red patches that may be precancerous.
- Assessing restricted mouth opening, a common condition among betel nut chewers.
- Checking for any sores that have persisted for more than two weeks.

2. Tobacco Cessation Counseling (TCC)

- Residents received personalized sessions explaining the direct biological link between their habits and cellular changes in the mouth.
- The team provided behavioral strategies to manage cravings and discussed the long-term benefits of a tobacco-free life.

3. Awareness & Self-Examination Training

- Participants were taught how to use a mirror to perform "Oral Self-Examinations" at home, allowing them to monitor their own mucosal health between professional visits.

Impact

While the group was smaller than our school camps, the clinical impact of this mission was profound.

Key Outcomes:

- By focusing on high-risk individuals, we were able to provide deep-dive screenings that are not always possible in larger, general camps.
- Suspicious lesions identified during the camp were fast-tracked for biopsy and specialist consultation at **Government Dental College & Hospital, Mumbai**.



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- The 15 participants now serve as "Health Ambassadors" within Maharashtra Nagar, equipped to tell their neighbors about the importance of early screening.

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative on World Cancer Day successfully brought life-saving diagnostics to the doorstep of those who need it most. The Department of Public Health Dentistry remains committed to the fight against oral cancer through early detection and consistent community support.



GDCH, MUMBAI: EARLY DETECTION SAVES LIVES: ORAL CANCER SCREENING & TOBACCO CESSATION INITIATIVE

Date: 03 February 2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai

Total Patients Screened: 15



ORAL CANCER SCREENING & TOBACCO CESSATION INITIATIVE



EVENT

GDCH, MUMBAI: EMPOWERING YOUTH FOR ORAL CANCER PREVENTION AND TOBACCO-FREE LIVES

Date: 04 February 2026

Venue: Guru Nanak Secondary School, Wadala East, Sion, Mumbai



TOBACCO CESSATION COUNSELLING AND ORAL CANCER PREVENTION TRAINING PROGRAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING YOUTH FOR ORAL CANCER PREVENTION AND TOBACCO-FREE LIVES

Date: 04 February 2026

Venue: Guru Nanak Secondary School, Wadala East, Sion, Mumbai

Total Participants Trained: 100

On the occasion of **World Cancer Day (4 February 2026)** and the ongoing **World Oral Health Day 2026** campaign: “A Happy Mouth is... A Happy Life”, the **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, organized a **Cancer Awareness Program for Youth** focusing on **Oral Cancer Prevention, Early Detection, and Tobacco Cessation** at **Guru Nanak Secondary School, Wadala East, Sion**. The program aimed to create awareness among students about the **harmful effects of tobacco use and the importance of early detection of oral cancer**.

Target Population

Youth and students of **Guru Nanak College of Arts, Science & Commerce**.

Number of Beneficiaries

100 students were trained in oral cancer awareness, early detection, and tobacco cessation strategies.

Rationale

The youth are the most targeted demographic for tobacco marketing, making them the front line in the fight against oral cancer. Most tobacco-related diseases manifest in adulthood, but the habits often begin in college. By bringing this awareness program to **Guru Nanak College** on **World Cancer Day**, the goal was to strip away the social allure of tobacco and replace it with a clear understanding of its biological consequences, ensuring these students lead a life free from the threat of malignancy.

Objectives

- **De-glamorize Tobacco:** Present evidence-based information on the harmful effects of smoking and smokeless tobacco.



- **Early Detection Literacy:** Educate students to recognize early warning signs of oral cancer in themselves and others.
- **Cessation Advocacy:** Encourage open discussion on nicotine dependence and provide guidance and resources for quitting tobacco.
- **Lifestyle Empowerment:** Promote healthy lifestyle practices, including regular dental check-ups and good oral hygiene.

Activities Conducted

The program was designed to be interactive and impactful, moving away from traditional lectures toward a dialogue-based approach:

1. "Recognize the Signs" Workshop

Students were educated on the primary indicators of oral health issues that require medical attention:

- **The Five Warning Signs:** Non-healing ulcers, persistent red/white patches, unusual swelling, difficulty in swallowing, and restricted mouth opening (OSMF).
- **Self-Examination Training:** A brief guide on how students can perform simple oral self-checks at home to stay vigilant about their mucosal health.

2. Tobacco Cessation Counseling (TCC) for Youth

- **The Science of Addiction:** Explaining how nicotine affects the brain and the oral cavity simultaneously.
- **Interactive Q&A:** An open forum where students asked questions about the risks of modern trends like vaping and flavored tobacco products.
- **Peer Support:** Encouraging students to act as "Anti-Tobacco Ambassadors" within their friend groups and families.

3. Preventive Oral Health Maintenance

- **Regular Check-up Advocacy:** Emphasizing that a dentist is the first line of defense in detecting asymptomatic cancer.
- **Hygiene & Nutrition:** Discussing how a balanced diet rich in antioxidants can play a role in maintaining healthy oral tissues.



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Impact

This World Cancer Day initiative has turned 100 students into informed advocates for oral health.

- Students demonstrated a high level of engagement, particularly in identifying the early symptoms of Oral Potentially Malignant Disorders (OPMDs).
- By discussing tobacco cessation openly, the program reduced the hesitation students feel when seeking help for addiction.
- With 100 students trained, the message of oral cancer prevention is now spreading through the campus and into 100 different households in the Sion area.

Conclusion

The “**A Happy Mouth is... A Happy Life**” campaign at Guru Nanak College proved that education is the most powerful tool for prevention. By empowering our youth on World Cancer Day, the Department of Public Health Dentistry is investing in a future where oral cancer is detected early and tobacco use is a thing of the past.



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY

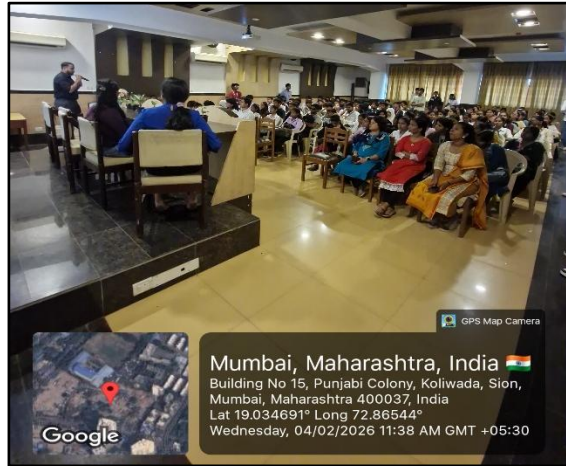


GDCH, MUMBAI: EMPOWERING YOUTH FOR ORAL CANCER PREVENTION AND TOBACCO-FREE LIVES

Date: 04 February 2026

Venue: Guru Nanak Secondary School, Wadala East, Sion, Mumbai

Total Participants Trained: 100



CANCER AWARENESS PROGRAM FOR YOUTH



EVENT

**GDCH, MUMBAI: CARING TOGETHER FOR HEALTHIER SMILES FOR
 UNIQUE NEEDS- ORAL HEALTH EDUCATION CAMP**

Date: 05/02/2026

Venue: Ashiana Institute of Autism, Andheri, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: CARING TOGETHER FOR HEALTHIER SMILES FOR
UNIQUE NEEDS- ORAL HEALTH EDUCATION CAMP**

Date: 05/02/2026

Venue: Ashiana Institute of Autism, Andheri

No of Beneficiaries: 35

On the occasion of **Maharashtra State Oral Health Week**, the initiative of the Government of Maharashtra, observed on **5th February 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a comprehensive oral health awareness and screening program at **Ashiana Institute of Autism, Andheri East, Mumbai**. This initiative embodies our core mission: “A Happy Mouth is... A Happy Life — For Every Child.”

The program aimed to promote preventive oral healthcare and improve awareness regarding oral hygiene practices among children with special needs, particularly children with Autism Spectrum Disorder (ASD). The initiative emphasized inclusive dental care, early diagnosis, and active parental involvement.

Objectives of the Program

1. To create awareness about the importance of oral hygiene among children with special needs.
2. To provide comprehensive pediatric oral health screening.
3. To educate parents and caregivers about preventive dental practices.
4. To encourage early identification and management of oral diseases.
5. To promote inclusive and compassionate dental healthcare services.

Target Population

Children with Autism Spectrum Disorder (ASD), along with their dedicated parents and educators.

Number of Beneficiaries

35 children received specialized screenings and sensory-friendly oral health education.



Program Activities

1. Musical Skit on Oral Health Awareness

A creative and engaging musical skit was performed to educate children about good oral hygiene practices. Through songs, role play, and interactive demonstrations, the children were taught:

- Proper toothbrushing techniques
- Importance of brushing twice daily
- Harmful effects of sugary foods
- Importance of regular dental visits

The visual and auditory format of the skit helped children with unique learning needs grasp concepts effectively.

2. Interactive Oral Health Game

An engaging activity titled “**Happy Tooth vs Unhealthy Tooth**” was conducted. Children participated in:

- Identifying healthy and unhealthy food items
- Understanding good and bad oral habits
- Sorting activities with pictorial representations

This activity enhanced participation, improved understanding, and made learning enjoyable.

3. Comprehensive Pediatric Oral Health Screening

A detailed oral examination of the children was carried out by the faculty and team of the Department of Public Health Dentistry.

The screening included:

- Examination for dental caries
- Assessment of oral hygiene status
- Evaluation for gingival problems
- Identification of developmental anomalies

Individual findings were recorded, and referrals were advised wherever required for further treatment at Government Dental College & Hospital, Mumbai.

4. Parental Counselling and Guidance

Recognizing the crucial role of caregivers, a focused counselling session was conducted for parents and teachers. The session covered:



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- Modified brushing techniques for children with special needs
- Use of adaptive toothbrushes and aids
- Dietary counselling
- Preventive measures such as fluoride application and sealants
- Importance of routine dental check-ups

Interactive discussions addressed common challenges faced by parents in maintaining oral hygiene for children with autism.

Conclusion

The Maharashtra State Oral Health Day celebration at Ashiana Institute of Autism was a meaningful step toward inclusive oral healthcare. By combining education, screening, and parental empowerment, the Department of Public Health Dentistry reaffirmed its commitment to preventive dentistry and community service. The initiative successfully promoted the message that every child, regardless of ability, deserves a healthy smile and accessible dental care.



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: CARING TOGETHER FOR HEALTHIER SMILES FOR
UNIQUE NEEDS- ORAL HEALTH EDUCATION CAMP**

Date: 05/02/2026

Venue: Ashiana Institute of Autism, Andheri

No of Beneficiaries: 35



Mumbai, Maharashtra, India
4v62+2x5, Sahar Rd, Near Garware Plastic, Koldongri, Andheri East, Mumbai, Maharashtra 400069, India
Lat 19.110049° Long 72.852621°
Thursday, 05/02/2026 11:17:38 AM GMT +05:30



Mumbai, Maharashtra, India
4r3x+m7r, Parle Tilak Vidyalaya Rd, Near Cosmos Bank East, Vishnu Prasad Society, Navpada, Vile Parle East, Vile Parle, Mumbai, Maharashtra 400057, India
Lat 19.104182° Long 72.848097°
Thursday, 05/02/2026 11:29 AM GMT

ORAL HEALTH EDUCATION CAMP



EVENT

GDCH, MUMBAI: EARLY DETECTION AND TOBACCO CESSATION FOR BETTER ORAL HEALTH

Date: 05 February 2026

Venue: Vision Rescue Community Centre, Near Shanti Nagar Police Chowki, Kalwa East



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EARLY DETECTION AND TOBACCO CESSATION FOR
BETTER ORAL HEALTH**

Date: 05 February 2026

Venue: Vision Rescue Community Centre, Near Shanti Nagar Police Chowki, Kalwa East

Total Patients Screened: 54

In celebration of **Maharashtra State Oral Health Week**, the initiative of the Government of Maharashtra, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a specialized **Oral Precancerous and Cancerous lesions Screening and Tobacco Cessation Camp** on **05 February 2026**. Held at the Vision Rescue Community Center in Kalwa East, this mission is a cornerstone of our **World Oral Health Day 2026** initiative: **“A Happy Mouth is... A Happy Life.”** The camp aimed to promote **early detection of oral cancer and encourage tobacco cessation among high-risk individuals.**

Target Population

High-risk residents of the Kalwa East urban clusters, with a specific focus on long-term tobacco and betel nut users.

Number of Beneficiaries

54 residents underwent detailed clinical examinations and behavioural counselling.

Rationale

Early detection is the most effective weapon against oral malignancy. In communities like Kalwa, where tobacco use is often prevalent and professional dental check-ups are infrequent, many precancerous conditions go unnoticed until they reach an advanced stage. By bringing specialized screening directly to the Shanti Nagar area, our team aimed to identify these "hidden" lesions. This camp was not just about diagnosing disease; it was about empowering individuals to recognize changes in their own mouths and providing the support needed to quit tobacco for good.

Objectives

- **Perform** expert visual and tactile examinations of the oral mucosa to detect early signs of cancer or precancer.



- **Educate** the community on the "Five Warning Signs" of oral cancer that require immediate medical attention.
- **Provide** evidence-based tobacco cessation counselling tailored to the socio-economic context of the residents.
- **Establish** an immediate referral link for suspicious cases to the specialized departments at GDC&H.

Activities Conducted

This camp utilized a high-standard diagnostic protocol tailored for early detection:

1. Specialized Clinical Screening

The team conducted thorough examinations of the tongue, floor of the mouth, and buccal mucosa to look for:

- Identifying white or red patches that may be precancerous.
- Assessing restricted mouth opening, a common condition among betel nut chewers.
- Checking for any sores that have persisted for more than two weeks.

2. Tobacco Cessation Counselling (TCC)

- Residents received personalized sessions explaining the direct biological link between their habits and cellular changes in the mouth.
- The team provided behavioural strategies to manage cravings and discussed the long-term benefits of a tobacco-free life.

3. Awareness & Self-Examination Training

- Participants were taught how to use a mirror to perform "Oral Self-Examinations" at home, allowing them to monitor their own mucosal health between professional visits.

Impact

While the group was smaller than our school camps, the clinical impact of this mission was profound.

Key Outcomes:

- By focusing on high-risk individuals, we were able to provide deep-dive screenings that are not always possible in larger, general camps.
- Suspicious lesions identified during the camp were fast-tracked for biopsy and specialist consultation at **Government Dental College & Hospital, Mumbai.**



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- The 54 participants now serve as "Health Ambassadors" within Maharashtra Nagar, equipped to tell their neighbours about the importance of early screening.

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative in Kalwa East successfully proved that prevention and early detection are the keys to a thriving community. The Department of Public Health Dentistry continues its journey toward a tobacco-free Mumbai, one screening at a time.



**GDCH, MUMBAI: EARLY DETECTION AND TOBACCO CESSATION FOR
BETTER ORAL HEALTH**

Date: 05 February 2026

Venue: Vision Rescue Community Centre, Near Shanti Nagar Police Chowki, Kalwa East

Total Patients Screened: 54



EARLY DETECTION FOR PML AND TOBACCO CESSATION CAMP

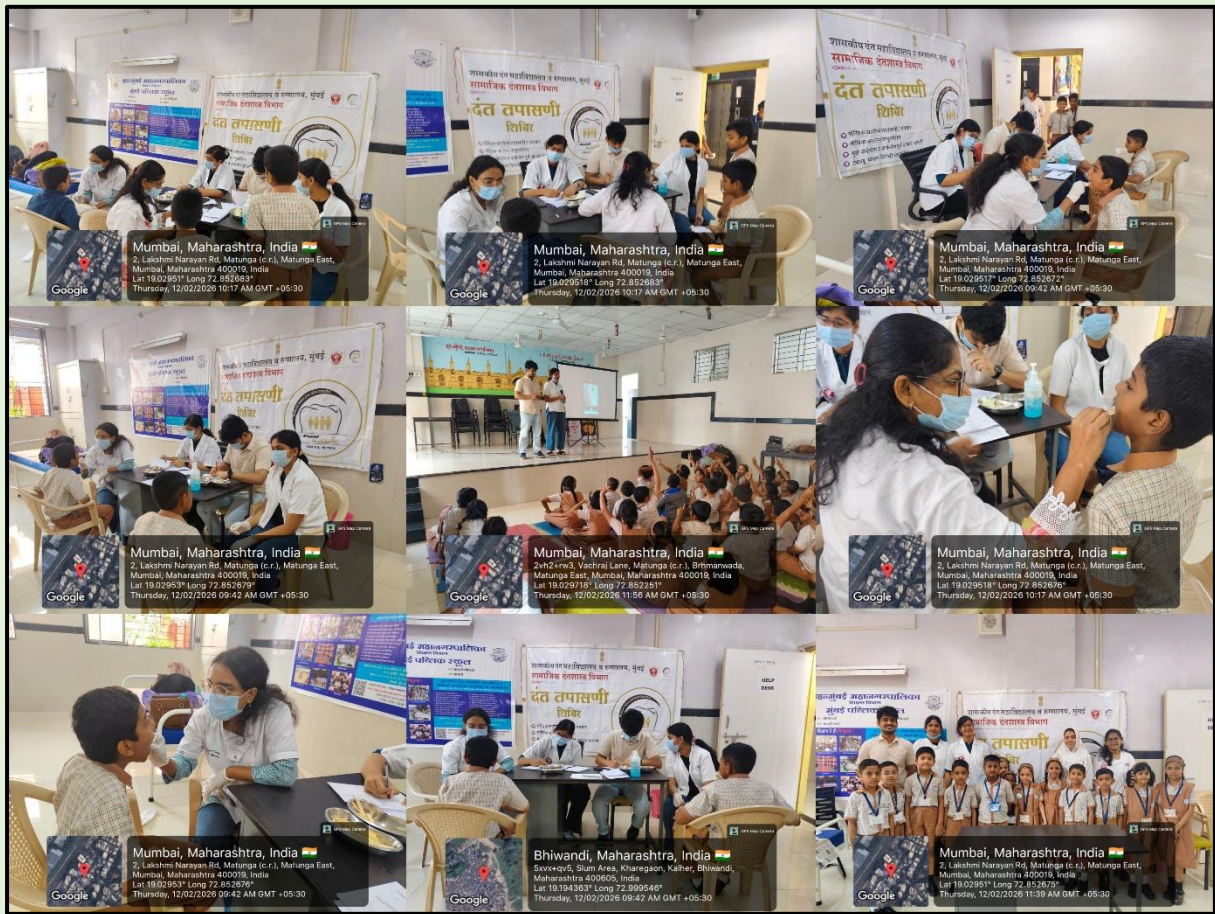


EVENT

GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 12 February 2026

Venue: L. K. Waghji Cambridge School, Matunga, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH
AWARENESS AND SCREENING CAMP**

Date: 12 February 2026

Venue: L. K. Waghji Cambridge School, Matunga, Mumbai

Total Students Screened: 136

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized an **Oral Health Awareness and Screening Camp** on **12 February 2026** for the students of **L. K. Waghji Cambridge School, Matunga**.

The program aimed to promote **oral health awareness and preventive dental care among school children**. This initiative is a key milestone in our **World Oral Health Day 2026** campaign: **“A Happy Mouth is... A Happy Life.”**

Target Population

School children and young learners of L. K. Waghji Cambridge School.

Number of Beneficiaries

136 students participated in professional dental screenings and interactive health workshops.

Rationale

A "Healthy Future" begins with the habits formed in the classroom. Schools are the ideal setting to normalize dental care and move away from "emergency-only" visits to a mindset of consistent prevention. By reaching 136 students in Matunga, our team aimed to provide more than just a check-up; we provided a foundation of knowledge that protects their smiles during their most critical years of dental development.

Objectives

- Perform a full-scale oral health check-up to identify cavities, gum issues, and orthodontic needs.
- Standardize hygiene techniques, ensuring every student masters the art of effective brushing.
- Educate on the "hidden sugars" in modern diets and how to make tooth-friendly food choices.



Activities Conducted

The camp was designed to be informative, professional, and highly engaging for the students:

1. Interactive Oral Health Education

- The team demonstrated the Modified Bass Technique using oversized models, allowing students to practice the exact angles needed to clear plaque from the gum line.
- An interactive session on how oral health affects overall concentration and school performance, focusing on a balanced, tooth-friendly diet.

2. Comprehensive Clinical Screening

A systematic intra-oral examination was conducted for all 136 students to evaluate:

- Caries Detection: Identifying early decay in both primary and permanent teeth.
- Gingival Health: Assessing for inflammation and the early signs of plaque-related gum disease.
- Orthodontic Assessment: Monitoring tooth alignment and jaw development to provide early guidance for corrective care if needed.

The students were referred to the Government Dental College and Hospital, Mumbai for required treatment.

Conclusion

The “A Happy Mouth is... A Happy Life” initiative at L. K. Waghji Cambridge School has reaffirmed that when Healthy Teeth Start at School, they last a lifetime. The Department of Public Health Dentistry remains committed to nurturing the smiles of Mumbai’s students, one school at a time.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: HEALTHY TEETH START AT SCHOOL- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 12 February 2026

Venue: L. K. Waghji Cambridge School, Matunga, Mumbai

Total Students Screened: 136



Mumbai, Maharashtra, India
2, Lakshmi Narayan Rd, Matunga (c.r.), Matunga East, Mumbai, Maharashtra 400019, India
Lat 19.029518° Long 72.852683°
Thursday, 12/02/2026 10:17 AM GMT +05:30



Mumbai, Maharashtra, India
2vh2+rww3, Vaehraj Lane, Matunga (c.r.), Brhmanwada, Matunga East, Mumbai, Maharashtra 400019, India
Lat 19.029718° Long 72.852182°
Thursday, 12/02/2026 11:56 AM GMT +05:30



Mumbai, Maharashtra, India
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Lat 19.02951° Long 72.852675°
Thursday, 12/02/2026 11:39 AM GMT +05:30

ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS- ORAL HEALTH EDUCATION AND SCREENING CAMP

Date: 13 February 2026

Venue: Mohd. Umer Rajjab Road School, Mandanpura, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS- ORAL
HEALTH EDUCATION AND SCREENING CAMP**

Date: 13 February 2026

Venue: Mohd. Umer Rajjab Road School, Mandanpura, Mumbai

Total Students Screened: 107

On **13 February 2026**, the **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully conducted an **Oral Health Education and Screening Camp** for the students of **Mohd. Umer Rajjab Road School, Mandanpura**.

The camp aimed to promote **oral health awareness and preventive dental care among school children**.

Target Population

School students and young learners of Mohd. Umer Rajjab Road School.

Number of Beneficiaries

107 students received professional dental screenings and interactive health workshops.

Rationale

A "Strong Smile" is built on the foundation of "Smart Habits." In bustling urban clusters like Mandanpura, children are often surrounded by high-sugar dietary options and may lack regular access to specialized dental care. By bringing the team directly into the school environment, we transformed the classroom into a center for preventive wellness. The objective was to move beyond simple check-ups, empowering these 107 students with the practical skills and nutritional knowledge needed to protect their oral health for a lifetime.

Objectives

- Identify early-stage dental caries and periodontal issues through systematic screening.
- Demonstrate the correct mechanics of brushing to ensure students can maintain hygiene independently.
- Counsel students on the link between a balanced diet and long-term tooth strength.
- Provide a clear pathway for follow-up care at a tertiary facility for those with urgent clinical needs.



Activities Conducted

The camp was designed to be informative, interactive, and highly visual:

1. Interactive Oral Health Education

- **Mastering the Brush:** The team used oversized models to demonstrate the circular brushing technique. Students were encouraged to participate, ensuring they mastered the pressure and angles needed to clean effectively.
- **Nutritional Guidance:** An interactive discussion on "Tooth-Friendly" vs. "Tooth-Damaging" foods, teaching students how to identify hidden sugars in snacks and beverages.

2. Comprehensive Clinical Screening

A systematic intra-oral examination was conducted for all 107 students to assess:

- **Caries Detection:** Identifying decay in both primary and permanent teeth to prevent future pain or infection.
- **Gingival Health:** Checking for early signs of gum inflammation and plaque buildup.
- **Oral Hygiene Status:** Evaluating the effectiveness of home-care and providing personalized tips for improvement.

Each student's findings were documented, and those requiring restorative or specialized care were issued referral slips to the **Government Dental College & Hospital, Mumbai**.

Conclusion

The "A Happy Mouth is... A Happy Life" initiative at Mohd. Umer Rajjab Road School proves that when we invest in **Smart Habits**, we invest in a stronger future for Mumbai's children. The Department of Public Health Dentistry remains committed to bringing world-class oral healthcare to every neighbourhood in the city.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: STRONG TEETH BEGIN WITH SMART HABITS- ORAL HEALTH EDUCATION AND SCREENING CAMP

Date: 13 February 2026

Venue: Mohd. Umer Rajjab Road School, Mandanpura, Mumbai

Total Students Screened: 107



ORAL HEALTH AWARENESS AND SCREENING CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS: REHABILITATIVE CARE AT DAVID SASSOON SCHOOL

Date: 17 February 2026

Venue: David Sassoon School, Matunga Road, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS: REHABILITATIVE
CARE AT DAVID SASSOON SCHOOL**

Date: 17 February 2026

Venue: David Sassoon School, Matunga Road, Mumbai

Total Students Screened: 65

On **17 February 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a specialized **Oral Health Awareness and Screening Camp** at the David Sassoon School, Matunga Road. This initiative is a vital pillar of our **World Oral Health Day 2026** mission: “**A Happy Mouth is... A Happy Life.**” The program aimed to promote **oral health awareness and preventive dental care among children in a supportive and rehabilitative environment.**

Target Population

Children and youth currently residing at the David Sassoon Industrial School, an institution dedicated to the protection and rehabilitation of children affected by neglect and domestic challenges.

Number of Beneficiaries

65 students received comprehensive clinical screenings and restorative hygiene education.

Rationale

Health equity means ensuring that children in rehabilitative care receive the same standard of preventive dentistry as any other student. The **David Sassoon Industrial School**, originally established as a juvenile reformatory, now functions as a **rehabilitative and educational institution under the Children’s Aid Society**. Founded in **1927 as a government initiative**, the institution continues its mission to **protect and support children affected by neglect, exploitation, trafficking, and domestic challenges**. Children in such environments often have a history of inconsistent healthcare access, making them highly vulnerable to untreated dental decay and gum disease.

Objectives

- Promote awareness about preventive oral healthcare among school children



- Encourage adoption of correct tooth-brushing techniques and healthy dietary practices
- Identify early signs of oral diseases through oral health screening

Activities Conducted

The camp was structured to be supportive, educational, and clinically thorough:

1. Interactive Oral Health Education for Students

An engaging oral health awareness session was conducted using interactive discussions and demonstrations focusing on:

- Importance of oral hygiene and healthy habits
- Correct tooth-brushing techniques
- Harmful effects of tobacco and substance abuse
- Prevention of dental caries and gum diseases
- Golden Rules of maintaining proper oral health

2. Clinical Oral Health Screening

A systematic intra-oral examination was conducted for all 65 students to evaluate:

- Screening for tooth decay to prevent future pain or infection.
- Assessing for gingival inflammation and the presence of dental plaque.
- Ensuring no underlying soft-tissue pathologies were present.

Impact

This outreach at David Sassoon School has successfully integrated oral health into the rehabilitative journey of these children. The initiative emphasized the importance of **preventive care at an early age**, helping to instill healthy habits and awareness, thereby contributing to the overall well-being and development of the children.

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative at David Sassoon School proves that **Better Teeth** truly lead to **Brighter Minds**. The Department of Public Health Dentistry remains dedicated to reaching every child in Mumbai, especially those in the most challenging circumstances, to ensure their smiles are never left behind.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: BETTER TEETH, BRIGHTER MINDS: REHABILITATIVE CARE AT DAVID SASSOON SCHOOL

Date: 17 February 2026

Venue: David Sassoon School, Matunga Road, Mumbai

Total Students Screened: 65



ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: SCREEN, EDUCATE, DEMONSTRATE – SHAPING LIFELONG ORAL HEALTH HABITS

Date: 26–27 February 2026

Venue: Gundawali Public School, Andheri East, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: SCREEN, EDUCATE, DEMONSTRATE – SHAPING LIFELONG ORAL HEALTH HABITS

Date: 26–27 February 2026

Venue: Gundawali Public School, Andheri East, Mumbai

Total Students Screened: 540

The **Department of Public Health Dentistry, Government Dental College and Hospital, Mumbai**, successfully organized a **two-day Oral Health Screening, Education, and Tooth-Brushing Demonstration Camp** on **26th and 27th February 2026** at **Gundawali Public School, Andheri East, Mumbai**. This large-scale mission is a cornerstone of our **World Oral Health Day 2026** campaign: **“A Happy Mouth is... A Happy Life.”** The program aimed to promote **oral health awareness and preventive dental care among school children**.

Target Population

The entire student body of Gundawali Public School, spanning primary and secondary grades.

Number of Beneficiaries

540 students received comprehensive dental screenings and hands-on hygiene training.

Rationale

To transform the oral health of a city, we must reach its children at scale. A two-day "Mega-Camp" allows for more than just a passing glance; it creates a school-wide culture of wellness. By immersing 540 students in a curriculum of prevention, we ensure that healthy habits are not just taught, but demonstrated and reinforced. In the busy urban hub of Andheri East, providing this level of professional access directly within the school gates removes the barriers of cost and travel, ensuring every child starts their day with a healthy smile.

Objectives

- **Mass Screening:** Conduct a thorough oral health audit to identify the community's prevalence of dental caries and gingival disease.
- **Live Demonstration:** Use high-fidelity dental models to turn abstract hygiene concepts into physical skills.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Visual Literacy: Utilize flip charts and interactive media to explain the "why" behind oral health, from diet to systemic wellness.

Activities Conducted

The camp was organized as a high-efficiency "Wellness Circuit" to ensure every student received personalized attention:

1. Interactive Oral Health Education

- The team led small-group demonstrations using oversized models, teaching the circular brushing technique. Every student was given the opportunity to practice the motion, ensuring they mastered the dexterity needed for effective cleaning.
- **Flip-Chart Storytelling:** The visual aids were used to illustrate the journey of a tooth, from health to decay, and how "Smart Habits" can reverse early damage.

2. Comprehensive Clinical Screening

A team of specialists conducted systematic intra-oral examinations for all 540 students to assess:

- Dental Decay: Identifying active caries in both primary and permanent teeth.
- Gingival Health: Checking for signs of inflammation, bleeding, or plaque-induced gingivitis.
- Orthodontic Needs: Monitoring for malocclusion or crowding that may require specialized intervention.

Conclusion

The "A Happy Mouth is... A Happy Life" initiative at Gundawali Public School proves that when we **Screen, Educate, and Demonstrate** at scale, we shape the future of public health. The Department of Public Health Dentistry remains committed to ensuring that every student in Mumbai has the knowledge and care required for a lifelong healthy smile.



GDCH, MUMBAI: SCREEN, EDUCATE, DEMONSTRATE – SHAPING LIFELONG ORAL HEALTH HABITS

Date: 26–27 February 2026

Venue: Gundawali Public School, Andheri East, Mumbai

Total Students Screened: 540



ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

MOBILE DENTAL EXCELLENCE AT GOVERNMENT OF MAHARASHTRA'S "HINDI CHADAR": A LARGE-SCALE PUBLIC HEALTH OUTREACH INITIATIVE - Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai



MEGA ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP

#HindDiChadar #GovernmentOfMaharashtra #GDCHMumbai #PublicHealthDentistry #ReachingEverySmile #MobileDentalCare #OralHealthForAll #OralHealthScreening #OralCancerScreening #PreventiveCare #DentalTreatmentCamp #TobaccoCessation #OralHealthPromotion #MassOutreach #SevaInAction



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**MOBILE DENTAL EXCELLENCE AT GOVERNMENT OF MAHARASHTRA'S
“HIND DI CHADAR”: A LARGE-SCALE PUBLIC HEALTH OUTREACH
INITIATIVE - *Department of Public Health Dentistry, Government Dental College &
Hospital, Mumbai***

Date: 28 February – 01 March 2026

Venue: Owe Maidan, Kharghar, Mumbai

Organized by: Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai

Beneficiaries and Impact:

- 1368 Individuals Screened
- 652 Patients Treated
- 1102 Tobacco Cessation Counselling Sessions Conducted



THE LOCATION

Background

The “Hind Di Chadar” – 350th Shaheedi Samagam of Guru Tegh Bahadur Ji was a mega cultural and national congregation held at Owe Maidan, Kharghar. Revered as the “Shield of India,” Guru Tegh Bahadur Ji symbolizes sacrifice for religious freedom, human rights, and unity. The event witnessed an extraordinary footfall of 15–20 lakh devotees, all across India, along with the presence of **Hon’ble Union Home Minister, Maharashtra State Hon’ble Chief Minister, Hon’ble Deputy Chief Minister** and many national Hon’ble dignitaries, highlighting its immense national significance.



Amidst this monumental gathering, the **Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai**, under a Government of Maharashtra initiative, executed a **high-impact community outreach program** through its **state-of-the-art Mobile Dental Clinic**.

Under the **visionary leadership of Dr. Dimple Padawe (Dean)** and the **expert guidance of Dr. Sandhya Chavan (Head of Department)**, the initiative successfully brought **accessible oral healthcare directly to the community**. The event brought together a **diverse cross-section of society**, including Sikh saints, scholars, and devotees, Warkari groups of Maharashtra, Nomadic and traditional communities such as Banjaras, Sindhi and other regional communities, Students and youth groups and general public from rural and urban backgrounds. This diversity transformed the Samagam into a **living embodiment of national integration and cultural harmony**.



UNITY IN DIVERSITY



Rationale

Mass gatherings like the Hind Di Chadar Samagam offer a rare **“Golden Opportunity”** for **large-scale public health interventions**.

For thousands of attendees—particularly those from **rural, nomadic, and underserved populations**—this initiative represented:

- Their **first access to professional oral healthcare**
- An opportunity for **early detection of oral diseases, including oral cancer**
- Access to **preventive education and tobacco cessation support**

Rooted in the spirit of **“Seva” (selfless service)**, the initiative ensured that healthcare reached those who need it the most- **at the right place and the right time**.

Objectives

- **Enhance Accessibility:** Deliver point-of-care dental services in a high-density environment
- **Oncological Vigilance:** Screen for oral precancerous and cancerous lesions
- **Immediate Care:** Provide on-site treatment for pain and urgent dental conditions
- **Health Promotion:** Raise awareness about oral hygiene and its link to overall health
- **Behavioral Change:** Promote tobacco cessation and healthy lifestyle practices



MOBLE DENTAL CLINIC



Services Delivered:

1. Comprehensive Oral Health Screening (1368 Individuals Screened)

- Diagnosis of dental caries, periodontal diseases, and oral lesions
- Focused screening for oral precancerous conditions and oral cancer



ORAL HEALTH SCREENING AND EDUCATION

2. Oral Health Education (1368 Individuals Educated)

- Chairside counselling using visual aids
- Demonstrations of effective oral hygiene practices
- Education on diet and oral-systemic health connection



ORAL HEALTH SCREENING AND EDUCATION



3. Tobacco Cessation Counselling and Screening for Potentially Malignant Lesions (1102 Tobacco Cessation Counselling Sessions)

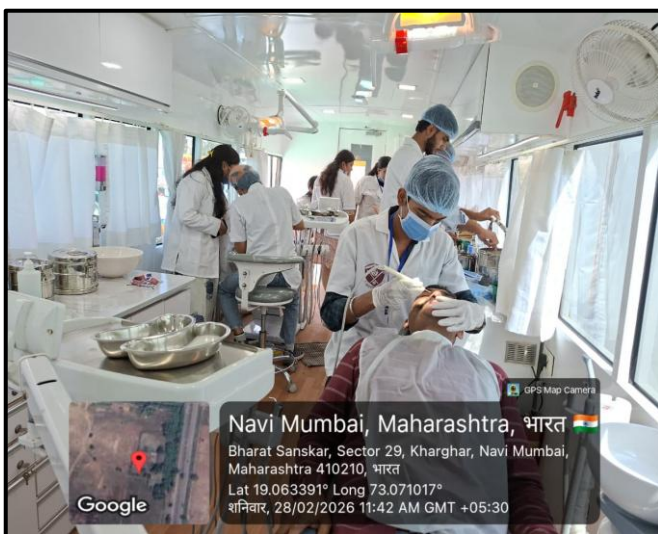
- Identification of tobacco users
- Personalized counselling sessions
- Structured motivation and quit guidance



ORAL CANCER SCREENING AND TOBACCO CESSATION COUNSELLING

4. On-site Dental Treatments (652 Patients Treated)

- Scaling and oral prophylaxis
- Restorative procedures
- Emergency and routine extractions



MOBILE DENTAL CLINIC- TREATMENT CAMP



MOBILE DENTAL CLINIC- TREATMENT CAMP

5. Referral Services

- Patients requiring advanced care were referred to **GDCH, Mumbai**

The Oral Health Camp conducted during the “**Hind Di Chadar**” Samagam stands as a powerful example of how **healthcare can be seamlessly integrated into large-scale community gatherings**. The Department of Public Health Dentistry, GDCH Mumbai, has demonstrated that **mobile dental clinics are not just service providers, but catalysts for change - bridging gaps, promoting equity, and transforming lives.**

***#HindDiChadar #GovernmentOfMaharashtra #GDCHMumbai #PublicHealthDentistry
#ReachingEverySmile #MobileDentalCare #OralHealthForAll #OralHealthScreening
#OralCancerScreening #PreventiveCare #DentalTreatmentCamp #TobaccoCessation
#OralHealthPromotion #MassOutreach #SevaInAction***



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



THE TEAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: EARLY DETECTION, AWARENESS, AND PREVENTION – ORAL HEALTH SCREENING AND COMMUNITY AWARENESS

Date: 09 March 2026

Venue: MHADA Colony, Vashinaka, Chembur, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EARLY DETECTION, AWARENESS, AND PREVENTION –
ORAL HEALTH SCREENING AND COMMUNITY AWARENESS**

Date: 09 March 2026

Venue: MHADA Colony, Vashinaka, Chembur, Mumbai

Total no of Beneficiaries: 110

Rationale:

Oral diseases remain a significant public health concern, often progressing silently until advanced stages due to lack of awareness and limited utilization of preventive services. Early detection and timely intervention are critical in reducing disease burden and improving overall quality of life. In alignment with the global theme “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a community-based outreach programme to address oral health needs through preventive and promotive strategies. An oral health screening and awareness camp was conducted at MHADA Colony, Vashinaka, Chembur, in collaboration with Life Foundation.

Objectives:

- To promote the message “A Happy Mouth is a Happy Life”
- To facilitate early diagnosis of oral diseases through community-level screening
- To improve awareness regarding oral hygiene and preventive care
- To encourage regular dental visits and health-seeking behaviour
- To provide appropriate referrals for further management

Target Population

The programme catered to a diverse cross-section of the community, including:

- Adults and elderly residents
- Women and caregivers
- Working individuals
- Children and adolescents

Special emphasis was placed on reaching individuals with limited access to routine dental care and preventive services.



Number of Beneficiaries

Residents of MHADA colony received comprehensive dental screenings and hands-on hygiene training.

Core Interventions

1. Oral Health Screening

A systematic and comprehensive oral examination was carried out for all participants. The screening focused on identifying:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Signs of infections and other oral conditions

Participants diagnosed with oral health issues were provided individualized counselling, and those requiring further care were referred to Government Dental College & Hospital, Mumbai, for detailed evaluation and treatment. The screening process enabled early identification of conditions that may otherwise remain undiagnosed, thereby preventing disease progression and complications.

2. Oral Health Awareness Programme

A structured oral health education session was conducted to enhance knowledge and promote behavioural change. The key components included:

- Importance of maintaining daily oral hygiene
- Demonstration of correct tooth brushing techniques (2×2 rule)
- Role of balanced diet and reduced sugar intake in preventing dental diseases
- Awareness regarding common oral diseases and their prevention

Interactive communication methods were used to ensure better understanding and engagement among participants. The sessions aimed to empower individuals to take proactive responsibility for their oral health.

Community Engagement and Participation

The programme witnessed active participation from community members, reflecting increased receptiveness towards preventive healthcare initiatives. The collaboration with Life



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Foundation facilitated effective community mobilization and outreach. The initiative also provided an opportunity for direct interaction between healthcare providers and the community, fostering trust and improving acceptance of oral health services.

This outreach programme highlights the importance of integrating screening with awareness-based interventions in community settings. Such initiatives are essential for:

- Reducing the burden of untreated oral diseases
- Promoting preventive healthcare practices
- Bridging the gap between healthcare services and the community

In urban residential areas, where lifestyle factors and limited awareness contribute to oral health issues, targeted outreach programmes play a vital role in early intervention and long-term health promotion. The oral health screening and awareness camp conducted at MHADA Colony, Vashinaka, successfully demonstrated the effectiveness of community-based preventive strategies in improving oral health outcomes.



EVENT

**GDCH, MUMBAI: BUILDING RESILIENCE IN EVERY SMILE – MANKHURD
COMMUNITY- ORAL HEALTH AWARENESS AND SCREENING CAMP**

Date: 11/03/2026

Venue: Ekta Nagar Slums, Mankhurd West, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: BUILDING RESILIENCE IN EVERY SMILE – MANKHURD
COMMUNITY- ORAL HEALTH AWARENESS AND SCREENING CAMP**

Date: 11/03/2026

Venue: Ekta Nagar Slums, Mankhurd West, Mumbai

Total no of Beneficiaries: 104

Rationale

Oral health disparities remain a significant concern in underserved urban populations, where limited access to care, high-risk habits, and low awareness contribute to a substantial burden of preventable oral diseases. Communities residing in informal settlements are particularly vulnerable due to socioeconomic constraints and higher exposure to risk factors such as tobacco and betel nut consumption. In alignment with the global theme “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an intensive outreach programme at Ekta Nagar Slums, Mankhurd West.

Target Population

The camp catered to a high-priority and vulnerable demographic, including:

- Children residing in the slum community
- General adult population
- High-risk individuals, particularly tobacco and betel nut users

Special emphasis was placed on individuals at increased risk of oral potentially malignant disorders (OPMDs) and other chronic oral conditions.

Number of Beneficiaries

A total of 104 residents were screened and provided with oral health education and counselling services.

Objectives

- To screen for oral potentially malignant disorders (OPMDs) and other oral diseases among high-risk individuals
- To instil proper oral hygiene practices among children
- To provide empathetic, evidence-based counselling for reduction and cessation of tobacco use



- To promote awareness that simple, cost-effective daily habits can prevent complex oral diseases

Activities Conducted

The outreach followed a dual-track approach to address diverse community needs:

1. High-Risk Screening and Counselling

- Oral Cancer Screening: Detailed oral mucosal examinations were conducted for adult participants, with special attention to tobacco users
- Identification of OPMDs: Early signs of potentially malignant conditions were assessed and documented
- Tobacco Cessation Counselling: One-on-one counselling sessions were conducted, highlighting the risks of tobacco use and providing practical strategies for cessation

2. Paediatric Oral Health Education

- Interactive Brushing Demonstrations: Children were trained in correct tooth brushing techniques using educational models
- Nutritional Counselling: Guidance was provided on dietary habits, including reducing sugar intake and maintaining oral hygiene after meals

3. Comprehensive Clinical Screening

All participants underwent oral examinations to identify:

- Dental caries and periodontal diseases
- Early enamel lesions (white spot lesions)
- Oral mucosal changes related to nutritional deficiencies or tobacco use

Appropriate referrals and follow-up guidance were provided for individuals requiring further care at Government Dental College & Hospital, Mumbai.

Conclusion

The Mankhurd Community Outreach Programme successfully translated the global message “A Happy Mouth is a Happy Life” into impactful, ground-level action. By addressing both paediatric prevention and adult high-risk screening, the initiative strengthened the oral health resilience of the Ekta Nagar community. The programme not only improved awareness and facilitated early detection but also empowered individuals to take proactive steps towards better health.



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GDCH, MUMBAI: BUILDING RESILIENCE IN EVERY SMILE – MANKHURD COMMUNITY- ORAL HEALTH AWARENESS AND SCREENING CAMP

Date: 11/03/2026

Venue: Ekta Nagar Slums, Mankhurd West, Mumbai

Total no of Beneficiaries: 104



Mumbai, Maharashtra, India
Shop No, 1, Mandala Rd, Mankhurd West, Ekta Nagar, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.05283° Long 72.936072°
Wednesday, 11/03/2026 12:17 PM GMT +05:30



Mumbai, Maharashtra, India
Gali No 2, Shop No 01, 400043, Ekta Nagar, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.05286° Long 72.936042°
Wednesday, 11/03/2026 12:41 PM GMT +05:30



Mumbai, Maharashtra, India
Gali No 2, Shop No 01, 400043, Ekta Nagar, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.052866° Long 72.936039°
Wednesday, 11/03/2026 12:04 PM GMT +05:30



Mumbai, Maharashtra, India
Gali No 2, Shop No 01, 400043, Ekta Nagar, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.052875° Long 72.936054°
Wednesday, 11/03/2026 12:10 PM GMT +05:30



Mumbai, Maharashtra, India
Shop No, 1, Mandala Rd, Mankhurd West, Ekta Nagar, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.052845° Long 72.936067°
Wednesday, 11/03/2026 10:40 AM GMT +05:30

ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES- A COMPREHENSIVE COMMUNITY ORALHEALTH MISSION

Date: 13 March 2026

Venue: Zakir Husain Nagar, Near Saibaba Mandir, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES- A
COMPREHENSIVE COMMUNITY ORALHEALTH MISSION**

Date: 13 March 2026

Venue: Zakir Husain Nagar, Near Saibaba Mandir, Mankhurd, Mumbai

Total Children Screened: 110

On **13 March 2026**, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, organized a high-impact **Oral Health Screening and Education Camp** at Zakir Husain Nagar, Near Saibaba Mandir, Mankhurd, Mumbai. This initiative serves as a vital precursor to the official **World Oral Health Day 2026** launch, embodying the theme: **“A Happy Mouth is... A Happy Life.”**

Target Population

A broad demographic of the urban slum community, including children, general residents, and high-risk individuals with tobacco dependencies.

Number of Beneficiaries

110 residents were screened, educated, and integrated into our preventive care network.

Rationale

Zakir Husain Nagar is a vibrant but underserved urban pocket where dental awareness often competes with more immediate economic pressures. High rates of tobacco consumption and a lack of early childhood dental intervention create a unique set of public health challenges. By bringing diagnostic tools and expert counselling directly to the slum community, the department is actively working to dismantle barriers to care.

Objectives

- Oral health screening and counselling by demonstrating that effective oral hygiene maintenance methods
- Detecting "Early Childhood Caries" (ECC) in the primary dentition of slum-dwelling children.
- Systematic screening for Oral Potentially Malignant Disorders (OPMDs) in chronic tobacco users.



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- Providing personalized, non-judgmental counselling for those seeking to quit tobacco and betel nut habits.

Activities Conducted

The camp utilized a specialized "Community-First" approach:

1. High-Risk Screening & Mucosal Health

- Visual & Tactile Examinations focusing on identification of potentially malignant lesions among adult residents.
- Tobacco users received one on one guidance on the systemic effects of tobacco and practical ways for withdrawal.

2. Paediatric Education

- Children were engaged in interactive brushing sessions using oversized models to master the circular motion required for plaque removal.
- A session for parents on identifying hidden sugars in street foods and the importance of rinsing after every meal was explained.

3. Clinical Diagnostics

A detailed intra-oral examination was conducted for all beneficiaries to check for:

- Caries progression and periodontal health.
- Missing teeth and prosthetic needs among the geriatric population.
- Nutritional markers in oral tissues.

Individuals requiring treatments were referred to **Government Dental College & Hospital, Mumbai** for further care.

Conclusion

The “**A Happy Mouth is... A Happy Life**” initiative at Bharat Nagar, Vashi Naka, has successfully laid the groundwork for our upcoming month-long campaign. By combining paediatric prevention with adult cancer screening, we are ensuring a healthier, more informed future for this resilient community.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: HEALTHY SMILES, HEALTHIER COMMUNITIES- A COMPREHENSIVE COMMUNITY ORALHEALTH MISSION

Date: 13 March 2026

Venue: Zakir Husain Nagar, Near Saibaba Mandir, Mankhurd, Mumbai

Total Children Screened: 110



Mumbai, Maharashtra, India
3w4g+8wx, Zakir Hussain Nagar, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.055898° Long 72.927279°
Friday, 13/03/2026 11:53 AM GMT +05:30



Mumbai, Maharashtra, India
3w4g+8wx, Zakir Hussain Nagar, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.055893° Long 72.927283°
Friday, 13/03/2026 11:52 AM GMT +05:30



Mumbai, Maharashtra, India
24-j, Zakir Hussain Nagar, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.05612° Long 72.927146°
Friday, 13/03/2026 10:56 AM GMT +05:30



Mumbai, Maharashtra, India
24-j, Zakir Hussain Nagar, Govandi East, Mumbai, Maharashtra 400043, India
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Friday, 13/03/2026 11:50 AM GMT +05:30



Mumbai, Maharashtra, India
24-j, Zakir Hussain Nagar, Govandi East, Mumbai, Maharashtra 400043, India
Lat 19.056083° Long 72.927126°
Friday, 13/03/2026 10:54 AM GMT +05:30

ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 16 March 2026

Venue: Urban Slum Areas, Wadala, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 16 March 2026

Venue: Urban Slum Areas, Wadala, Mumbai

Total no of Beneficiaries: 104

Rationale:

Oral health disparities remain a significant public health challenge, particularly among underserved populations residing in urban slum areas. An **Oral Health Screening and Education Camp** was successfully conducted by the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai on 16 March 2026 in the urban slum areas of Wadala, Mumbai. The initiative aimed to **reach underserved populations** and provide accessible oral healthcare services at the community level. The programme emphasized **preventive care, early detection, and health education**, ensuring that individuals who may not routinely access dental services were reached effectively.

Objectives

- To improve access to oral healthcare services among underserved populations
- To promote preventive oral health practices
- To facilitate early detection of oral diseases
- To enhance awareness regarding oral hygiene and healthy lifestyle habits
- To encourage timely health-seeking behaviour and regular dental check-ups

Target Population

The outreach programme catered to a **diverse and vulnerable population**, including:

- Residents of urban slum communities
- Adults and elderly individuals
- Women and caregivers
- Children and adolescents

Special emphasis was placed on individuals with **limited access to routine dental care and preventive services**.



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted for all participants to assess:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions and infections
- Early signs of oral diseases requiring intervention

Individuals diagnosed with oral health conditions were provided **appropriate counselling and referral** to Government Dental College & Hospital, Mumbai, for further management and treatment.

2. Oral Health Education and Awareness

Structured educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Demonstration of correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Prevention of common dental diseases

Participants were encouraged to adopt simple, cost-effective preventive practices that can significantly improve oral health outcomes.

3. Behaviour Change Communication

Special emphasis was placed on community-based health education and behaviour change strategies, including:

- Encouraging regular oral hygiene practices
- Promoting reduction of harmful habits such as tobacco use
- Reinforcing the importance of periodic dental check-ups

Interactive communication methods were used to ensure better engagement and understanding among participants.

Conclusion

The “**Reaching the Unreached with Healthy Smiles**” initiative successfully demonstrated the impact of **community-cantered preventive oral healthcare**. By delivering screening, education, and awareness directly within underserved communities, the programme contributed to improved understanding, early detection, and adoption of healthy oral practices.



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The initiative reinforces the importance of sustained outreach efforts in promoting oral health equity and improving overall quality of life. Aligned with the vision of the FDI World Dental Federation, the programme upholds the message: **“A Happy Mouth is a Happy Life-Ensuring Care Reaches Every Community.”**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 16 March 2026

Venue: Urban Slum Areas, Wadala, Mumbai

Total no of Beneficiaries: 104



Mumbai, Maharashtra, India
08, Bharatiya Kamala Nagar, Antop Hill, Mumbai,
Maharashtra 400037, India
Lat 19.027752° Long 72.871688°
Monday, 16/03/2026 11:57 AM GMT +05:30



Mumbai, Maharashtra, India
08, Bharatiya Kamala Nagar, Antop Hill, Mumbai,
Maharashtra 400037, India
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Monday, 16/03/2026 11:35 AM GMT +05:30



Mumbai, Maharashtra, India
08, Bharatiya Kamala Nagar, Antop Hill, Mumbai,
Maharashtra 400037, India
Lat 19.027781° Long 72.871706°
Monday, 16/03/2026 11:36 AM GMT +05:30

ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI- HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 17/03/2026

Venue: Vision Rescue Community Centre, Mandala, Mankhurd, Mumbai, India



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI- HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING
ORAL HEALTH FOR ALL**

Date: 17/03/2026

Venue: Vision Rescue Community Centre, Mandala, Mankhurd, Mumbai, India

Total no of Beneficiaries: 335

Rationale

Oral health remains a critical yet often overlooked component of general health, particularly among underserved populations residing in urban slum communities. Limited access to dental services, low awareness regarding preventive practices, and a high prevalence of risk factors such as tobacco use contribute significantly to the burden of oral diseases. The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, undertook a community-based outreach programme at Vision Rescue Community Centre, Mandala, Mankhurd, Mumbai, aimed at improving access to preventive oral healthcare services and addressing these disparities.

Objectives

- To improve access to oral healthcare services among underserved populations
- To promote preventive oral health practices
- To enhance awareness regarding oral hygiene and healthy lifestyle habits
- To facilitate early detection of oral diseases
- To encourage regular dental visits and timely health-seeking behaviour

Target Population

The outreach programme catered to a diverse and vulnerable population, including:

- Children and adolescents
- General adult population
- Individuals with tobacco use habits
- Residents of urban slum communities

Special emphasis was placed on high-risk individuals and those with limited access to routine dental care.



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Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to assess:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions and infections
- Early signs of oral potentially malignant disorders

Participants requiring further care were provided with appropriate referrals to Government Dental College & Hospital, Mumbai.

2. Oral Health Education and Awareness

Structured educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Demonstration of correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Prevention of common oral diseases

Participants were encouraged to adopt simple and sustainable oral hygiene practices to improve long-term oral health outcomes.

3. Behaviour Change Communication

Special emphasis was placed on:

- Promotion of daily oral hygiene practices
- Awareness regarding harmful habits such as tobacco use
- Encouragement of periodic dental check-ups

Interactive and community-friendly methods were used to enhance participation, engagement, and understanding among the beneficiaries.

Conclusion

The Oral Health Screening and Education Camp at Mankhurd represented a proactive step towards strengthening community oral health through awareness, prevention, and early detection. By focusing on underserved populations and high-risk groups, the initiative contributed to improved oral health outcomes and overall well-being. It aligned with the vision of the FDI World Dental Federation: “A Happy Mouth is a Happy Life - Extending Care to Every Community.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI- HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 17/03/2026

Venue: Vision Rescue Community Centre, Mandala, Mankhurd, Mumbai, India

Total no of Beneficiaries: 335



ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: SCREEN, TREAT, PREVENT – ORAL HEALTH SCREENING & TREATMENT CAMP

Date: 18/03/2026

Venue: Padma Nagar Road, Govandi East, Mumbai



ORAL HEALTH SCREENING, EDUCATION AND TREATMENT CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: SCREEN, TREAT, PREVENT – ORAL HEALTH SCREENING & TREATMENT CAMP

Date: 18/03/2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 20

Rationale:

Oral health is a fundamental component of overall well-being; however, access to timely and comprehensive dental care remains limited in many underserved communities. Integrating screening, treatment, and preventive education is essential to effectively reduce the burden of oral diseases. The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a community outreach camp at Padma Nagar Road, Govandi East, in collaboration with Vision Rescue.

Objectives

- To provide comprehensive oral health screening to identify dental conditions
- To deliver immediate basic dental treatment at the community level
- To promote preventive oral health practices
- To improve awareness regarding oral hygiene and diet
- To facilitate referral and continuity of care for advanced treatment needs

Target Population

The camp catered to a diverse and underserved population, including:

- Residents of urban slum communities
- Adults and elderly individuals
- Women and caregivers
- Children and adolescents

Special emphasis was placed on individuals with limited access to routine dental care and preventive services.

Core Interventions

1. Oral Health Screening

Comprehensive oral examinations were conducted to identify:



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Dental caries
- Periodontal diseases
- Oral lesions and infections

Patients were systematically assessed and categorized based on their treatment needs and urgency of care.

2. On-Site Dental Treatment

Basic dental treatments were provided to patients at the outreach site, including:

- Oral prophylaxis (scaling)
- Temporary and basic restorative care
- Management of minor dental complaints

Patients requiring advanced or specialized care were provided with referrals to Government Dental College & Hospital, Mumbai, ensuring continuity of care.

3. Preventive Oral Health Education

Participants were educated on:

- Proper tooth brushing techniques
- Importance of maintaining oral hygiene
- Dietary counselling for prevention of dental diseases
- Need for regular dental check-ups

The education component emphasized behaviour change and long-term preventive practices.

Conclusion

The “Screen, Treat, Prevent” Oral Health Camp conducted at Padma Nagar Road, Govandi East, successfully demonstrated the impact of accessible, community-based comprehensive dental care. By integrating screening, immediate treatment, and preventive education, the initiative contributed significantly to improving oral health awareness, access, and outcomes within the community. The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, remains committed to advancing community oral health through sustained outreach efforts, guided by the vision: “A Happy Mouth is a Happy Life - Reaching Every Smile through Care, Prevention, and Compassion.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: SCREEN, TREAT, PREVENT – ORAL HEALTH SCREENING & TREATMENT CAMP

Date: 18/03/2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 20



ORAL HEALTH SCREENING, AWARENESS AND TREATMENT CAMP



EVENT

**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai

Total no of Beneficiaries: 112

Rationale:

Oral health remains an essential yet often neglected component of general health, particularly among underserved populations residing in urban slum settings. Limited access to dental services, inadequate awareness, and competing socioeconomic priorities contribute to a high burden of preventable oral diseases. In alignment with the global advocacy theme “**A Happy Mouth is a Happy Life**”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a community outreach initiative at Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd on 20th March 2026 aimed at improving access to preventive oral healthcare services.

Objectives

- To improve access to oral healthcare services among underserved populations
- To promote preventive oral health practices
- To facilitate early detection of oral diseases
- To enhance awareness regarding oral hygiene and healthy lifestyle practices
- To encourage regular dental visits and timely health-seeking behaviour

Target Population

The outreach programme catered to a diverse and vulnerable population, including:

- Residents of urban slum communities
- Adults and elderly individuals
- Women and caregivers
- Children and adolescents

Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted for all participants to assess:



- Dental caries
- Periodontal diseases
- Oral mucosal lesions and infections
- Early signs of oral diseases requiring intervention

Individuals identified with oral health conditions were provided **appropriate counselling and referral** to Government Dental College & Hospital, Mumbai, for further evaluation and treatment.

2. Oral Health Education and Awareness

Structured educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Demonstration of correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Prevention of common dental diseases

3. Behaviour Change Communication

Special emphasis was placed on **community-based health education and behaviour change strategies**, including:

- Promotion of daily oral hygiene practices
- Awareness regarding harmful habits such as tobacco use
- Reinforcement of the importance of periodic dental check-ups

Interactive methods were used to ensure better engagement and understanding among participants.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care

Conclusion

The “Reaching the Unreached with Healthy Smiles” initiative conducted at Ghatkopar successfully demonstrated the effectiveness of community-centered preventive oral healthcare delivery. By providing screening, education, and awareness directly within underserved



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populations, the programme contributed to improved understanding, early diagnosis, and adoption of healthy oral hygiene practices. It reinforces the importance of sustained outreach initiatives in improving oral health outcomes and overall well-being.



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: REACHING THE UNREACHED WITH HEALTHY SMILES –
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 20 March 2026

Venue: Urban Slum Areas, Anabhau Sathe Nagar, Mankhurd, Mumbai

Total no of Beneficiaries: 112



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

**GDCH, MUMBAI: MEDIA COVERAGE- REACHING EVERY HOME,
TRANSFORMING EVERY SMILE - A HAPPY MOUTH IS A HAPPY LIFE**

Date: 20/03/2026

Venue: DD Sahyadri, National Broadcasting Platform



**MEDIA COVERAGE- REACHING EVERY HOME, TRANSFORMING EVERY
SMILE**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



***GDCH, MUMBAI: MEDIA COVERAGE- REACHING EVERY HOME,
TRANSFORMING EVERY SMILE - A HAPPY MOUTH IS A HAPPY LIFE***

Date: 20/03/2026

Venue: DD Sahyadri, National Broadcasting Platform

Overview

On the occasion of **World Oral Health Day**, the Departments of Public Health Dentistry and Periodontology, Government Dental College & Hospital, Mumbai, successfully extended their outreach through a **special televised program on DD Sahyadri**, a national broadcasting platform. This initiative was conducted under the **visionary leadership and guidance of the institutional administration**, reflecting a strong commitment towards large-scale public health promotion.

Program Highlights

The televised program was structured to maximize public engagement and awareness, featuring:

- **Expert-led educational session** on oral health and hygiene
- **Interactive interview segment** addressing key dental health concerns
- **Live telephonic interaction**, enabling real-time query resolution for viewers

The program effectively bridged the gap between **clinical expertise and community awareness**, making oral health information accessible to a wide audience.

Key Focus Areas

- Importance of **preventive oral healthcare practices**
- Awareness regarding **oral hygiene and disease prevention**
- Education on the **harmful effects of tobacco use**
- Promotion of **healthy lifestyle habits for overall well-being**

Impact

The broadcast significantly enhanced the reach of oral health education by:

- **Reaching households across the region** through national television
- Encouraging **community participation and engagement**



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Strengthening **public awareness on oral health as an integral part of general health**
- Supporting the movement towards a **tobacco-free and health-conscious society**

Significance

This media initiative highlights the **innovative use of mass communication platforms** by the institution to amplify health education efforts. By leveraging national television, the program ensured that **critical oral health messages transcended clinical settings and reached the general population effectively.**

Conclusion

Aligned with the global message, **“A Happy Mouth is... A Happy Life”** this initiative represents a significant step toward **creating awareness, promoting prevention, and improving community oral health outcomes**, reaffirming the institution’s role as a leader in public health outreach.



#WorldOralHealthDay #GDCHMumbai #OralHealthAwareness #PreventiveCare
#PublicHealthDentistry #Periodontology #SayNoToTobacco #TobaccoFreeIndia
#HealthEducation #CommunityOutreach #DDSahyadri #NationalTelevision #HealthyIndia



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL

Duration: 20 March 2026 – 20 April 2026

Venue: Cama and Albless Hospital



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL

Duration: 20 March 2026 – 20 April 2026

Venue: Cama and Albless Hospital

Total no of Beneficiaries: 445

Rationale:

Oral health is an integral component of overall health, particularly during critical life stages such as pregnancy and early childhood. Despite its importance, oral health is often overlooked within routine maternal and child healthcare services. In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a **month-long Oral Health Promotion Campaign** at Cama & Albless Hospital, Mumbai. This initiative focused on **integrating oral healthcare into maternal and child health services**, recognizing the critical role of oral health in overall well-being, especially among **pregnant women, children, and caregivers**.

Objectives

- To promote oral health awareness among antenatal and paediatric patients
- To emphasize the importance of oral health during pregnancy
- To encourage early childhood oral hygiene practices
- To facilitate early detection of oral diseases
- To integrate oral health education within routine hospital services

Target Population

- Antenatal mothers attending the Obstetrics & Gynaecology (OBGY) Department
- Children and caregivers attending Paediatric OPD
- General patients and attendants visiting the hospital

Activities Conducted

1. Oral Health Education in OBGY Department

Focused sessions were conducted for **pregnant women attending antenatal clinics** covering the following key areas:



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Importance of oral health during pregnancy
- Hormonal changes and their impact on gums
- Prevention of pregnancy gingivitis and dental infections
- Safe dental practices during pregnancy
- Diet counselling for maternal and fetal oral health

2. Paediatric OPD Oral Health Promotion

Oral health education was provided to children and their caregivers in the Paediatric OPD covering the following key components:

- Age-appropriate brushing techniques
- Importance of primary teeth and early dental visits
- Prevention of Early Childhood Caries (ECC)
- Dietary counselling to reduce sugar exposure

3. Patient Education for General OPD Attendees

Oral health awareness activities were extended to **general patients and attendants** visiting the hospital focusing on:

- Basic oral hygiene practices
- Importance of regular dental check-ups
- Awareness about oral diseases and prevention
- Harmful effects of tobacco use

4. Chairside Counselling and Demonstrations

- Demonstration of proper brushing techniques
- Use of visual aids and models for better understanding
- Individual counselling tailored to patient needs

5. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



This initiative highlighted the importance of embedding oral health within primary healthcare systems, especially in maternal and child health services. By utilizing a hospital-based platform, the campaign ensured consistent, repeated exposure to oral health education, leading to better awareness and long-term impact.

Total Beneficiaries:

Date of Activity	Total
23-03-2026	30
25-03-2026	26
30-03-2026	57
01-04-2026	19
02-04-2026	53
03-04-2026	54
06-04-2026	56
08-04-2026	62
13-04-2026	36
15-04-2026	32
20-04-2026	20
Total	445

Conclusion

The Oral Health Promotion Campaign at Cama & Albles Hospital stands as a significant step towards integrated healthcare delivery, emphasizing that oral health is an essential component of overall health. Through sustained efforts, the Department of Public Health Dentistry continues to advance its mission of: “Reaching Every Smile - From Mothers to Children.”



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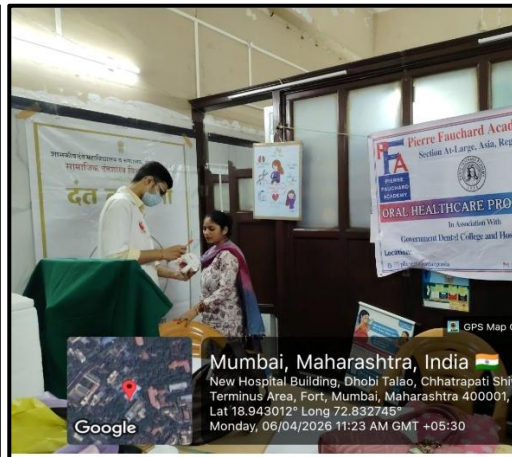


GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO MATERNAL AND CHILD CARE- ORAL HEALTH PROMOTION CAMPAIGN AT CAMA & ALBLESS HOSPITAL



ONE MONTH LONG ORAL HEALTH SCREENING AND AWARENESS CAMPAIGN AT CAMA & ALBLESS HOSPITAL



EVENT

GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai

Total no of Beneficiaries: 422

Rationale:

In alignment with the global theme “A Happy Mouth is... A Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a month-long Oral Health Promotion Campaign at St. George Hospital, Mumbai. This initiative aimed to integrate oral health into comprehensive healthcare delivery, extending across multiple hospital departments. The campaign focused on general patients, caregivers, and healthcare providers, emphasizing prevention, early diagnosis, and capacity building within the hospital system.

Objectives

- To promote oral health awareness among patients attending various hospital departments
- To integrate oral health into routine hospital care practices
- To encourage preventive oral hygiene behaviours
- To facilitate early detection of oral diseases
- To build capacity among healthcare providers, including nursing staff

Target Population

The campaign catered to a broad and diverse hospital-based population, including:

- General patients visiting different hospital departments
- Caregivers and attendants
- Nursing staff and healthcare providers

The initiative ensured that oral health education was delivered across multiple points of patient care within the hospital system.



Activities Conducted

1. General Patient Awareness and Oral Health Education

Oral health education sessions were conducted across various hospital departments for patients and attendants.

Key Areas Covered:

- Importance of maintaining oral hygiene
- Awareness of common oral diseases and their prevention
- Role of diet and lifestyle in oral health
- Importance of regular dental check-ups
- Harmful effects of tobacco use

2. Opportunistic Oral Health Screening and Referral

Basic oral examinations were conducted among patients across departments to identify:

- Dental caries and periodontal conditions
- Oral mucosal lesions
- Signs requiring further evaluation

Patients requiring care were provided with referrals to Government Dental College & Hospital, Mumbai for further management.

3. Training of Nursing Staff (Capacity Building Initiative)

A structured training programme was conducted for nursing staff to integrate oral health into routine patient care.

Training Modules Covered:

- Basic oral health assessment
- Identification of common oral conditions
- Oral care protocols for hospitalized patients
- Oral health considerations in systemic diseases
- Referral pathways for dental care

4. Chairside Demonstrations and Individual Counselling

- Demonstration of correct tooth brushing techniques
- Use of visual aids and models
- Personalized counselling based on individual patient needs



5. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care

Total no of Beneficiaries

Date of Activity	Male	Female	Total
23-03-2026	19	37	56
25-03-2026	22	31	53
30-03-2026	39	20	59
01-04-2026	33	42	75
06-04-2026	23	35	58
08-04-2026	31	36	67
15-04-2026	29	25	54
Total	196	226	422

Conclusion

The Oral Health Promotion Campaign at St. George Hospital represents a robust model of integrated healthcare delivery, combining patient education, preventive care, and professional training. By embedding oral health into routine hospital practices and empowering healthcare providers, the initiative contributed to sustainable improvements in oral health awareness and outcomes. Aligned with the vision of World Oral Health Day 2026, the programme reinforces: “A Happy Mouth is... A Happy Life—For Every Patient, Every Provider, Every Smile.”



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: INTEGRATING ORAL HEALTH INTO COMPREHENSIVE HEALTHCARE—FOR EVERY PATIENT, EVERY PROVIDER, EVERY SMILE

Duration: 20 March 2026 – 20 April 2026

Venue: St. George Hospital, Mumbai

Total no of Beneficiaries: 422



ONE MONTH LONG ORAL HEALTH SCREENING AND AWARENESS CAMPAIGN AT CAMA & ALBLESS HOSPITAL



EVENT

GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH

MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai

Total no of Beneficiaries: 67

Rationale:

Oral health continues to be a major public health concern among underserved urban communities, where limited access to care, lack of awareness, and high prevalence of risk factors contribute to a significant burden of preventable diseases. As part of the World Oral Health Day 2026 campaign, and in alignment with the global initiative, “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive Oral Health Screening and Education Camp at Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd. This outreach initiative aimed to bring preventive oral healthcare services directly to the community, ensuring accessibility and early intervention.

Objectives

- To promote oral health awareness among underserved populations
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use
- To encourage preventive oral hygiene practices and timely dental care

Target Population

The camp catered to a diverse and underserved urban population, including:

- Children and adolescents
- General adult population
- High-risk individuals, particularly those with tobacco habits

Special emphasis was placed on individuals at risk of oral potentially malignant disorders.



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted for all participants to identify:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants identified with oral health issues were provided with appropriate counselling and referrals to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Tobacco Risk Assessment and Counselling

- Targeted screening of tobacco users for early mucosal changes
- Identification of potential oral precancerous lesions
- One-on-one counselling on the harmful effects of tobacco use
- Guidance on tobacco cessation and behaviour modification

This component emphasized early detection and risk reduction in high-risk groups.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in maintaining oral health
- Prevention of common oral diseases

Participants were encouraged to adopt simple, preventive oral hygiene practices for long-term health benefits.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “Sustaining the Smile” Community Oral Health Mission at Madina Masjid, Janta Nagar, Mandala, Mankhurd successfully translated the global message “A Happy Mouth is a Happy Life” into meaningful community action. By integrating screening, education, and targeted counselling for high-risk individuals, the programme contributed to improved awareness, early detection, and adoption of preventive practices. It reinforces the commitment of the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, towards reaching underserved communities and promoting sustainable oral health outcomes.



GDCH, MUMBAI: SUSTAINING THE SMILE - COMMUNITY ORAL HEALTH

MISSION

Date: 23/03/2026

Venue: Madina Masjid, Janta Nagar, 30 Road, Mandala, Mankhurd, Mumbai

Total no of Beneficiaries: 67



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.057603° Long 72.937354°
Monday, 23/03/2026 01:44 PM GMT +05:30



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
Lat 19.057591° Long 72.937363°
Monday, 23/03/2026 12:57 PM GMT +05:30



Mumbai, Maharashtra, India
Madina Masjid Janta Nagar, 30 Fit Rode, Street No 3, Mandala, Mankhurd, Mumbai, Maharashtra 400043, India
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Monday, 23/03/2026 11:16 AM GMT +05:30



ORAL HEALTH SCREENING AND AWARENESS CAMP



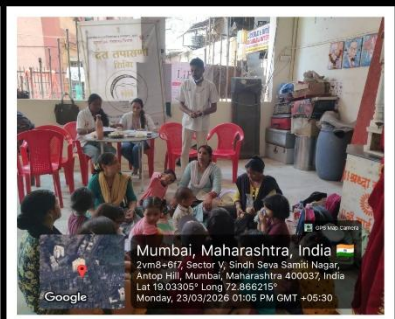
EVENT

GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Mumbai, India



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING
ORAL HEALTH FOR ALL**

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Total no of Beneficiaries: 100

Rationale:

Oral health remains a key determinant of overall well-being, yet significant disparities persist among underserved urban populations due to limited access to care and lack of awareness regarding preventive practices. As a continuation of the outreach activities and in alignment with the global initiative under the theme “**A Happy Mouth is a Happy Life**”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Screening and Education Camp** on 23 March 2026 at Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill. The initiative aimed to strengthen community-based oral healthcare delivery through **screening, education, and preventive interventions**.

Objectives

- To enhance oral health awareness among underserved populations
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use
- To promote preventive oral hygiene practices and regular dental care

Target Population

The outreach programme catered to a diverse underserved urban population, including:

- Children and adolescents
- General adult population
- Individuals with tobacco use habits

Special emphasis was placed on high-risk individuals susceptible to oral potentially malignant disorders.



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to assess:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants identified with oral health issues were provided with **appropriate counselling and referrals** to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Tobacco Risk Assessment and Counselling

- Focused screening of individuals with tobacco use habits
- Identification of early mucosal changes and suspicious lesions
- One-on-one counselling regarding the harmful effects of tobacco
- Guidance on tobacco cessation and behaviour modification

This component emphasized **early detection and prevention of serious oral diseases**.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in oral health
- Prevention of common dental diseases

Participants were encouraged to adopt **simple, sustainable oral hygiene practices**.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The “Healthy Mouths, Healthier Lives” initiative successfully extended the impact of prior outreach efforts, reinforcing the importance of sustained community engagement in oral health promotion. By integrating screening, education, and targeted counselling, the programme contributed to improved awareness, early detection, and adoption of preventive practices among underserved populations.



GDCH, MUMBAI: HEALTHY MOUTHS, HEALTHIER LIVES – PROMOTING ORAL HEALTH FOR ALL

Date: 23 March 2026

Venue: Anganwadi Kendra, Sindh Sewa Samiti Nagar, Antop Hill, Mumbai, India

Total no of Beneficiaries: 100



Mumbai, Maharashtra, India
2vm8+6f7, Sector V, Sindh Seva Samiti Nagar, Antop Hill, Mumbai, Maharashtra 400037, India
Lat 19.032976° Long 72.866177°
Monday, 23/03/2026 12:25 PM GMT +05:30



Mumbai, Maharashtra, India
2vm8+6f7, Sector V, Sindh Seva Samiti Nagar, Antop Hill, Mumbai, Maharashtra 400037, India
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Monday, 23/03/2026 12:37 PM GMT +05:30



Mumbai, Maharashtra, India
2vm8+6f7, Sector V, Sindh Seva Samiti Nagar, Antop Hill, Mumbai, Maharashtra 400037, India
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Monday, 23/03/2026 12:16 PM GMT +05:30



Mumbai, Maharashtra, India
2vm8+6f7, Sector V, Sindh Seva Samiti Nagar, Antop Hill, Mumbai, Maharashtra 400037, India
Lat 19.033039° Long 72.866181°
Monday, 23/03/2026 01:05 PM GMT +05:30

ORAL HEALTH SCREENING AND AWARENESS CAMP



EVENT

**GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India

Total no of Beneficiaries: 180

Rationale:

Oral health is a vital component of overall health, yet underserved urban populations often face barriers in accessing preventive and curative dental care. Sustained community outreach programmes are essential to bridge this gap and promote equitable healthcare delivery. As part of the continuing outreach initiatives in connection with World Oral Health Day 2026 theme, “A Happy Mouth is a Happy Life”, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an Oral Health Screening and Education Camp on 24 March 2026 at Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd. The initiative focused on strengthening oral health awareness and delivering essential screening services to underserved populations.

Objectives

- To enhance oral health awareness among underserved communities
- To promote preventive oral hygiene practices
- To provide basic oral health screening services
- To facilitate early detection of oral diseases
- To raise awareness regarding the harmful effects of tobacco use

Target Population

The outreach programme catered to a diverse underserved urban population, including:

- Children and adolescents
- General adult population
- Individuals with tobacco use habits

Special emphasis was placed on high-risk individuals vulnerable to oral potentially malignant disorders.



Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were conducted to identify:

- Dental caries
- Periodontal diseases
- Oral mucosal lesions
- Early signs of oral precancerous conditions

Participants requiring further care were provided with appropriate counselling and referrals to Government Dental College & Hospital, Mumbai.

2. Tobacco Risk Assessment and Counselling

- Focused screening of tobacco users for early mucosal changes
- Identification of potential precancerous lesions
- Individual counselling on the harmful effects of tobacco use
- Guidance on tobacco cessation and behaviour modification

This component emphasized risk reduction and early intervention.

3. Oral Health Education and Awareness

Educational sessions were conducted focusing on:

- Importance of maintaining oral hygiene
- Correct tooth brushing techniques
- Role of diet in oral health
- Prevention of common oral diseases

Participants were encouraged to adopt simple and sustainable oral hygiene practices.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



Conclusion

The Oral Health Screening and Education Camp at Maharashtra Nagar, Mankhurd, successfully reinforced the importance of preventive oral healthcare and early detection. Through sustained outreach efforts, the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, continues to extend essential oral healthcare services to underserved communities, in alignment with the vision of the FDI World Dental Federation:

“A Happy Mouth is a Happy Life—Extending Oral Health Care to Every Community.”



**GDCH, MUMBAI: EXTENDING ORAL HEALTH CARE TO EVERY COMMUNITY-
ORAL HEALTH SCREENING AND EDUCATION CAMP**

Date: 24/03/2026

Venue: Vision Rescue Community Centre, Maharashtra Nagar, Mankhurd, Mumbai, India

Total no of Beneficiaries: 180



ORAL HEALTH EDUCATION AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

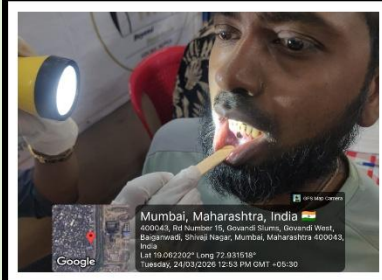
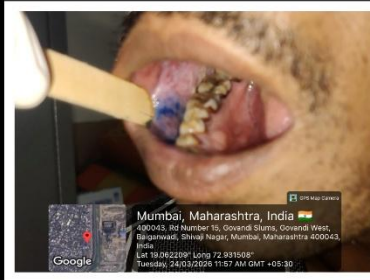


EVENT

**GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT –
 ORAL PRECANCER & CANCER AWARENESS INITIATIVE**

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai



ORAL PRECANCER & CANCER AWARENESS INITIATIVE



**GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT –
ORAL PRECANCER & CANCER AWARENESS INITIATIVE**

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 58

The Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive outreach activity at Padma Nagar Road, Govandi East on 24/03/2026. The program focused on screening, awareness, and early detection, particularly addressing the growing burden of oral precancer and cancer in the community. Through this initiative, the department reinforced its commitment to community-based preventive care, early diagnosis, and health promotion.

Rationale:

Oral cancer and precancerous conditions represent a significant public health challenge, particularly among underserved populations with high prevalence of risk factors such as tobacco use. Early detection and timely intervention are critical in reducing morbidity and mortality associated with these conditions. The program emphasized prevention, early detection, and community empowerment, aiming to address the growing burden of oral precancer and cancer through integrated community-based interventions.

Objectives

- To facilitate early detection of oral precancerous and cancerous lesions
- To raise awareness regarding risk factors, especially tobacco use
- To promote preventive oral health practices
- To encourage timely diagnosis and treatment-seeking behaviour
- To empower the community through education and self-care commitment

Target Population

The outreach activity catered to a diverse urban community, including:

- General adult population
- Individuals with tobacco use habits (high-risk group)
- Residents of underserved communities
- Adolescents and young adults



Special emphasis was placed on screening high-risk individuals for oral potentially malignant disorders.

Activities Conducted:

1. Screening of oral potentially malignant disorders and oral cancer along with other Oral Health Conditions

A structured screening programme was conducted to assess:

- Dental caries and periodontal diseases
- Oral mucosal lesions
- Early signs of oral potentially malignant disorders and oral cancer

Individuals identified with suspicious lesions were counselled and referred to Government Dental College & Hospital, Mumbai, for further evaluation and management.

2. Oral Precancer & Cancer Awareness Initiative

Focused awareness sessions were conducted highlighting:

- Identification of major risk factors, particularly tobacco use
- Recognition of early warning signs of oral cancer
- Importance of early diagnosis and timely intervention

This component emphasized life-saving awareness and risk reduction strategies.

3. Community Awareness Program

Interactive educational sessions were conducted covering:

- Daily oral hygiene practices
- Correct tooth brushing techniques
- Role of diet and nutrition in oral health
- Preventive strategies for maintaining oral hygiene

Participants were encouraged to adopt simple, preventive, and sustainable oral health practices.

4. Oral Health Pledge – Self-Care Commitment

Participants actively engaged in a Self-Oral Health Care Pledge, committing to:

- Maintain regular oral hygiene practices
- Avoid harmful habits such as tobacco use
- Seek timely dental care



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GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



This initiative promoted behavioural change and personal responsibility towards oral health.

Conclusion

The Oral Precancer & Cancer Awareness Initiative at Padma Nagar Road, Govandi East successfully demonstrated the impact of community-based prevention, early detection, and empowerment strategies. By addressing high-risk populations and promoting awareness, the programme contributed to improving early diagnosis and preventive behaviours, ultimately enhancing community health outcomes.

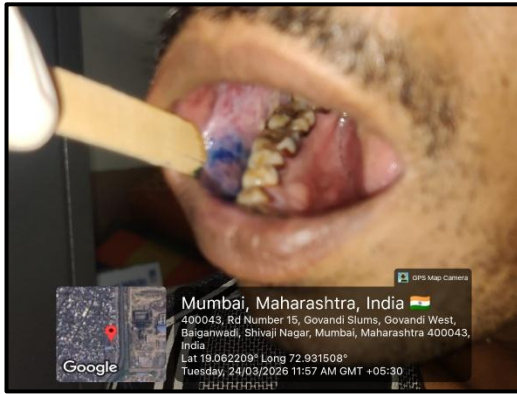


GDCH, MUMBAI: PREVENTION, EARLY DETECTION, AND EMPOWERMENT – ORAL PRECANCER & CANCER AWARENESS INITIATIVE

Date: 24 March 2026

Venue: Padma Nagar Road, Govandi East, Mumbai

Total no of Beneficiaries: 58



ORAL PRECANCER & CANCER AWARENESS INITIATIVE AND AWARENESS CAMP



EVENT

**GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-
ORAL HEALTH AWARENESS PROGRAM**

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane



ORAL HEALTH EDUCATION AND TRAINING PROGRAM



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-
ORAL HEALTH AWARENESS PROGRAM**

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane

Total no of Beneficiaries: 100

Rationale:

Promoting oral health awareness is a cornerstone of preventive healthcare, particularly in communities where access to reliable health information is limited. Education-driven initiatives have the potential to create lasting behavioural change and reduce the burden of oral diseases. In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Awareness Program** on 25 March 2026 at Vision Rescue Community Centre, Kalwa, Thane. The initiative aimed to promote **awareness, preventive oral healthcare practices, and self-responsibility** among patients and community members through education and engagement activities.

Objectives

- To create awareness regarding oral hygiene and preventive dental care
- To promote self-oral healthcare practices
- To encourage healthy lifestyle habits for better oral and overall health
- To engage the community through oral health pledge-taking

Target Population

- Patients and beneficiaries at Vision Rescue
- General community members
- Individuals from underserved populations

Activities Conducted

1. Oral Health Awareness Program

An educational session was conducted focusing on:

- Importance of maintaining oral hygiene
- Correct brushing techniques
- Role of diet in oral health



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- Prevention of common dental diseases
- Importance of regular dental check-ups

2. Oral Health Pledge for Self-Care

Participants actively took an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining good oral hygiene practices
- Adopting preventive oral health behaviors

This outreach activity highlights the role of **community-based awareness programs** in promoting preventive oral healthcare, especially among underserved populations.

By focusing on education and empowerment, the initiative contributes towards building a **health-conscious and informed community**.

Conclusion

The program successfully reinforced that **awareness is the first step towards prevention and better health outcomes**. Through continued outreach efforts, the Department remains committed to: **“Reaching Every Smile through Awareness and Action.”**

#OralHealthAwareness #CommunityOutreach #GDCHMumbai #PublicHealthDentistry
#PreventiveCare #HealthySmiles #OralHealthPledge #HappyMouthHappyLife
#HealthEducation



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING COMMUNITIES THROUGH AWARENESS-ORAL HEALTH AWARENESS PROGRAM

Date: 25/03/2026

Venue: Vision Rescue Community Centre, Kalwa, Thane

Total no of Beneficiaries: 100



ORAL HEALTH AWARENESS PROGRAM



EVENT

GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE

Date: 27 March 2026

Venue: Anganwadi's at Mankhurd- Govandi, Mumbai



ORAL HEALTH SCREENING AND AWARENESS CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



**GDCH, MUMBAI: NURTURING HEALTHY SMILES EARLY – ORAL HEALTH
EDUCATION, SCREENING AND SELF-CARE PLEDGE INITIATIVE**

Date: 27 March 2026

Venue: Anganwadi's at Mankhurd- Govandi, Mumbai

Total No Beneficiaries: 100

Rationale

Early childhood is a crucial stage for establishing lifelong oral health practices. Strengthening awareness among children, along with active involvement of teachers and caregivers, plays a vital role in preventing oral diseases and promoting healthy behaviors. As part of the **World Oral Health Month 2026** initiatives aligned with the global message, “**A Happy Mouth is a Happy Life**”, Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai organized an **Oral Health Education and Screening Camp on 27/03/2026** for various Anganwadi's at Mankhurd. The program integrated education, screening, and a self-care pledge to reinforce preventive oral health practices among Anganwadi children and their support system.

Objectives

- To promote oral health awareness among Anganwadi children
- To educate teachers and caregivers on preventive oral healthcare
- To conduct oral health screening for early detection of dental problems
- To encourage self-oral health care through pledge-based commitment

Target Population

The outreach programme focused on:

- Anganwadi children
- Teachers and Anganwadi workers
- Parents and caregivers



Activities Conducted

1. Oral Health Screening

- Comprehensive oral examinations were carried out for children
- Assessment included dental caries, oral hygiene status, and early dental issues
- Children requiring further care were guided for appropriate follow-up

2. Oral Health Education and Awareness

- Interactive sessions conducted using child-friendly methods
- Demonstrations of correct tooth brushing techniques
- Education on the importance of oral hygiene and healthy dietary habits
- Guidance provided to teachers and caregivers on supervising children's oral care

3. Self Oral Health Care Pledge

- Participants actively took a pledge to maintain good oral hygiene practices
- Children, teachers, and caregivers committed to:
 - Brushing teeth twice daily
 - Reducing sugar intake
 - Practicing healthy oral habits
 - Seeking timely dental care

Conclusion

The Oral Health Education and Screening Camp at Ghatkopar successfully emphasized the importance of **early intervention, awareness, and preventive care.**

By combining screening, education, and a self-care pledge, the initiative created a strong foundation for long-term oral health practices among children and their support systems.

The programme reinforces, **“A Happy Mouth is a Happy Life—Built on Early Habits, Guided by Caregivers, Sustained by Commitment.”**



EVENT

**GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION
INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE**

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune



**COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI
VILLAGE**



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

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**GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION
INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE**

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune

Total no of Beneficiaries: 150+

Introduction

In alignment with the global campaign theme “A Happy Mouth is... A Happy Life,” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted a comprehensive Community-Based Oral Health Promotion Initiative on 27 March 2026 at Khadki Village, Ambegaon Taluka, Pune. The program was designed to integrate oral health promotion across multiple levels of the community, including school children, grassroots governance leaders, Anganwadi beneficiaries, and frontline health workers. This multi-tiered approach ensured sustainable awareness, behavioral change, and capacity building, reinforcing the vision of reaching every individual through impactful outreach.

Objectives

- To promote oral health awareness among children and the community
- To encourage preventive oral hygiene practices from an early age
- To build community leadership engagement in oral health promotion
- To strengthen early childhood oral health interventions
- To empower Anganwadi workers as oral health educators

Target Population

- School children and teachers
- Village leadership (Sarpanch, Upsarpanch, Gram Panchayat members)
- Anganwadi children (early childhood group)
- Anganwadi workers (frontline health workforce)
- General rural community



Activities Conducted

1. Oral Health Education Session for School Children

An interactive and engaging oral health education session was conducted for approximately 150 school children.

Key Components:

- Demonstration of correct brushing technique (2×2 rule)
- Awareness on importance of oral hygiene and healthy dietary habits
- Discussion on prevention of dental caries and gum diseases
- Interactive Q&A session to enhance understanding

Oral Health Pledge:

Students and teachers collectively took an Oral Health Pledge, reinforcing daily preventive practices and commitment towards maintaining oral hygiene.

Impact:

- Improved awareness and knowledge among children
- Encouraged formation of lifelong healthy oral habits
- Active participation enhanced retention and engagement

2. Capacity Building of Village Leadership

A dedicated oral health awareness and orientation session was conducted for:

- Sarpanch
- Upsarpanch
- Gram Panchayat members

Village leaders were motivated to act as “Oral Health Promoters”, enabling community-level advocacy and sustainability of the initiative by focusing on

- Importance of oral health as a component of overall health
- Role of local governance in promoting community health initiatives
- Strategies to integrate oral health into village-level programs

3. Anganwadi Children Engagement – Learning Through Stories & Songs

Special sessions were conducted for young children in Anganwadis, using age-appropriate and creative teaching methods.



Methods Used:

- Storytelling on “healthy teeth and habits”
- Rhymes and songs promoting brushing and hygiene
- Visual and playful demonstrations

Impact:

- Simplified oral health concepts for early learners
- Created a positive and enjoyable learning environment
- Encouraged early adoption of hygiene practices

4. Training of Trainers (ToT) – Anganwadi Workers

A structured Training of Trainers (ToT) session was conducted for Anganwadi workers to build long-term community capacity.

Training Modules Covered:

- Early Childhood Caries (ECC): Identification, prevention, and management
- Oral Health in Pregnancy: Antenatal oral care and its importance
- Basic Oral Hygiene Practices: Brushing, diet, and preventive care
- Referral Pathways: Identifying cases requiring dental consultation
- Role of Anganwadi Workers as first-line oral health educators

Outcome:

- Enhanced knowledge and skills of frontline workers
- Strengthened community-based oral health delivery system
- Created a sustainable model for continuous oral health education

Overall Impact

This outreach initiative successfully demonstrated a holistic, community-centered approach to oral health promotion:

- Educated 150+ school children
- Engaged community leadership for long-term impact
- Reached early childhood groups through innovative methods
- Empowered Anganwadi workers as oral health ambassadors

The program exemplifies how multi-level engagement—from children to policymakers to frontline workers—can create a ripple effect in improving community oral health. By



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aligning with the World Oral Health Day theme, the initiative reinforced that: “A Happy Mouth is... A Happy Life” is not just a message, but a community-driven movement towards better health and well-being.

Conclusion

The outreach activities at Khadki Village stand as a model for integrated rural oral health promotion, combining education, empowerment, and engagement. Such initiatives play a vital role in bridging healthcare gaps, promoting prevention, and building healthier communities from the grassroots level, truly reflecting the spirit of: “Reaching Every Smile.”



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GDCH, MUMBAI: COMMUNITY-BASED ORAL HEALTH PROMOTION INITIATIVE AT KHADKI VILLAGE- REACHING EVERY SMILE

Date: 27/03/2026

Location: Khadki Village, Ambegaon Taluka, Pune

Total no of Beneficiaries: 150+



ORAL HEALTH AWARENESS PROGRAM AT SCHOOL



ORAL HEALTH AWARENESS PROGRAM FOR ANGANWADI CHILDREN AND TEACHERS



ORAL HEALTH AWARENESS PROGRAM AT GRAM PANCHAYAT OFFICE



EVENT

GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai



ORAL HEALTH SCREENING AND EDUCATION CAMP



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai

Total no of Beneficiaries: 97

Rationale:

In continuation of the World Oral Health Month initiatives and in alignment with the global theme “A Happy Mouth is... A Happy Life,” the **Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai**, conducted an Oral Health Education and Awareness Camp on 30 March 2026. The activity was aimed at promoting **self-oral healthcare practices among patients and the general community**, with a focus on prevention, awareness, and individual responsibility towards maintaining optimal oral health. Through this initiative, the department reinforced its commitment to **community-based oral health promotion and preventive healthcare delivery**.

Objectives

- To create awareness regarding basic oral hygiene practices
- To promote self-care and preventive oral health behaviours
- To educate individuals about the importance of maintaining oral health for overall well-being
- To encourage community participation through oral health pledge-taking

Target Population

- School children
- General community members
- Individuals from varied socio-economic backgrounds

No of Beneficiaries: 97 community members

Activities Conducted

1. Oral Health Education & Awareness Session

A structured educational session was conducted focusing on:



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY



- Importance of daily oral hygiene practices
- Correct brushing techniques
- Role of diet in oral health
- Prevention of common dental problems
- Importance of regular dental check-ups

2. Comprehensive Oral health Screening

Comprehensive oral examinations were conducted at the camp site by trained dental professionals

- Screening included assessment for dental caries, periodontal diseases, and oral mucosal lesions
- Special focus was given to identifying early signs of oral potentially malignant disorders in high-risk individuals
- Oral hygiene status and overall treatment needs were systematically evaluated
- Participants received individualized feedback and counselling based on findings

Suspected and complex cases were identified and referred to Government Dental College and Hospital, Mumbai for further evaluation and management

3. Oral Health Pledge for Self-Care

Participants actively took part in an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining proper oral hygiene
- Reducing harmful habits
- Adopting a preventive approach to oral health

This outreach initiative highlights the importance of community-based oral health promotion in accessible public spaces, ensuring that health education reaches individuals in their everyday environments. By focusing on self-care and empowerment, the program contributes to building a more health-conscious and proactive community.

Conclusion

The camp successfully reinforced that small daily habits can lead to significant improvements in oral and overall health. Through awareness, education, and commitment, the initiative truly reflected the spirit of: “Reaching Every Smile, One Step at a Time.”



GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sai Baba Mandir, Kokri Agar, Sion, Mumbai

Total no of Beneficiaries: 150



ORAL HEALTH AWARENESS AND SCREENING CAMP



EVENT

GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west



Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043



Mumbai, Maharashtra, India
95, New Mhada Colony Dr Babasaheb Ambedkar Nagar, Govandi East, Mumbai, Maharashtra, India, 400043
Lat 19.0541129 Long 72.9332269
Place Code: 7.8F2JW84+J7
Monday, 30/03/2026 11:23 AM
+0530



Mumbai, Maharashtra, India
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ORAL HEALTH SCREENING AND EDUCATION CAMP



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GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west

Total no of Beneficiaries: 61

Rationale:

In alignment with the global theme “**A Happy Mouth is... A Happy Life,**” the Department of Public Health Dentistry, Government Dental College & Hospital, Mumbai, conducted an **Oral Health Screening and Awareness Camp** on 30 March 2026 at Sathe Nagar, Mankhurd West. The initiative aimed to promote **preventive oral healthcare, early diagnosis, and self-care practices** among patients and the general community, reinforcing the importance of oral health as an integral part of overall well-being.

Objectives

- To conduct oral health screening for early detection of dental diseases
- To create awareness regarding oral hygiene and preventive practices
- To promote self-oral healthcare and healthy habits
- To encourage community participation through oral health pledge

Target Population

- Patients attending the camp
- General community members
- Individuals from underserved and urban populations

Activities Conducted

1. Oral Health Screening

Comprehensive oral examinations were carried out for patients to identify:

- Dental caries
- Periodontal conditions
- Oral lesions and other abnormalities

Patients requiring further treatment were advised and referred appropriately.



2. Oral Health Education & Awareness

Educational sessions were conducted focusing on:

- Proper brushing techniques
- Importance of maintaining oral hygiene
- Role of diet in oral health
- Prevention of common dental diseases

3. Oral Health Pledge for Self-Care

Participants actively took an **Oral Health Pledge**, committing to:

- Brushing twice daily
- Maintaining good oral hygiene practices
- Adopting preventive approaches to oral health

This outreach activity highlights the importance of community-based screening and education programs, especially in urban and underserved areas. By combining screening, awareness, and pledge-taking, the initiative ensured both immediate and long-term impact.

Conclusion

The camp successfully demonstrated that awareness combined with early detection can significantly improve oral health outcomes. Through such initiatives, the Department continues to advance its mission of: “Reaching Every Smile through Prevention, Awareness, and Care.”



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GDCH, MUMBAI: EMPOWERING EVERY INDIVIDUAL TOWARDS SELF ORAL HEALTH CARE - AN ORAL HEALTH SCREENING AND AWARENESS CAMP

Date: 30/03/2026

Venue: Sathe Nagar, near Baban Tea, Mankhurd west

Total no of Beneficiaries: 61



ORAL HEALTH AWARENESS AND SCREENING CAMP

EVENT

GDCH, MUMBAI: "EXPRESS, EDUCATE, EMPOWER – THROUGH EVERY SMILE"- CREATIVE SMILE FEST

Date: 30/03/2026

Venue: Government Dental College and Hospital, Mumbai

1. REEL MAKING COMPETITION

Team 1	Team 2	Team 3	Team 4	Team 5
				
 SHORT REELS BIG IMPACT	 CREATIVE MINDS HEALTHY MESSAGES	 ENGAGE. EDUCATE. INSPIRE.		

2. PUPPET MAKING ACTIVITY (DENTAL PUPPETS)

				
 HANDS THAT CREATE SMILES THAT EDUCATE	 DENTAL PUPPETS SPREADING AWARENESS	 TEAMWORK. CREATIVITY. COMMUNITY IMPACT.		

3. RANGOLI COMPETITION

			
 ART THAT INSPIRES HEALTHY SMILES	 CREATIVITY FOR COMMUNITY WELL-BEING	 COLORFUL MESSAGES LASTING IMPACT	

4. FACE PAINTING ACTIVITY

						
 CREATIVE FACES HEALTHY SPACES	 PAINTING SMILES. PROMOTING HEALTH.	 AWARENESS THAT SHOWS ON EVERY FACE				



GOVERNMENT DENTAL COLLEGE AND HOSPITAL, MUMBAI

DEPARTMENT OF PUBLIC HEALTH DENTISTRY



EVENT

GDCH, MUMBAI: “EXPRESS, EDUCATE, EMPOWER – THROUGH EVERY SMILE”- CREATIVE SMILE FEST

Date: 30/03/2026

Venue: Government Dental College and Hospital, Mumbai

Rationale

Creative engagement plays a pivotal role in strengthening health promotion by transforming knowledge into meaningful expression. In academic settings, such initiatives encourage students to internalize public health messages while enhancing their communication and advocacy skills. In alignment with the global vision of the FDI World Dental Federation and the theme “**A Happy Mouth is a Happy Life**”, the Creative Smile Fest was organized as an innovative platform to integrate **oral health promotion with creativity, expression, and student participation**. The event aimed to inspire future dental professionals to become **effective oral health ambassadors**, using creative mediums to spread awareness and influence community behaviour.

Target Group

- Undergraduate and internship-level dental students

Activities Conducted

A series of creative competitions were organized to engage students in diverse forms of expression:

1. Reel Making Competition

- Students created short digital videos focusing on oral health awareness
- Emphasis on innovative messaging, creativity, and social media impact

2. Puppet Making Activity

- Participants designed puppets to communicate oral health messages
- Focus on interactive and child-friendly health education approaches

3. Rangoli Competition

- Thematic rangoli designs depicting oral health concepts
- Integration of traditional art with preventive health messaging



4. Face Painting Activity

- Artistic representation of oral health themes through face painting
- Promoted visual storytelling and awareness in an engaging format

The Creative Smile Fest demonstrates the importance of **integrating creativity with health promotion**. By involving future dental professionals in innovative activities, the initiative contributes to:

- Development of **effective oral health communicators**
- Promotion of **community-oriented dental practice**
- Expansion of outreach through **digital and visual media platforms**

Such initiatives play a key role in building a workforce capable of delivering **impactful, culturally relevant, and engaging health messages**.

Conclusion

The **Creative Smile Fest** – “Express, Educate, Empower – Through Every Smile” successfully created a dynamic platform for dental students to translate knowledge into action through creativity. By combining art, media, and public health, the initiative reinforced the importance of **innovative approaches in oral health promotion**, aligned with the vision of the FDI World Dental Federation: “A **Happy Mouth is a Happy Life—Powered by Creativity, Driven by Awareness.**”