



ORAL HEALTH & Self esteem



SOCIAL MEDIA IMPACT



DENTAL DYSMORPHIA & FINANCIAL STRAIN :
SOME INDIVIDUALS OBSESSING OVER MINOR
FLAWS (BDD) MAY LEAD TO UNNECESSARY
PROCEDURES, FINANCIAL STRAIN, AND HARM TO
NATURAL TEETH.

COSMETIC DENTISTRY (VENEERS, WHITENING..)
BOOSTS CONFIDENCE BY ENHANCING SMILE AESTHETICS,
IMPROVING SOCIAL AND PROFESSIONAL INTERACTIONS.
IT PROMOTES ORAL HYGIENE BUT MAY LEAD TO
UNREALISTIC EXPECTATIONS

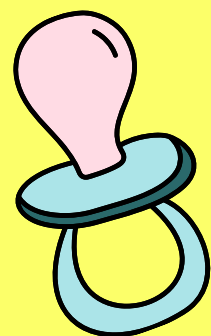


WHAT IS THE IMPACT OF ORAL HEALTH ON SELF-ESTEEM ?

**A HEALTHY SMILE BOOSTS
CONFIDENCE, EASES SOCIAL
ANXIETY, AND IMPROVES
INTERACTIONS, ENHANCING
MENTAL WELL-BEING AND QUALITY
OF LIFE.**



**PROLONGED THUMB-SUCKING
AND PACIFIER: CAN CAUSE
DENTAL AND SPEECH ISSUES,
LEADING TO LOW SELF-
ESTEEM AND ANXIETY. EARLY
INTERVENTION PREVENTS
LONG-TERM EFFECTS.**



**AFFECTS CONFIDENCE, CAUSES
EMBARRASSMENT, HARMS SELF-
IMAGE, LEADS TO DISTRESS,
AVOIDANCE, AND REDUCED
QUALITY OF LIFE.**