



**World Oral
Health Day**
20 March



A HAPPY MOUTH IS A HAPPY MIND

**Unraveling the link between oral and
mental health**

AGENDA

Venue: Faculty Of Dentistry Ain Shams University

Date: Feb 20th, 2025

10-10:15

Opening Remarks

Prof. Dr. Kareem El Batoty

Dean of Faculty of Dentistry, Ain Shams University

Prof. Dr. Walaa Hamed

Vice Dean of community & environmental affairs
Faculty of Dentistry, Ain Shams University

Prof. Dr. Nahawand Thabet

FDI council member

10:15-11:45AM

Panel Discussion

Moderator: Heba Khaled

Mental Health Advocate

Speakers

Dr. Amr El Deeb

Lecturer of Operative Dentistry
Faculty of Dentistry Ain Shams University

Dr. Hoda Abd El Aziz

Lecturer of Operative Dentistry
Faculty of Dentistry Ain Shams University

Dr. Ahmed Osama Morsi

Dental Public Health MSc Candidate
Faculty of Dentistry Ain Shams University

Dr. Esraa Hamed

Lecturer of Pediatric Dentistry & Dental Public
Health MTI University BDS, MDS, PHD

Dr. Nariman Mustafa

President
Foundation for Self-Discovery & Development



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HEALTH DAY
is coming**





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Date: Feb 20th, 2025

11:45-12 PM

Open Discussion

12-1:30 PM

**Theatre performance by
undergraduate dental students
for raising awareness on the
link between oral health &
mental health**

Under the supervision of
Dr. Nariman Mustafa
President
Foundation of Self-Discovery & Development

1:30-3:30 PM

**Mind matters: Managing
stress, depression, and
anxiety
A psychosocial support
workshop**

By **Dr. Reem Deif**
Psychotherapist & Precision Health Researcher
PhD in Public Health, AUC

**STARTING 9 AM, ENDING 4 PM AT
Conference Hall**



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