



جامعة بيروت العربية  
BEIRUT ARAB UNIVERSITY

# A HAPPY MOUTH IS A HAPPY BODY

Division of Pediatric Dentistry  
Division of Dental Public Health  
Department of Developmental Sciences



DENTAL EDUCATION

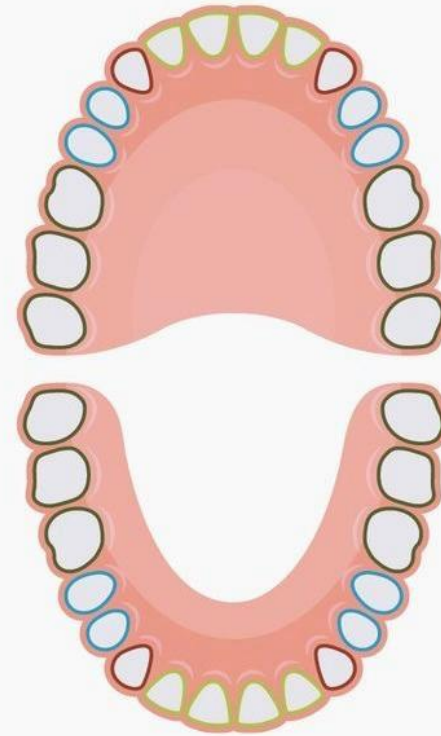
Primary Teeth

Secondary Teeth



Upper

Lower



incisors



canines

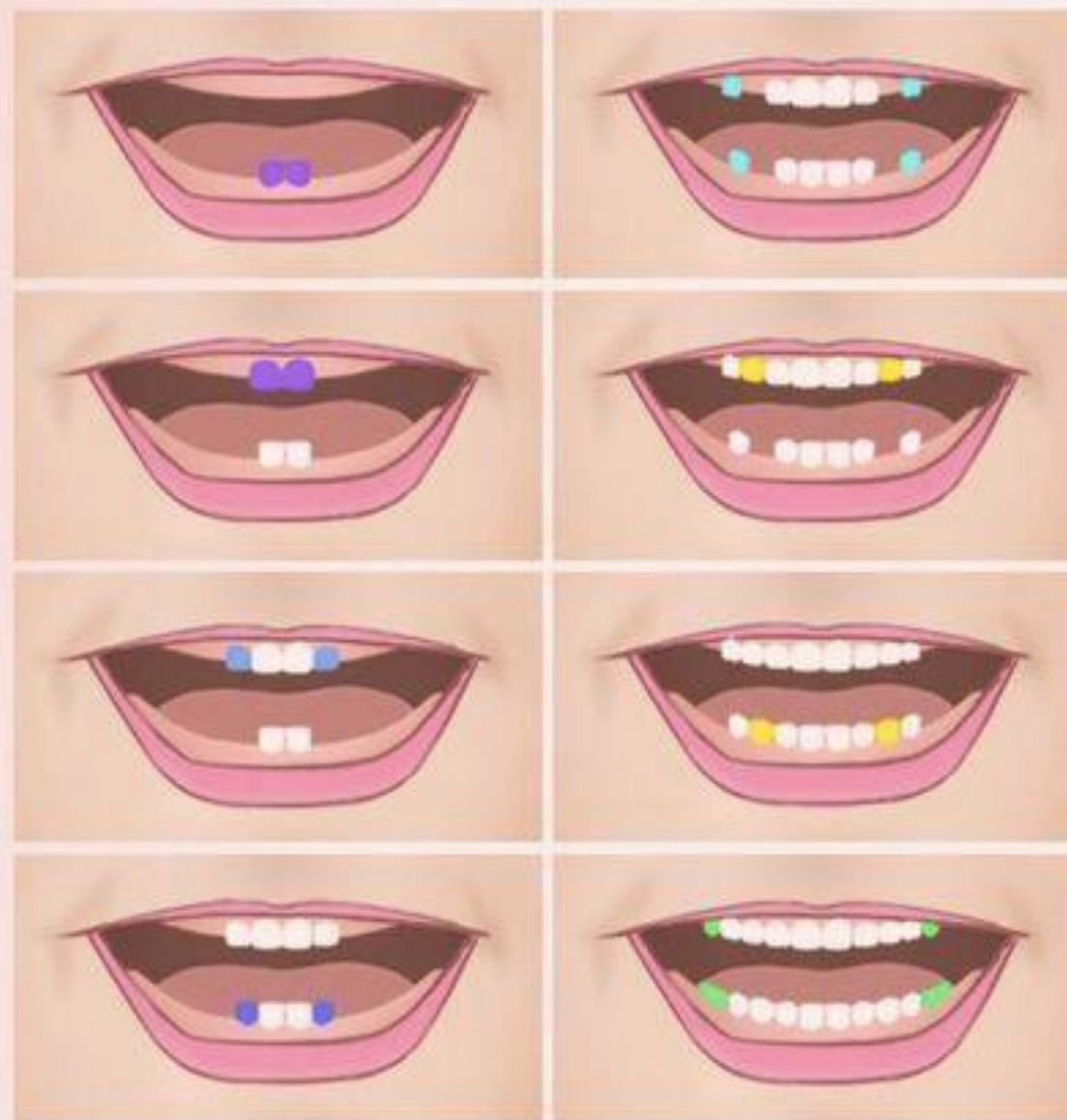
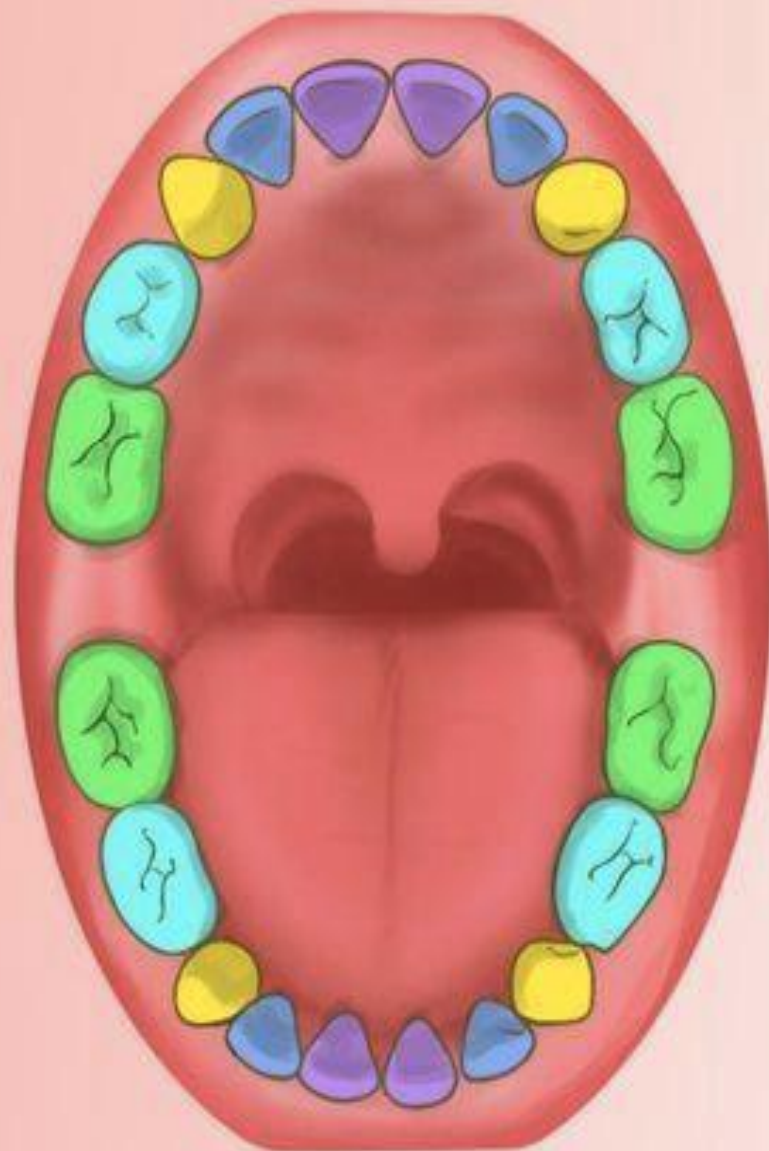


premolars



molars

# ORAL CAVITY



# BABY TEETH GROWTH CHART







PAY ATTENTION



MASTICATION



SPEECH

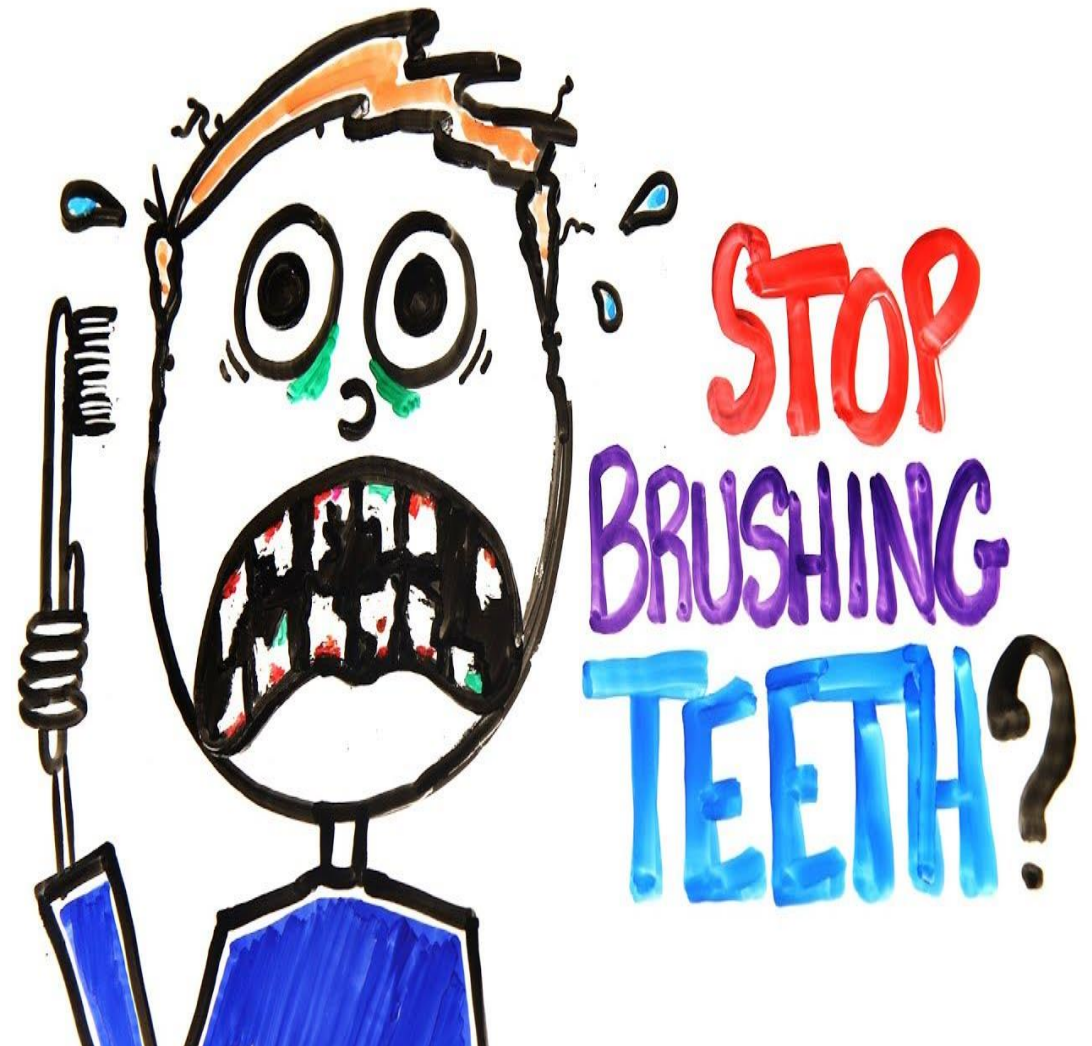


SMILE

WHAT DO TEETH DO ?



# What happens if??

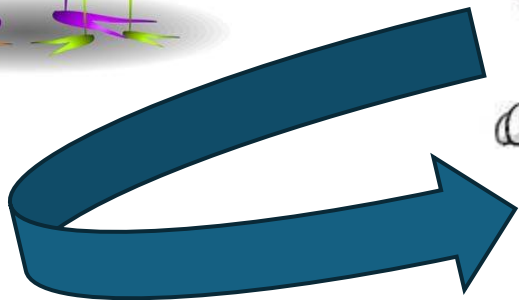




# 1- Sugar Bugs



The “Sugar bugs” will attack your teeth and make a big hole inside of it, making the teeth look ugly and painful





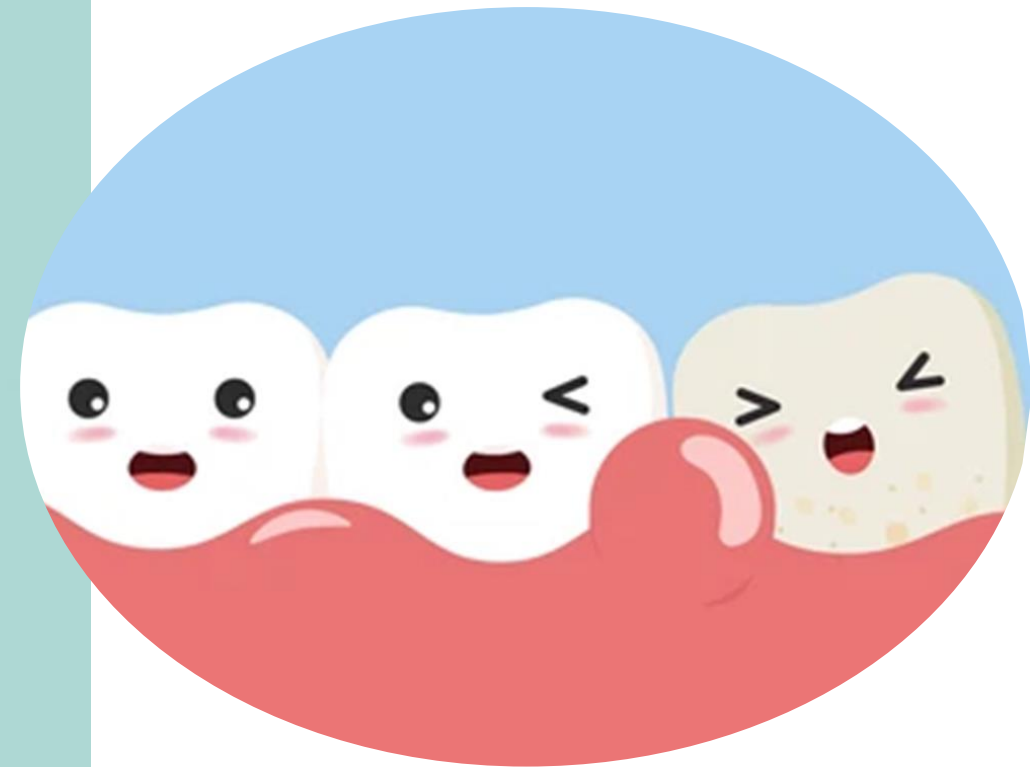
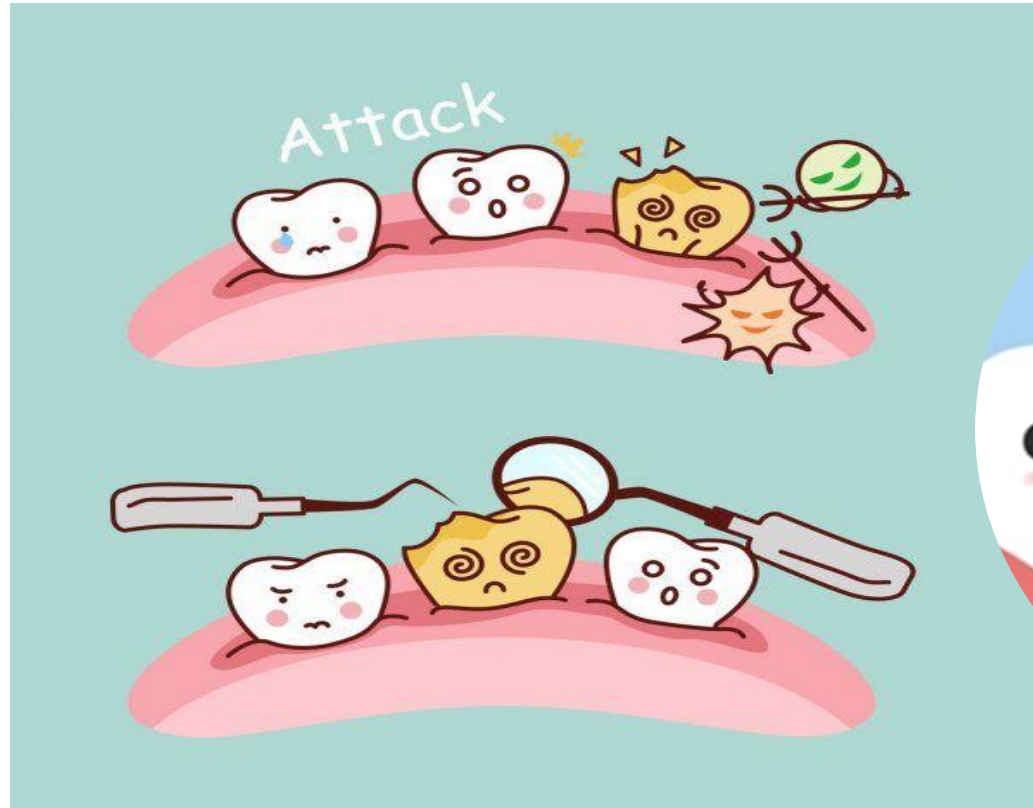
IT'S  
CAVITIES

PICK  
UP



These “sugar bugs” will not only attach the teeth , but also the gums !

**2- Gum Bumps**



**Gum bumps will show on the teeth and cause bleeding and ugly look**



# 3-Teeth with scratches

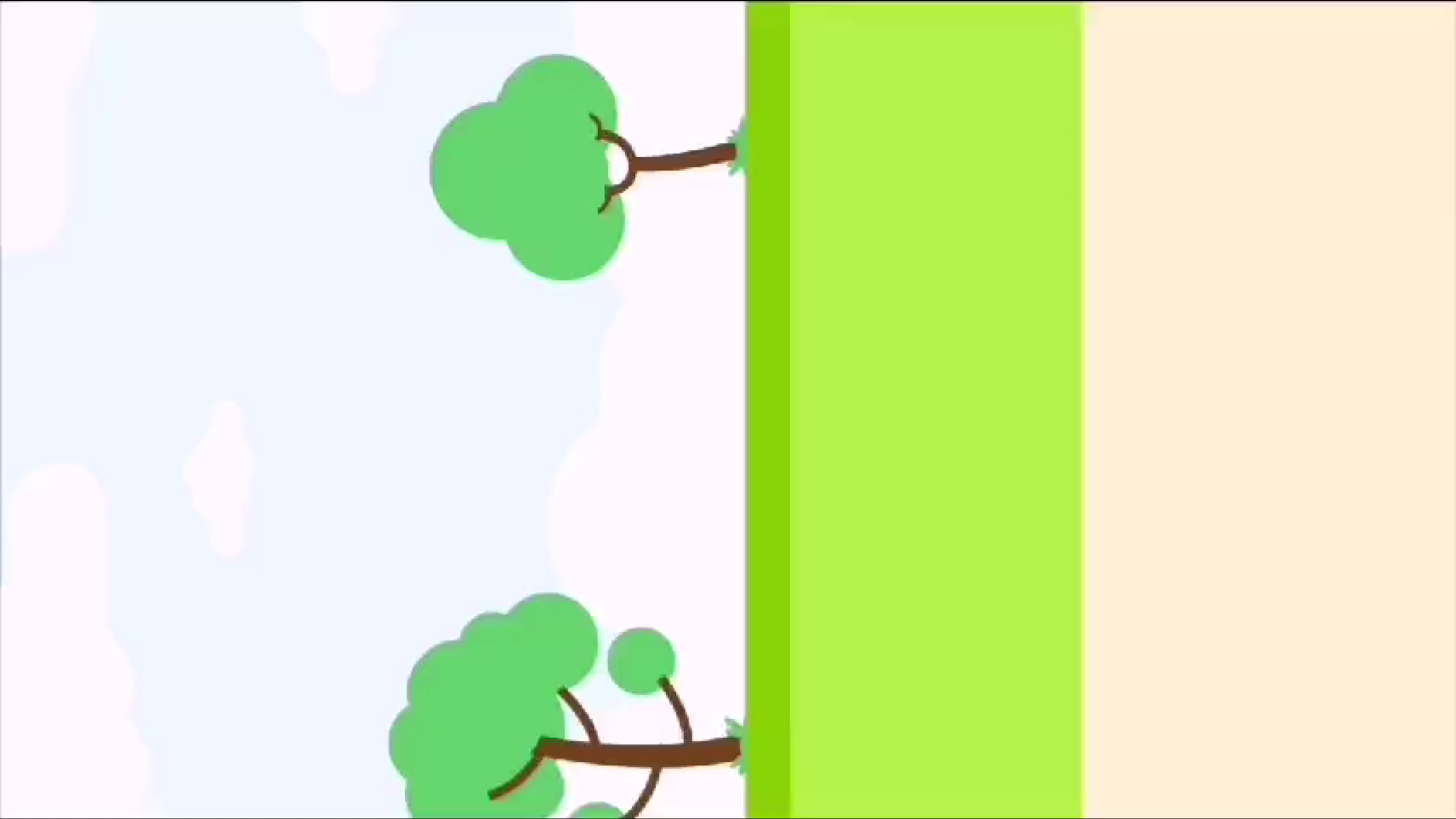






# Dental Trauma

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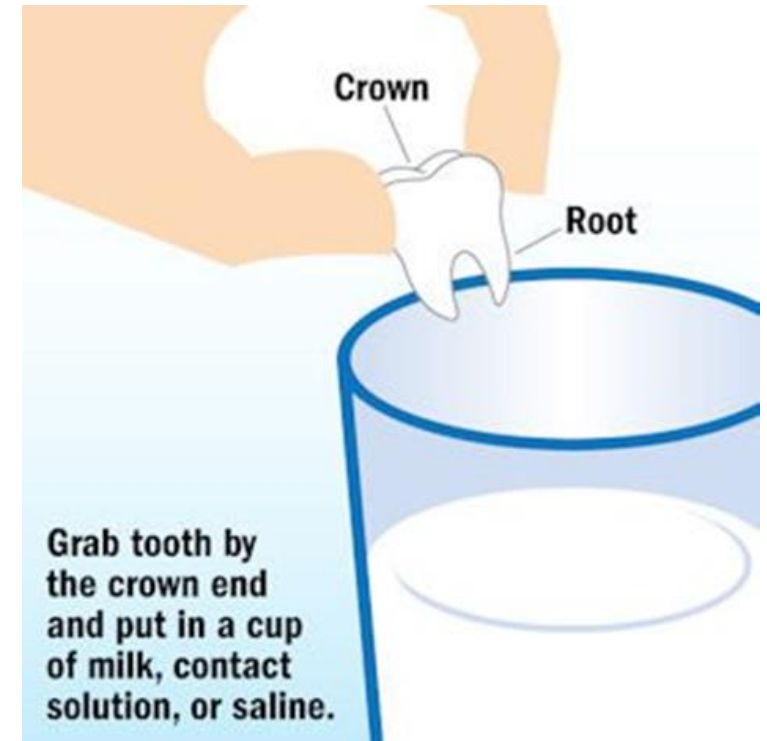
## Oops! What Happens When a Tooth Gets Hurt?



⚠ What should you do if you hurt your tooth?



**30 MIN**



# How can we protect our teeth?

Hemlet



Mouth  
Guard



Walk! Don't  
Run!

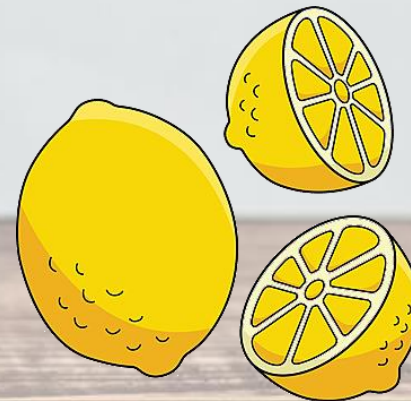
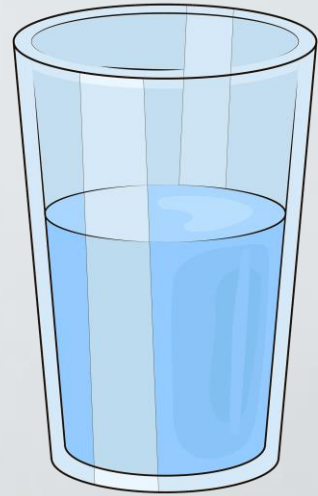




What are Mouth Sores?



# How to Feel Better?



# Quiz Time! 🎉

What should you do if your tooth falls out? 🦷

A) Throw it away 🗑️

B) Put it in milk and go to the dentist 🥛

# Quiz Time!

What  
should  
you  
avoid if  
you have  
a mouth  
sore?

A) Sour food 

B) Yogurt 



# *What are the bad oral habits?*



**Lip Biting**



**Nail Biting**





**Thumb Sucking**



**Mouth Breathing**



Using utensils as tools

# HOW TO KEEP TEETH HAPPY AND STRONG





EAT HEALTHY FOOD

# BEST FOOD FOR YOUR TEETH



# HOW TO PREVENT CAVITIES ?





BRUSHING



# HOW TO BRUSH?





## FLOSSING

## WHAT DOES FLUORIDE DO ?



hardens our  
teeth's enamel



protects our teeth  
from dental caries

**FLOURIDE**



# WHERE WE CAN FIND FLUORIDE ?



AT THE DENTIST

IN  
FLUORIDATED  
TOOTH PASTE



FLOURIDE

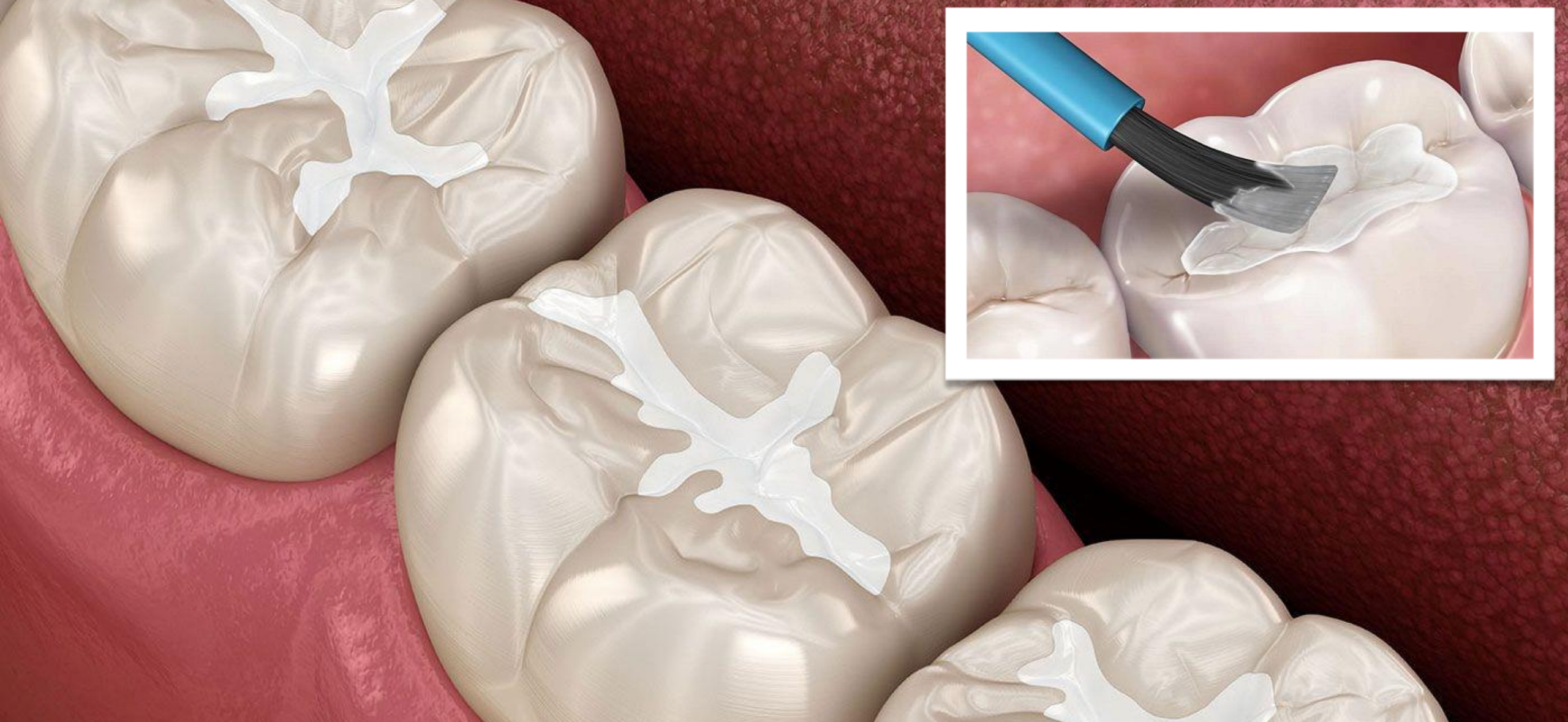


**CHLORHEXIDINE  
TWICE A DAY**

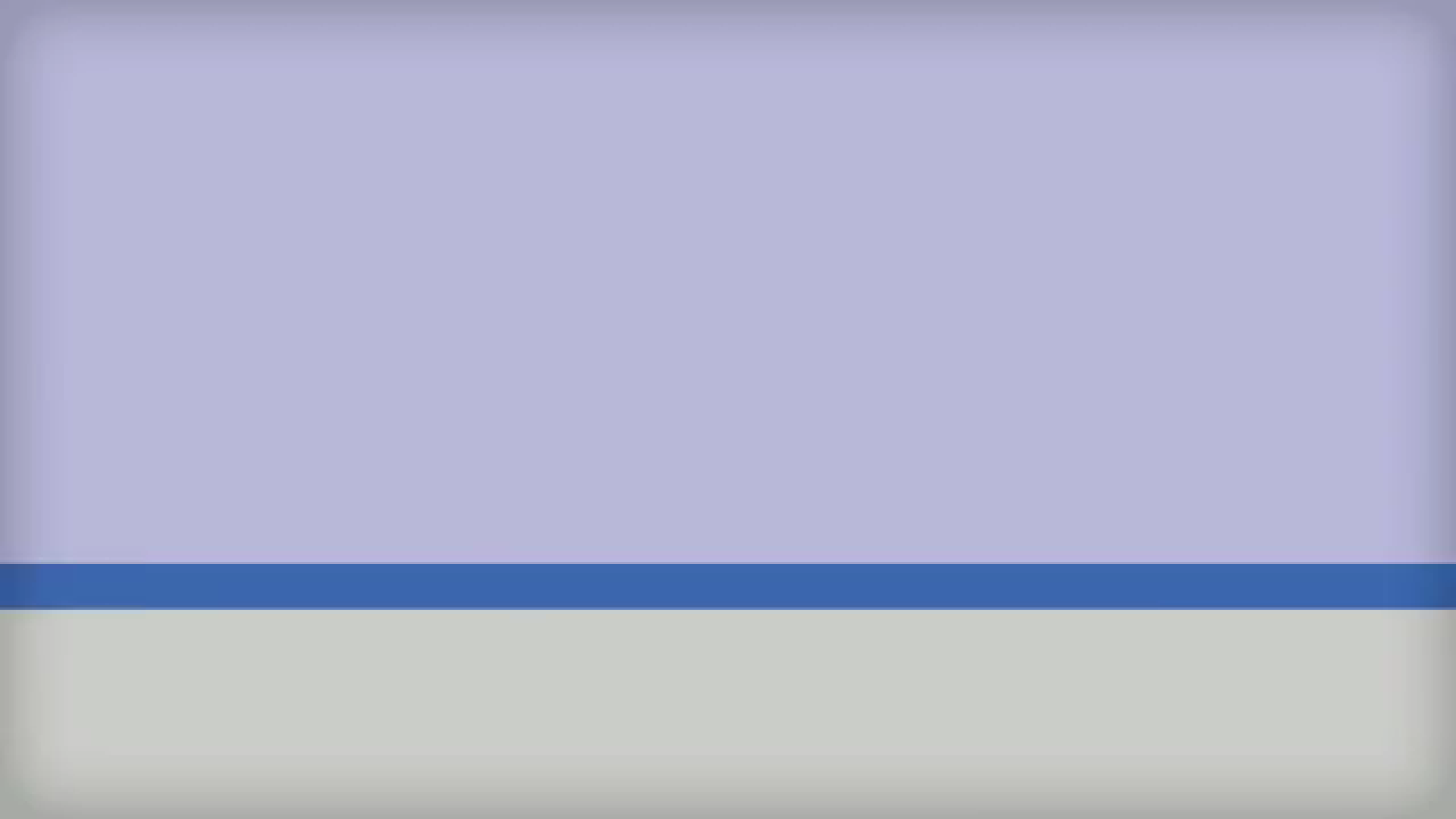
**ANTIMICROBIAL**

**MOUTH RINSE**





WHAT ARE SEALANTS?

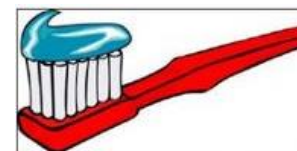
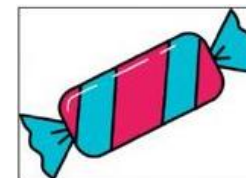






VISIT THE DENTIST REGULARLY

# FUN GAME



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